

IDAHO BEHAVIORAL

RESULTS FROM
THE 2000
BEHAVIORAL
RISK FACTOR
SURVEILLANCE
SYSTEM



BUREAU OF VITAL
RECORDS AND
HEALTH STATISTICS
IDAHO
DEPARTMENT OF
HEALTH AND WELFARE

RISK FACTORS

AUGUST 2001

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Acknowledgments

This project was funded in part by a grant from the Centers for Disease Control and Prevention and administered via a cooperative agreement with the Idaho Bureau of Vital Records and Health Statistics.

Special thanks go to Jeff Harder of Meridian, Idaho, for his excellent artwork and his design of the cover.

For more details on this project or any of the survey results, please contact the Bureau of Vital Records and Health Statistics at (208) 334-5685.

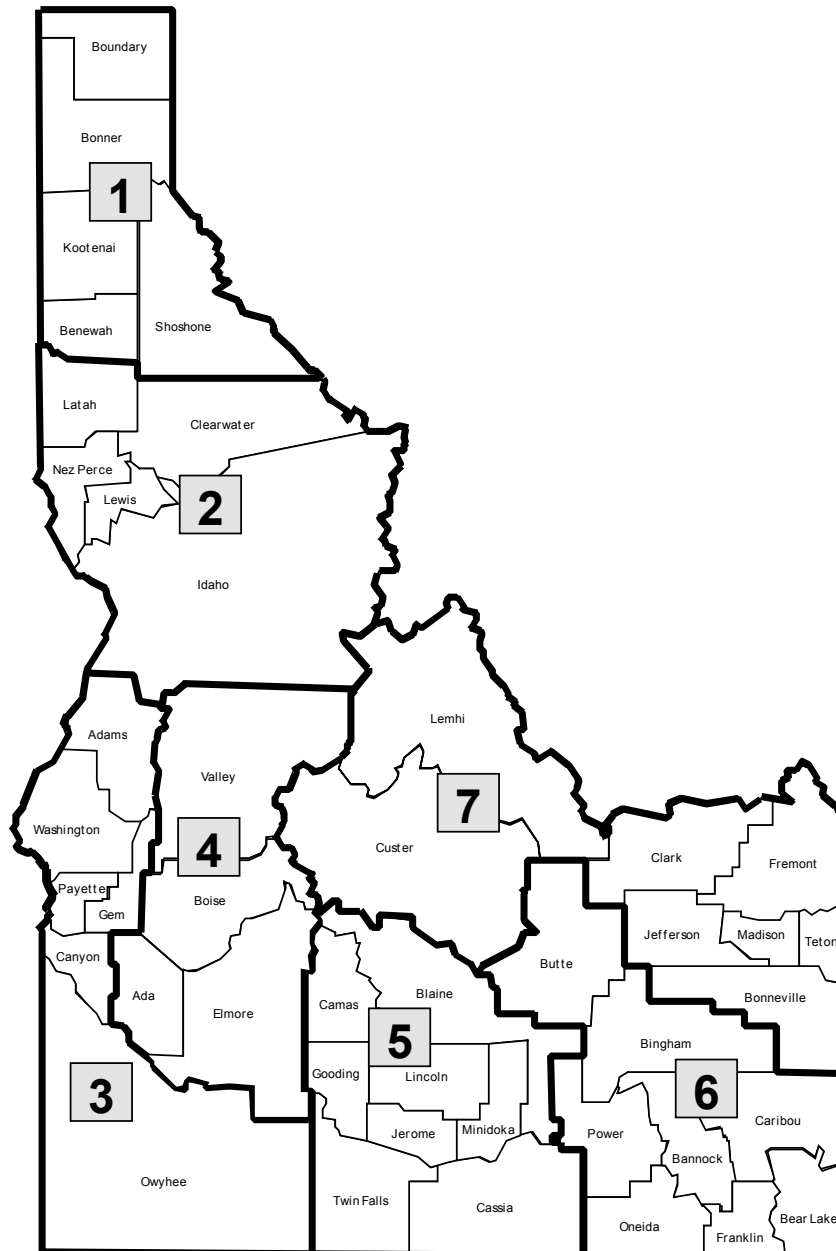
Suggested Citation

Bureau of Vital Records and Health Statistics. *Idaho Behavioral Risk Factors: Results From the 2000 Behavioral Risk Factor Surveillance System*. Boise: Idaho Department of Health and Welfare, Division of Health, Bureau of Vital Records and Health Statistics, 2001.

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Idaho Public Health Districts



District 1	District 2	District 3	District 4	District 5	District 6	District 7
Benewah Bonner Boundary Kootenai Shoshone	Clearwater Idaho Latah Lewis Nez Perce	Adams Canyon Gem Owyhee Payette Washington	Ada Boise Elmore Valley	Blaine Camas Cassia Gooding Jerome Lincoln Minidoka Twin Falls	Bannock Bear Lake Bingham Butte Caribou Franklin Oneida Power	Bonneville Clark Custer Fremont Jefferson Lemhi Madison Teton

Idaho Behavioral Risk Factor Surveillance System

Introduction

The Behavioral Risk Factor Surveillance System (BRFSS), an ongoing surveillance program developed and partially funded by the Centers for Disease Control and Prevention (CDC), is designed to estimate the prevalence of risk factors for the major causes of death and disability in the United States. Behavioral risk factor surveys have been conducted since the early 1980s to provide state-specific estimates of the proportion of adults aged 18 and over reporting health risk behaviors. Data from the BRFSS are useful for planning, initiating, and supporting health promotion and disease prevention programs at local, state, and federal levels, and for monitoring progress toward achieving health objectives.

In 1984, 19 states including Idaho participated in the BRFSS. Since then, the program has grown to encompass 50 states and several U.S. territories. The BRFSS is conducted as a random telephone survey of the non-institutionalized adult population. In 1997, Idaho switched from the Mitofsky-Waksberg method of sampling to list-assisted disproportionate stratified sampling in order to sample more efficiently. Idaho's sample has grown in size from 600 people in 1984, a sample size which provided only statewide estimates, to approximately 4,900 beginning in 1997, to produce health district estimates. Each state performs the survey in every month of the calendar year. After data collection is complete for the year, individual responses are weighted to be representative of the state's adult population.

The Idaho BRFSS has proven to be an important tool for monitoring health behaviors of adult Idahoans. The BRFSS has been used to support risk reduction and disease prevention activities by directing program planning, assessing trends, and targeting relevant population groups. BRFSS results can also be found at <http://www.idahohealth.org>.

Methodology

Sampling: Idaho used disproportionate stratified sampling for its 2000 BRFSS. The sample was stratified by Idaho's seven public health districts. Approximately 700 Idahoans were interviewed in each health district, resulting in a total sample size of 4,978. The sample was disproportionately stratified within the health districts by telephone blocks. Telephone numbers are grouped into clusters of 100s. For example, in the number 979-99xx, xx represents the values 00 to 99. This is known as a 100 level block. These 100 level blocks have certain characteristics, one of which is the number of listed residential numbers that can be found in the block of telephone numbers. When a block has at least one

residential number, it is likely that many of the numbers in that block will be residential. A 100 level block that has at least one known residential number is called a 1+ block. In order to be representative, the Idaho BRFSS uses 1+ blocks and 0 blocks (meaning that no residential numbers are known to be in the block). Telephone blocks were sampled disproportionately: 1+ telephone blocks were sampled at a rate four times that of the 0 blocks. Interviews were conducted by telephone. The interviewers used computer-assisted telephone interviewing (CATI) software to record responses.

Weighting: The data were weighted to account for differences in the probability of selection. For example, some households have more than one telephone line and are more likely to be called. The weighting corrects for this difference in probability of selection. Post-stratification weighting, based on 1999 population estimates, was used to more closely represent population characteristics and to develop estimates of the numbers of people with various risk factors.

Analysis: Idaho used SAS software for data manipulation and to create the risk factors. All "don't know," "not sure," and "refused" responses have been excluded from the analysis. Standard errors were calculated using SUDAAN software. The 95% confidence intervals (95% CI) were calculated using the following formula: Confidence Interval = Prevalence Estimate +/- (1.96*Standard Error). Prevalence estimates based on denominators with fewer than 50 respondents have been suppressed and are indicated in the data tables with an asterisk(*). The BRFSS has adopted this standard to maintain a high degree of reliability.

Data Limitations

Errors in estimation are a result of the fact that the BRFSS is a self-reported telephone survey (Centers for Disease Control and Prevention 1998). There are a number of potential sources of error; a few of the major ones are discussed here. Any survey that relies on sampling -collecting data from only a portion of the population- will have some error. Each sample drawn will deviate somewhat from the population. Another potential source of error is the population from which the sample is drawn. Ideally, all adults aged 18 and older would be potential respondents for the survey. However, the cost of surveying even a sample of all adults would be prohibitive. In Idaho the sample is limited to adults aged 18 and older who are non-institutionalized, live in a household with a telephone, and can communicate in English over the telephone. This excludes people in prisons and dormitories, non-English speakers, those without telephones and others who cannot communicate by telephone, such as the hearing impaired. The Federal Communications Commission reports that the annual average percent of Idaho households with telephones in 1999 was 93.8%. Its data also suggest that minorities and the poor are less likely to have a telephone in the home than are non-minorities and the affluent (Federal Communications Commission 2000).

Understanding the Data Tables

The data tables provide both state and health district data for various demographic groups. An understanding of the tables is important to interpreting the data correctly.

- A. This title refers to the risk factor.
- B. This title refers to the population surveyed. For most questions, this will be the adult (aged 18 and over) Idaho population.
- C. The labels across the top of the table (i.e., state and district) refer to the geographic region of residence.
- D. The labels on the left side of the table refer to the particular group the numbers represent. For example, the row labeled "female" will contain data for women for the geographic region indicated at the top of the table.
- E. The shaded columns contain the prevalence (percent) of the risk factor.
- F. The two numbers in the column labeled "95% CI" are the lower and upper limits of the confidence interval. This interval can be interpreted to mean that there is a 95% certainty that the true prevalence of the risk factor falls within the confidence interval.
- G. "N" refers to the number of people sampled who responded to the question within the demographic group and geographic region indicated. It does NOT represent the number of people who have the risk factor. An asterisk indicates that fewer than 50 people in the group responded (see Methodology).

A Risk Factor																		
B Population																		
D	E	C	G Health District															
			State			District 1				District 2				District 3				
		%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N	
		TOTAL	16.7	15.4	18.0	4948	20.8	17.4	24.2	704	15.2	12.3	18.1	709	21.7	17.8	25.5	710
SEX			F															
Male		17.3		15.3	19.3	2093	22.4	17.1	27.7	290	13.2	9.4	17.0	327	20.8	15.1	26.5	318
Female		16.1		14.6	17.6	2855	19.3	15.0	23.5	414	17.2	12.9	21.5	382	22.5	17.9	27.1	392

Summary of Trends

Risk Factor	'88	'89	'90	'91	'92	'93	'94	'95	'96	'97	'98	'99	'00
Percent of Idaho adults who:													
Do NOT have health care coverage	N/A	N/A	N/A	14.5	18.8	14.8	12.9	14.3	15.0	16.6	15.2	16.7	17.1
Have ever been told they have asthma*	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	10.2	11.3	10.8
Have ever been told they have diabetes	4.0	4.0	3.2	3.7	6.2	4.2	4.2	3.6	3.5	4.0	4.3	4.8	4.9
Report no leisure time activity	24.7	30.5	27.8	22.1	20.2	N/A	21.9	N/A	20.6	N/A	20.4	N/A	19.8
Currently smoke	21.0	20.2	20.9	21.7	19.4	20.2	19.6	19.8	21.1	19.9	20.3	21.5	22.3
Do NOT consume five or more servings of fruits and vegetables a day	N/A	N/A	84.3	82.2	N/A	78.4	78.0	N/A	76.3	N/A	75.5	N/A	78.1
Are overweight**	41.7	40.7	41.4	45.7	46.5	49.2	49.1	51.6	51.6	52.2	53.1	55.2	55.7
Have NOT had a mammogram and a clinical breast exam within the previous two years	N/A	N/A	65.1	65.0	66.4	62.4	63.0	63.4	63.9	62.9	60.3	61.2	60.1
Have NOT had a Pap smear within the previous three years	N/A	N/A	N/A	N/A	19.4	16.9	18.7	18.7	16.6	18.5	17.5	20.7	17.0
Do NOT have a usual source of medical care	N/A	N/A	N/A	N/A	N/A	N/A	N/A	21.3	21.7	16.6	N/A	19.1	17.9

An "N/A" indicates data not available

*Question wording changed from 1998 to 1999. See page 10 for both questions.

**Results may differ from previous publications due to revisions in the risk factor calculation.

Summary of Trends

Risk Factor	'88	'89	'90	'91	'92	'93	'94	'95	'96	'97	'98	'99	'00
Percent of Idaho adults who:													
Are at risk for chronic drinking***	N/A	3.5	2.1	2.2	2.6	3.7	3.0	2.8	3.3	3.0	3.6	3.5	4.3
Are at risk for acute drinking***	14.0	11.7	9.9	9.0	9.7	13.9	14.8	13.1	14.7	14.9	14.8	14.7	14.9
Have drunk too much and driven in the previous 30 days***	3.2	2.2	1.3	1.3	1.8	2.2	4.6	2.0	2.4	1.3	2.0	1.8	1.9
Have been diagnosed with arthritis	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	22.7
Currently use smokeless tobacco***	3.8	N/A	N/A	N/A	4.5	4.6	4.5	3.9	4.5	N/A	3.6	N/A	3.3
Do NOT always use seat belts	64.7	58.2	52.7	51.7	50.6	48.8	N/A	42.6	N/A	40.4	40.5	41.0	39.1
Report marijuana use in previous 12 months	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.4	4.9	4.3	5.0

An "N/A" indicates data not available.

*** Minor changes have been made to the trend line to correct previous data entry errors.

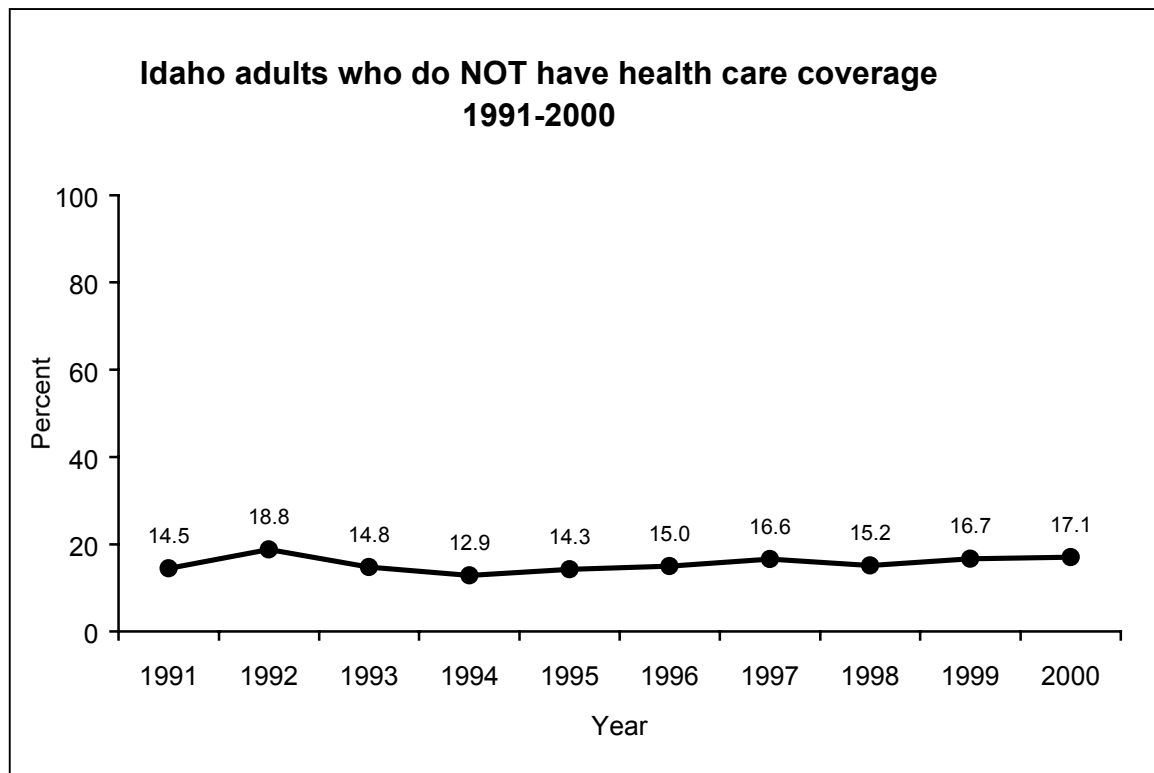
Health Care Coverage

Question: Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

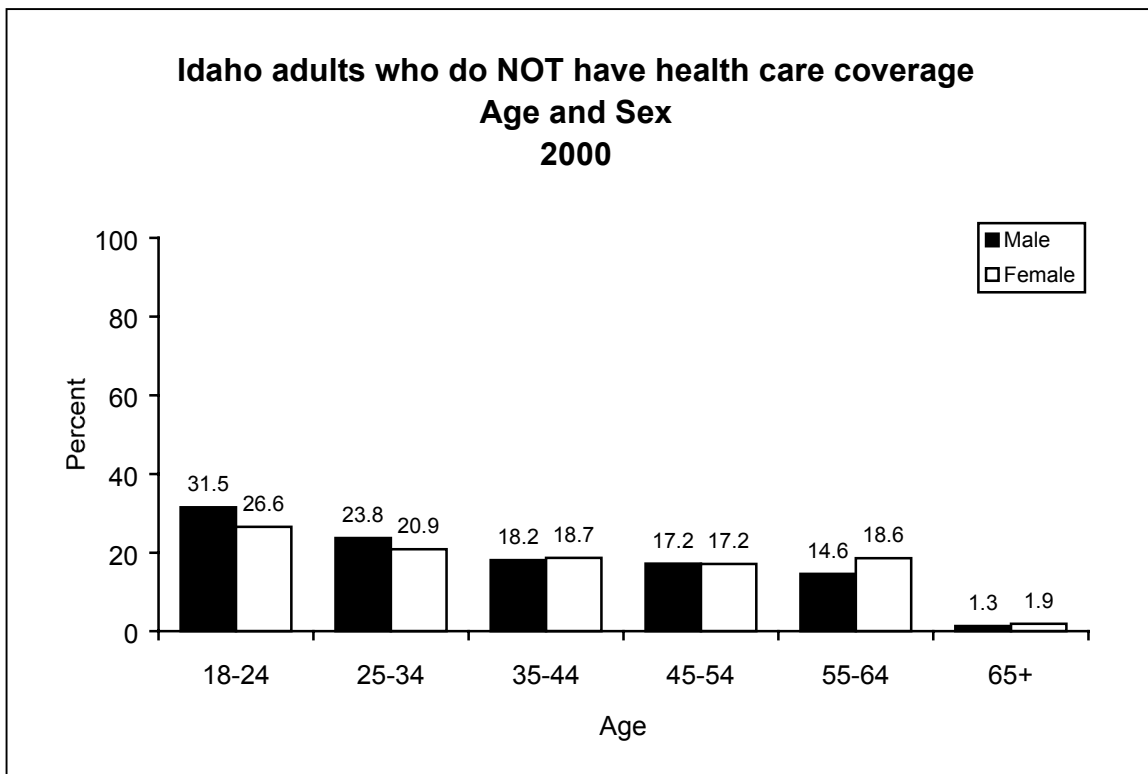
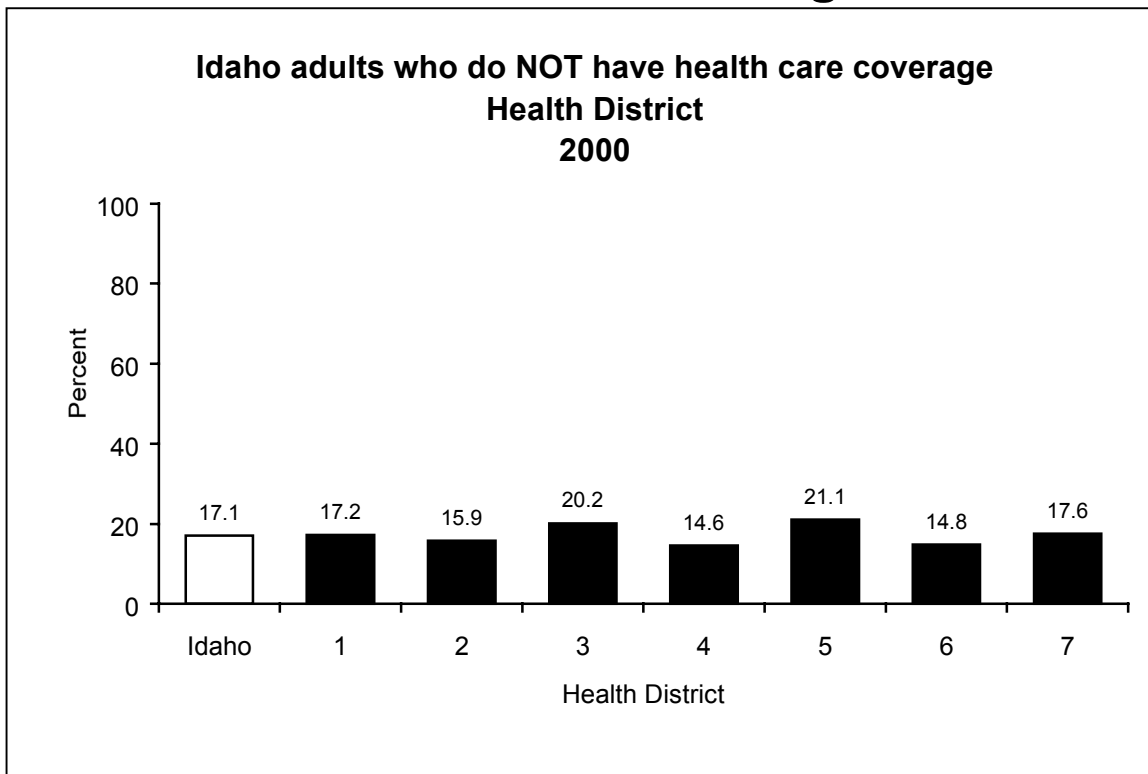
Appendix A, p. 76

Highlights

- The 18-24 age group has the highest proportion of uninsured among all age groups (29.1%).
- Those in the two lowest income groups are most likely to be uninsured.
- Twenty percent (20.4%) of those aged 18-64 are uninsured.
- Among those aged 18-64, 71.4% of the uninsured are employed.



Health Care Coverage



Health Care Coverage

Idaho adults who do NOT have health care coverage, 2000

	State			Health District								
				District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	17.1	15.8 18.3	4960	17.2	14.4 20.1	713	15.9	12.8 18.9	709	20.2	16.7 23.6	704
SEX												
Male	17.8	15.8 19.7	2108	18.1	13.6 22.6	305	18.5	13.8 23.2	320	22.1	16.3 27.9	281
Female	16.4	14.9 18.0	2852	16.4	12.8 20.1	408	13.2	9.4 17.0	389	18.3	14.2 22.4	423
AGE												
18-24	29.1	24.6 33.5	568	18.6	9.0 28.2	64	25.3	14.8 35.8	81	35.1	20.8 49.3	68
25-34	22.4	19.2 25.6	930	25.7	17.2 34.1	124	22.0	13.5 30.6	130	25.7	16.7 34.7	135
35-44	18.5	15.6 21.3	1110	23.1	16.1 30.0	163	14.5	8.1 20.9	136	20.4	13.2 27.6	143
45-54	17.2	14.3 20.1	940	17.0	10.5 23.4	139	14.1	8.3 19.9	144	21.6	14.1 29.0	132
55-64	16.6	13.5 19.8	614	21.9	13.6 30.2	102	21.9	12.8 30.9	95	23.3	14.6 32.0	105
65+	1.6	0.8 2.5	773	0.5	0.0 1.6	118	1.1	0.0 2.6	120	2.7	0.0 5.9	120
18-34	25.2	22.5 27.8	1498	22.9	16.5 29.3	188	23.6	16.9 30.4	211	29.6	22.0 37.2	203
35-54	17.9	15.8 19.9	2050	20.0	15.3 24.8	302	14.3	10.0 18.6	280	21.0	15.8 26.2	275
55+	7.8	6.4 9.2	1387	9.2	5.5 12.8	220	9.4	5.3 13.4	215	10.6	6.5 14.6	225
SEX and AGE												
Male												
18-34	26.9	22.8 31.0	633	24.2	14.5 33.9	82	29.5	19.3 39.7	94	31.9	19.2 44.7	82
35-54	17.7	14.7 20.7	916	19.3	12.1 26.5	124	16.7	10.1 23.4	132	24.1	15.8 32.4	115
55+	7.2	5.1 9.4	550	10.8	4.6 17.0	97	7.0	1.8 12.3	92	9.5	3.2 15.8	83
Female												
18-34	23.3	20.0 26.6	865	21.6	13.3 29.9	106	17.0	8.7 25.4	117	27.1	17.8 36.4	121
35-54	18.0	15.3 20.7	1134	20.7	14.5 27.0	178	11.8	6.3 17.3	148	18.0	11.8 24.3	160
55+	8.3	6.4 10.2	837	7.8	3.5 12.0	123	11.4	5.4 17.3	123	11.5	6.2 16.8	142
INCOME												
<\$15,000	30.4	25.9 34.9	616	23.9	14.4 33.3	86	26.6	17.1 36.1	118	37.6	24.3 50.8	84
\$15,000 - \$24,999	33.5	30.0 36.9	1017	30.4	22.2 38.5	142	29.3	20.9 37.8	137	37.5	28.8 46.2	148
\$25,000 - \$34,999	16.2	13.4 19.0	837	21.5	14.5 28.4	141	16.3	8.4 24.2	118	14.1	7.4 20.8	119
\$35,000 - \$49,999	12.2	9.5 14.8	973	13.3	7.6 18.9	153	7.9	2.9 12.8	119	13.4	7.9 18.9	169
\$50,000+	4.0	2.7 5.3	1131	2.5	0.0 5.3	123	3.5	0.4 6.7	165	4.3	0.7 7.9	125
EMPLOYMENT												
Employed	18.5	16.9 20.1	3256	19.4	15.5 23.3	444	15.7	12.0 19.5	433	21.7	17.1 26.2	453
Unemployed	50.2	41.1 59.4	168	*	* *	*	*	* *	*	*	* *	*
Other**	10.4	8.7 12.1	1526	10.8	6.8 14.8	236	13.2	8.5 17.9	254	11.6	7.4 15.7	225
EDUCATION												
K-11th Grade	28.3	23.5 33.1	480	21.5	11.9 31.2	74	18.6	8.2 28.9	59	33.6	22.4 44.9	102
12th Grade or GED	23.0	20.5 25.4	1583	20.2	15.2 25.1	273	24.5	17.8 31.1	198	20.1	14.9 25.4	258
Some College	15.6	13.5 17.7	1633	15.0	10.1 19.9	215	14.4	8.9 19.9	216	18.6	12.7 24.6	209
College Graduate+	7.3	5.7 8.9	1256	12.7	7.1 18.4	151	8.8	4.8 12.7	233	12.4	6.3 18.5	133

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Health Care Coverage

Idaho adults who do NOT have health care coverage, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	14.6	11.7	17.5	715	21.1	17.6	24.5	704	14.8	11.9	17.7	712	17.6	14.4	20.8	703
SEX																
Male	14.2	9.8	18.5	305	22.1	16.4	27.8	286	16.1	11.3	20.9	309	16.6	12.0	21.1	302
Female	15.0	11.2	18.8	410	20.1	15.8	24.3	418	13.6	10.1	17.2	403	18.6	14.1	23.0	401
AGE																
18-24	26.0	16.3	35.8	101	43.3	29.2	57.3	69	21.4	11.9	30.8	95	35.4	24.4	46.5	90
25-34	19.1	12.5	25.6	172	24.3	14.5	34.1	134	18.0	10.2	25.9	118	24.9	16.3	33.6	117
35-44	17.3	10.6	24.0	167	22.0	15.3	28.6	165	14.2	7.6	20.8	167	16.7	10.0	23.4	169
45-54	15.8	8.6	22.9	131	22.8	14.6	31.1	134	16.4	9.1	23.7	126	12.2	6.7	17.8	134
55-64	7.1	1.4	12.8	71	20.4	11.1	29.6	79	19.8	10.2	29.4	80	10.9	4.0	17.9	82
65+	0.0	0.0	0.0	66	4.3	0.7	7.9	120	1.1	0.0	2.5	121	2.4	0.0	5.1	108
18-34	21.8	16.3	27.4	273	31.3	23.1	39.4	203	19.4	13.4	25.4	213	29.9	22.9	36.8	207
35-54	16.6	11.7	21.5	298	22.4	17.1	27.7	299	15.2	10.3	20.1	293	14.6	10.2	19.0	303
55+	3.2	0.6	5.8	137	10.5	6.2	14.8	199	8.9	4.5	13.2	201	6.1	2.7	9.5	190
SEX and AGE																
Male																
18-34	22.0	13.7	30.3	122	33.1	19.7	46.5	72	23.0	13.3	32.6	86	30.2	20.1	40.2	95
35-54	15.1	7.8	22.4	128	23.9	16.2	31.5	139	13.8	6.4	21.2	140	12.7	7.1	18.2	138
55+	2.1	0.0	5.0	52	8.6	1.9	15.3	75	11.4	4.1	18.7	82	3.5	0.0	7.8	69
Female																
18-34	21.7	14.3	29.0	151	29.4	21.1	37.6	131	15.6	8.8	22.4	127	29.6	20.0	39.1	112
35-54	18.1	11.6	24.6	170	20.9	13.2	28.5	160	16.7	10.2	23.1	153	16.6	9.7	23.4	165
55+	4.0	0.0	8.0	85	12.1	6.6	17.7	124	6.8	1.6	11.9	119	8.3	3.1	13.5	121
INCOME																
<\$15,000	19.6	8.5	30.8	65	44.3	31.6	56.9	76	26.5	17.2	35.9	105	43.3	30.2	56.3	82
\$15,000 - \$24,999	37.1	27.1	47.2	113	34.7	26.8	42.6	189	28.2	19.7	36.6	146	32.0	23.2	40.8	142
\$25,000 - \$34,999	14.7	8.2	21.1	130	17.7	10.7	24.8	121	12.2	5.8	18.5	113	16.8	8.2	25.4	95
\$35,000 - \$49,999	13.1	6.2	19.9	133	12.6	3.6	21.6	125	12.7	6.1	19.4	130	8.3	3.8	12.9	144
\$50,000+	3.5	1.1	5.9	229	5.4	1.1	9.6	138	4.6	0.8	8.4	171	5.2	1.4	8.9	180
EMPLOYMENT																
Employed	16.8	13.1	20.5	510	21.2	17.0	25.5	481	16.7	12.8	20.5	462	18.2	14.2	22.1	473
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	7.0	3.3	10.7	185	15.9	9.5	22.4	196	7.4	3.6	11.2	225	10.5	5.9	15.2	205
EDUCATION																
K-11th Grade	*	*	*	*	33.2	22.5	43.9	92	15.7	4.8	26.6	58	34.6	20.3	48.9	51
12th Grade or GED	24.3	17.7	30.9	192	22.2	16.2	28.3	235	22.0	15.6	28.5	225	30.4	23.4	37.5	202
Some College	13.0	8.2	17.8	253	22.1	15.7	28.5	240	12.8	8.3	17.2	250	16.0	10.7	21.3	250
College Graduate+	4.3	1.3	7.3	226	7.6	3.3	11.8	136	8.4	4.0	12.8	178	3.4	1.0	5.7	199

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Asthma

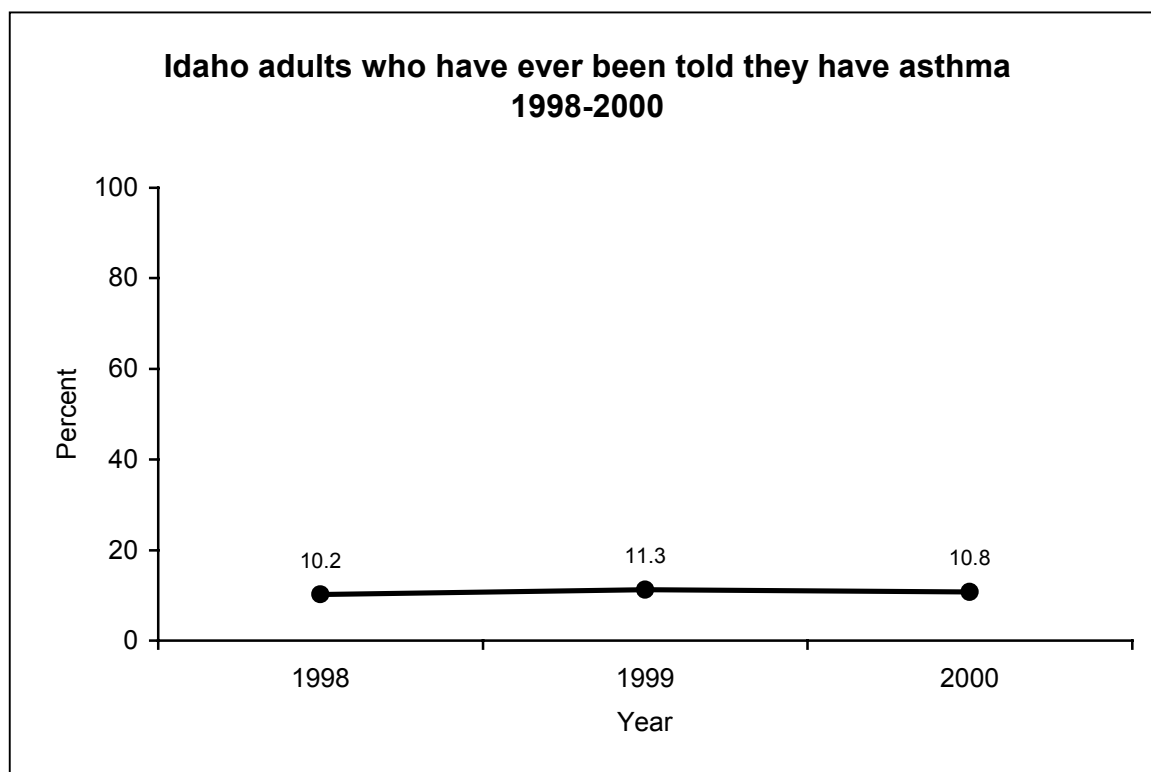
Question: Did a doctor ever tell you that you had asthma?

Note: In 1998, the question read "Has a doctor or other health care professional ever told you that you have asthma?"

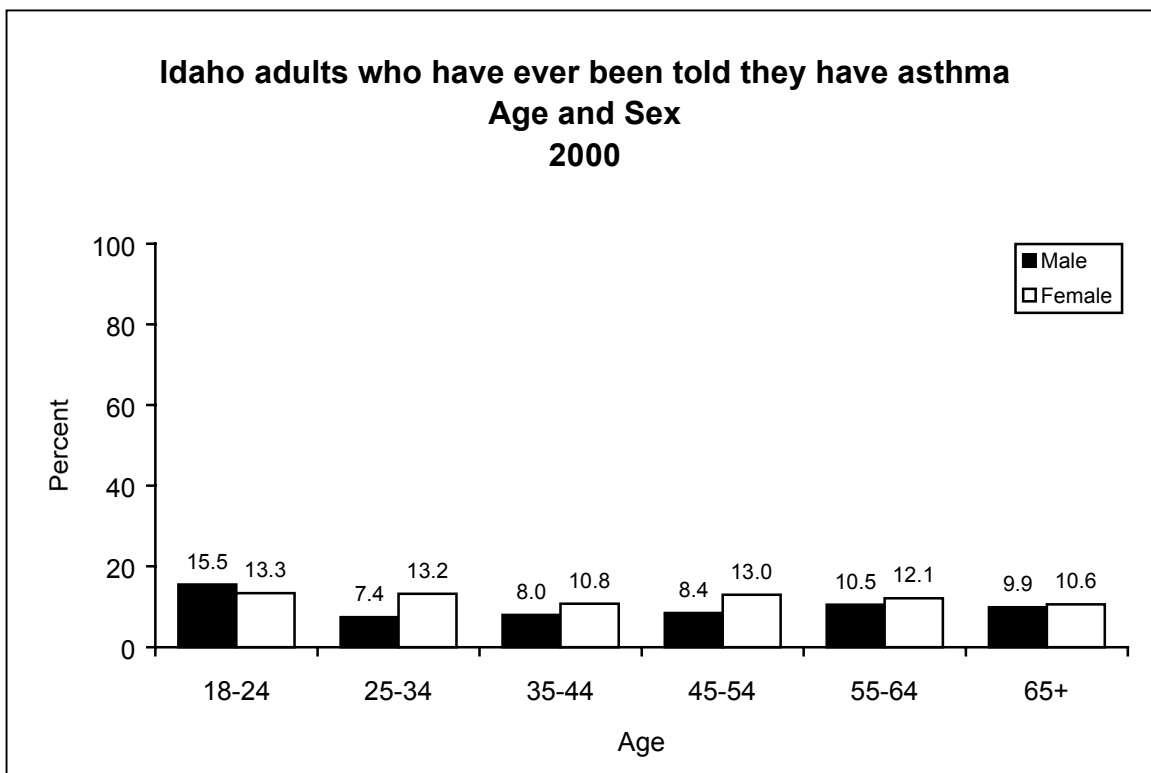
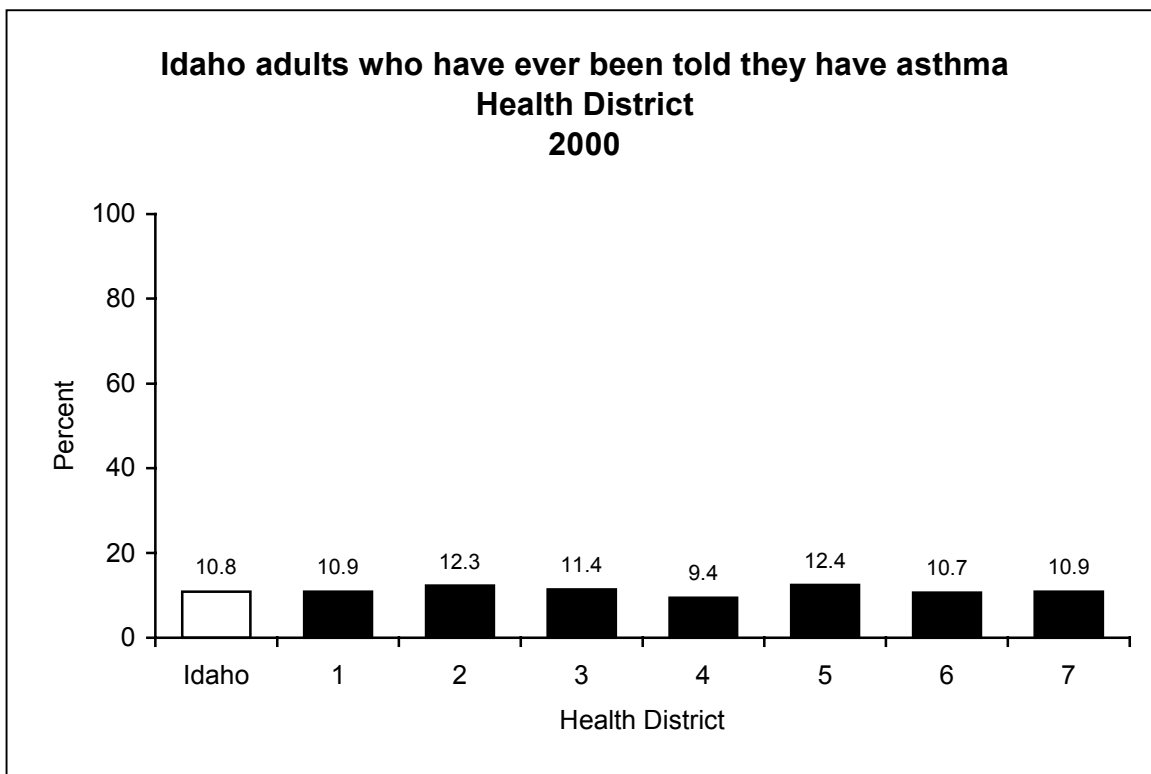
Appendix A, p. 76

Highlights

- Ten percent (9.5%) of males report ever being told they had asthma, compared with 12.1% of females.
- Fourteen percent (14.4%) of the 18-24 age group reports being ever diagnosed with asthma. All other age groups report prevalences of 11.3% or less.
- Twenty-four percent (24.1%) of those who have ever been told they had asthma report that they have fair or poor health, compared with 11.8% of those who have not been told they have asthma.
- The reported prevalence of an ever diagnosis of asthma exceeds 12.0% in two districts (Districts 2 [12.3%] and 5 [12.4%]). All other districts have prevalences of 11.4% or lower.



Asthma



Asthma

Idaho adults who have ever been told they have asthma, 2000

	State			Health District								
				District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	10.8	9.8 11.8	4976	10.9	8.3 13.4	715	12.3	9.7 14.8	709	11.4	8.8 13.9	703
SEX												
Male	9.5	8.1 11.0	2117	7.1	4.1 10.0	306	9.6	6.1 13.1	320	8.9	5.3 12.5	280
Female	12.1	10.7 13.4	2859	14.4	10.4 18.5	409	14.9	11.2 18.7	389	13.7	10.0 17.4	423
AGE												
18-24	14.4	10.8 18.0	576	13.8	1.5 26.2	65	11.7	4.9 18.6	81	9.9	1.6 18.2	67
25-34	10.2	8.2 12.3	932	12.2	6.5 18.0	124	11.5	6.1 16.9	130	13.8	7.3 20.3	135
35-44	9.4	7.3 11.4	1111	7.7	3.3 12.0	163	12.8	6.7 18.8	136	10.6	5.2 15.9	143
45-54	10.7	8.5 12.9	941	13.0	7.0 18.9	140	12.2	6.1 18.2	144	8.7	3.7 13.7	132
55-64	11.3	8.4 14.2	616	15.9	8.0 23.7	102	13.3	6.3 20.4	95	11.1	4.7 17.4	105
65+	10.3	7.8 12.8	774	6.0	2.0 10.0	118	12.5	6.2 18.9	120	13.5	6.9 20.1	120
18-34	12.0	10.0 13.9	1508	12.9	6.9 18.9	189	11.6	7.3 15.9	211	12.2	7.1 17.3	202
35-54	10.0	8.5 11.5	2052	10.3	6.6 14.0	303	12.5	8.2 16.7	280	9.6	6.0 13.3	275
55+	10.7	8.8 12.6	1390	10.0	5.9 14.0	220	12.9	8.1 17.6	215	12.6	7.8 17.3	225
SEX and AGE												
Male												
18-34	10.8	7.9 13.7	638	5.9	0.4 11.3	83	8.4	3.0 13.8	94	15.2	6.6 23.8	81
35-54	8.2	6.2 10.2	917	6.0	1.8 10.3	124	12.1	5.7 18.4	132	3.7	0.3 7.1	115
55+	10.2	7.1 13.3	552	9.7	3.8 15.6	97	8.0	1.9 14.0	92	8.7	2.6 14.7	83
Female												
18-34	13.2	10.6 15.8	870	20.2	9.6 30.7	106	15.2	8.4 22.0	117	9.0	3.7 14.3	121
35-54	11.8	9.6 14.0	1135	14.4	8.6 20.2	179	12.9	7.2 18.6	148	15.4	9.1 21.6	160
55+	11.2	8.8 13.5	838	10.2	4.7 15.8	123	17.1	10.1 24.1	123	15.8	8.8 22.7	142
INCOME												
<\$15,000	11.2	8.0 14.3	618	10.7	4.3 17.1	86	20.8	13.0 28.7	118	16.5	7.6 25.3	83
\$15,000 - \$24,999	10.8	8.7 13.0	1019	12.3	6.6 18.0	143	12.2	6.3 18.1	137	11.5	5.8 17.2	148
\$25,000 - \$34,999	11.1	8.7 13.5	841	9.3	4.2 14.4	141	6.7	2.4 11.1	118	15.8	8.8 22.8	119
\$35,000 - \$49,999	9.3	6.9 11.6	973	5.7	2.0 9.4	153	11.1	5.2 16.9	119	8.3	3.6 12.9	169
\$50,000+	9.5	7.5 11.4	1131	13.7	7.3 20.0	123	10.3	5.2 15.3	165	9.4	3.4 15.4	125
EMPLOYMENT												
Employed	10.2	9.0 11.4	3263	10.0	7.1 12.9	445	11.6	8.5 14.8	433	10.4	7.3 13.5	453
Unemployed	12.5	6.7 18.2	170	*	* *	*	*	* *	*	*	* *	*
Other**	12.0	10.0 13.9	1533	10.9	6.1 15.7	236	12.8	8.5 17.2	254	14.2	9.2 19.2	224
EDUCATION												
K-11th Grade	13.1	9.7 16.5	483	11.8	4.5 19.0	74	19.3	8.0 30.6	59	15.5	7.5 23.5	101
12th Grade or GED	10.1	8.3 11.9	1587	9.4	5.1 13.8	274	9.6	5.5 13.8	198	12.8	8.2 17.5	258
Some College	11.3	9.5 13.2	1640	9.7	5.4 13.9	216	10.8	6.5 15.0	216	10.2	5.8 14.6	209
College Graduate+	10.3	8.4 12.1	1258	14.8	8.9 20.6	151	14.4	9.5 19.3	233	7.5	3.0 12.0	133

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Asthma

Idaho adults who have ever been told they have asthma, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	9.4	7.0	11.8	718	12.4	9.7	15.2	707	10.7	8.3	13.1	717	10.9	8.2	13.5	707
SEX																
Male	9.6	5.8	13.4	307	12.0	7.7	16.3	288	9.5	6.2	12.9	313	10.5	6.7	14.4	303
Female	9.2	6.2	12.1	411	12.9	9.4	16.3	419	11.8	8.3	15.2	404	11.2	7.7	14.7	404
AGE																
18-24	15.1	6.5	23.8	102	22.0	9.6	34.3	71	13.5	6.8	20.1	97	15.2	7.1	23.3	93
25-34	8.5	4.3	12.7	173	8.9	4.0	13.8	134	12.3	5.8	18.8	119	6.2	1.9	10.5	117
35-44	10.0	5.0	14.9	167	5.7	2.0	9.5	165	8.7	4.4	12.9	168	11.1	5.0	17.3	169
45-54	7.6	2.8	12.3	131	13.1	7.4	18.8	134	10.2	4.7	15.7	126	15.0	8.2	21.7	134
55-64	9.0	2.0	15.9	72	17.2	7.9	26.6	79	9.2	1.9	16.4	80	4.8	0.0	9.9	83
65+	7.4	0.2	14.6	66	13.5	7.0	19.9	120	10.7	4.9	16.4	122	11.4	5.0	17.8	108
18-34	11.1	6.8	15.4	275	13.9	8.1	19.7	205	12.8	8.0	17.5	216	10.5	6.0	15.0	210
35-54	8.8	5.4	12.3	298	9.2	5.8	12.6	299	9.4	6.0	12.8	294	12.9	8.4	17.5	303
55+	8.1	3.1	13.1	138	14.9	9.6	20.3	199	10.0	5.5	14.6	202	8.5	4.3	12.8	191
SEX and AGE																
Male																
18-34	12.3	5.3	19.2	123	13.4	4.2	22.6	73	9.5	3.6	15.4	88	8.2	1.7	14.6	96
35-54	7.7	3.0	12.5	128	8.7	3.9	13.5	139	9.7	4.6	14.7	141	12.9	6.7	19.1	138
55+	9.9	0.4	19.4	53	15.0	6.4	23.6	75	9.6	2.9	16.2	83	10.3	2.8	17.7	69
Female																
18-34	10.0	5.0	14.9	152	14.5	7.8	21.2	132	16.2	8.9	23.6	128	12.9	6.5	19.3	114
35-54	9.9	4.8	15.0	170	9.7	5.0	14.4	160	9.1	4.4	13.8	153	13.0	6.4	19.6	165
55+	6.6	1.9	11.3	85	14.8	8.1	21.6	124	10.4	4.3	16.6	119	7.0	2.5	11.6	122
INCOME																
<\$15,000	10.7	3.9	17.5	65	10.1	2.8	17.4	76	20.8	11.7	29.8	106	17.9	7.6	28.2	84
\$15,000 - \$24,999	6.6	2.2	10.9	114	11.6	6.3	16.9	189	15.4	9.1	21.7	146	9.1	3.1	15.2	142
\$25,000 - \$34,999	11.2	5.4	17.0	130	15.7	8.5	22.9	121	5.0	0.9	9.1	115	11.7	4.9	18.4	97
\$35,000 - \$49,999	13.5	6.2	20.8	133	10.0	4.3	15.7	125	4.2	1.2	7.2	131	9.3	4.1	14.4	143
\$50,000+	7.4	3.5	11.2	229	11.8	6.2	17.4	138	10.5	5.7	15.3	171	8.7	4.5	12.8	180
EMPLOYMENT																
Employed	8.8	6.1	11.5	511	11.8	8.4	15.1	482	10.1	7.2	12.9	465	11.0	7.7	14.3	474
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	9.9	4.9	14.8	187	14.6	9.4	19.8	197	11.7	7.1	16.2	227	11.9	7.1	16.6	208
EDUCATION																
K-11th Grade	*	*	*	*	15.5	6.4	24.6	93	9.2	2.1	16.3	59	10.4	2.1	18.7	51
12th Grade or GED	9.8	5.2	14.4	192	11.7	7.0	16.3	236	8.4	4.7	12.1	227	7.5	3.7	11.4	202
Some College	10.8	6.2	15.3	253	11.4	7.1	15.7	241	13.3	8.7	17.9	251	13.8	8.7	19.0	254
College Graduate+	7.3	3.8	10.9	227	13.5	7.3	19.7	136	10.5	5.6	15.4	179	10.2	5.8	14.6	199

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Diabetes

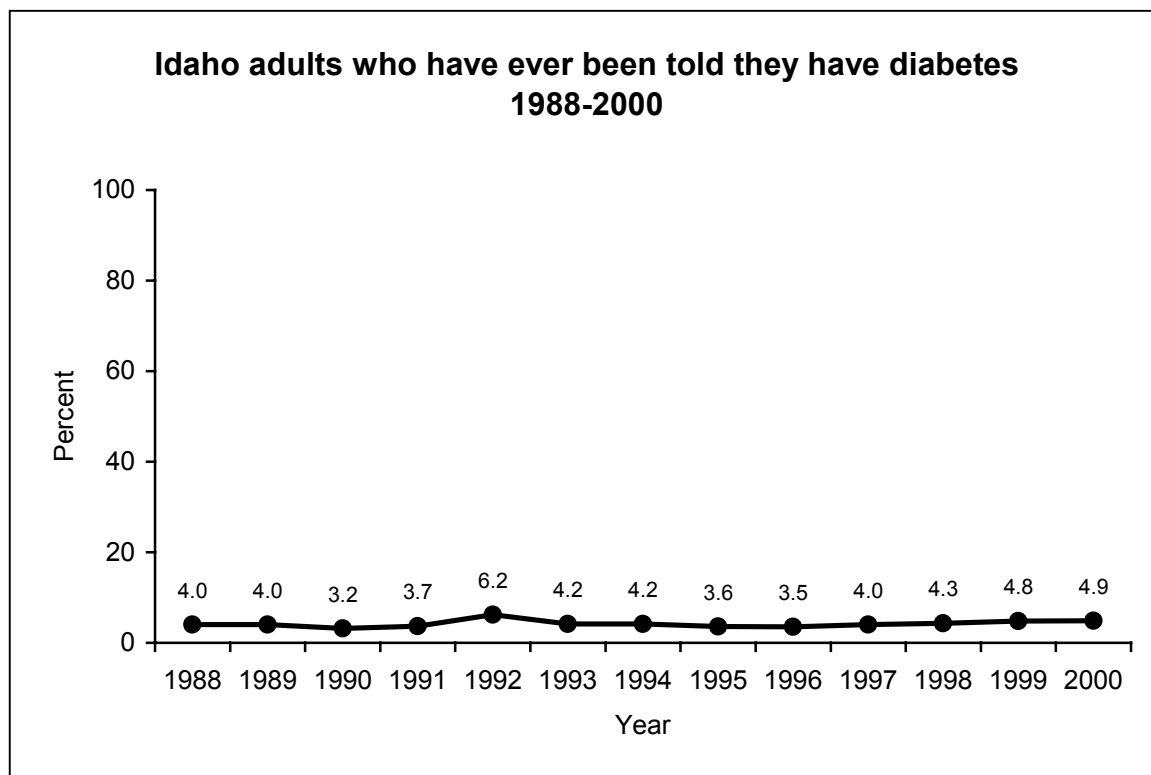
Question: Have you ever been told by a doctor that you have diabetes?

Note: Excludes gestational diabetes

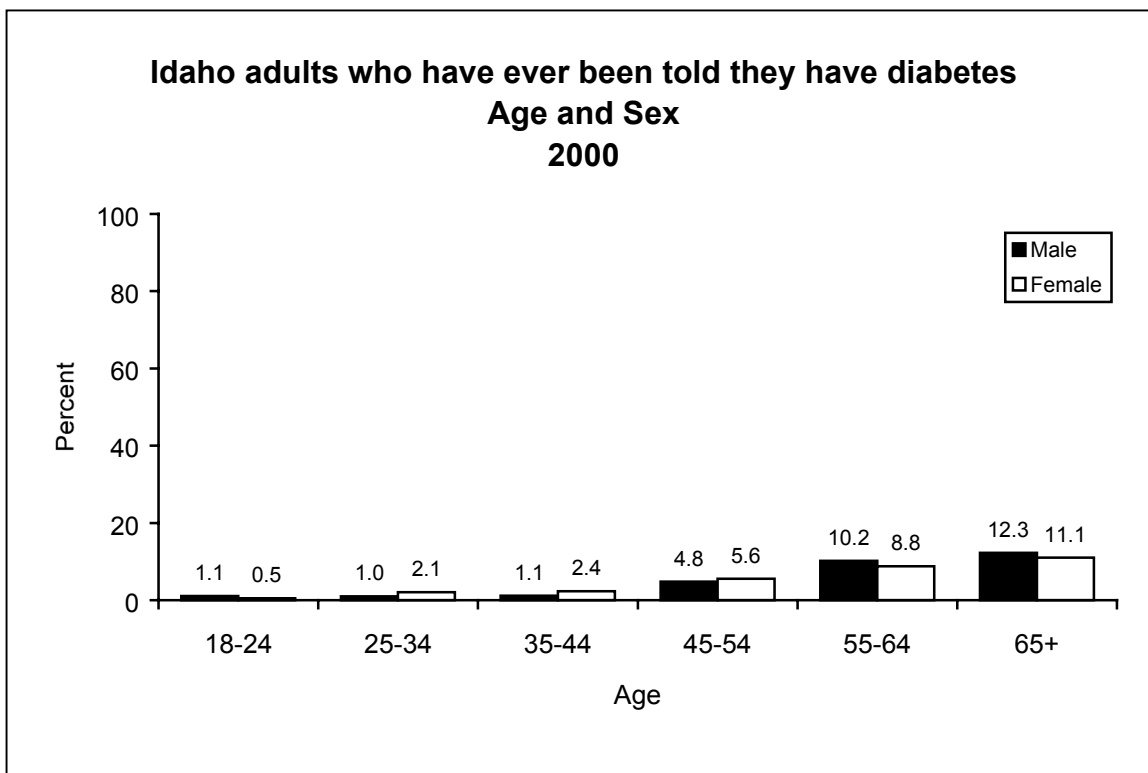
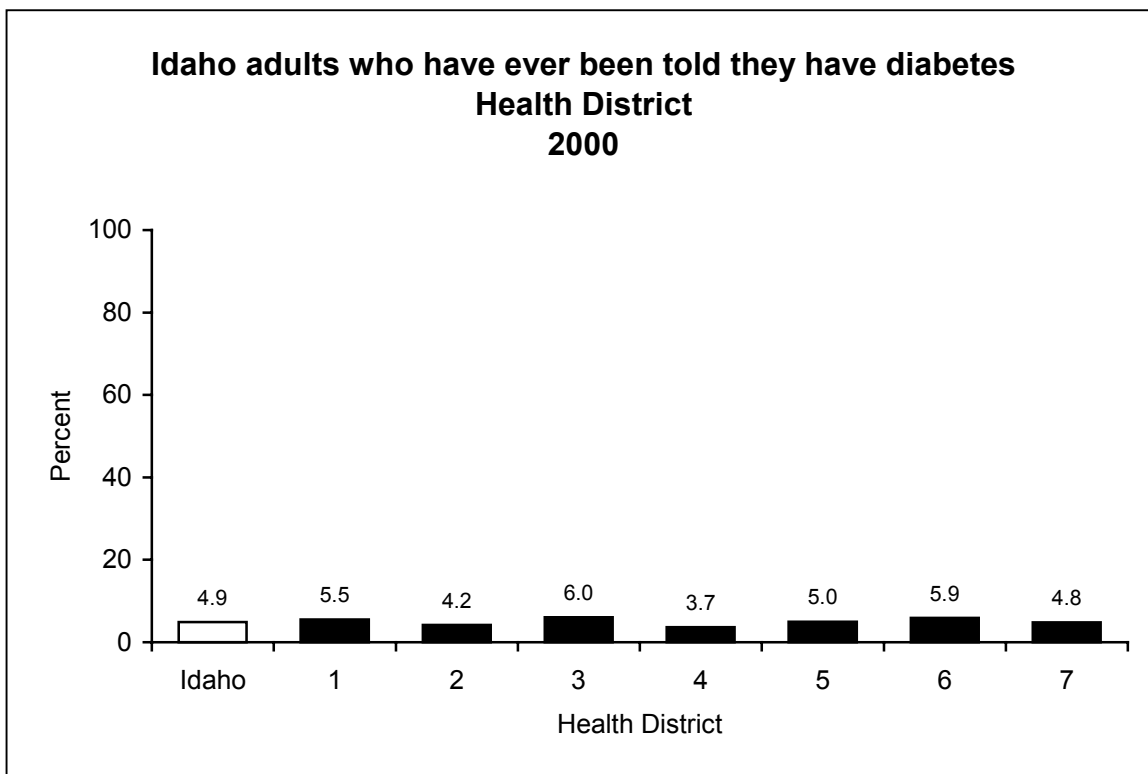
Appendix A, p. 76

Highlights

- The age group 55+ has the highest prevalence of diabetes among the age groups (10.7%).
- Those with the least education (K-11th grade) have the highest prevalence of diabetes among the education categories (9.7%).
- Compared with the highest income group (\$50,000+), which has a diabetes prevalence of 3.9%, those in the lowest income group (<\$15,000) are more likely to have diabetes (8.3%).
- Forty-eight percent (48.1%) of those with diabetes report that they have fair or poor health, compared with 11.3% of those without diabetes.



Diabetes



Diabetes

Idaho adults who have ever been told they have diabetes, 2000

					Health District													
					District 1				District 2				District 3					
	State				%	95% CI			N	%	95% CI			N	%	95% CI		
TOTAL	4.9	4.2	5.6	4973 <th>5.5</th> <td>3.8</td> <td>7.2</td> <td>715<th>4.2</th><td>2.7</td><td>5.7</td><td>707<th>6.0</th><td>4.1</td><td>7.9</td><td>703</td></td></td>	5.5	3.8	7.2	715 <th>4.2</th> <td>2.7</td> <td>5.7</td> <td>707<th>6.0</th><td>4.1</td><td>7.9</td><td>703</td></td>	4.2	2.7	5.7	707 <th>6.0</th> <td>4.1</td> <td>7.9</td> <td>703</td>	6.0	4.1	7.9	703		
SEX																		
Male	4.6	3.6	5.7	2116	5.3	2.9	7.7	306	3.9	1.8	6.0	319	3.9	1.7	6.1	281		
Female	5.1	4.2	6.0	2857	5.7	3.2	8.1	409	4.5	2.3	6.8	388	8.1	5.1	11.0	422		
AGE																		
18-24	0.8	0.0	1.7	578	0.0	0.0	0.0	65	0.0	0.0	0.0	81	0.0	0.0	0.0	68		
25-34	1.5	0.7	2.4	931	2.0	0.0	4.8	124	1.1	0.0	3.1	129	2.5	0.1	5.0	135		
35-44	1.8	1.0	2.5	1111	0.5	0.0	1.3	163	3.3	0.0	6.7	136	4.5	0.9	8.0	143		
45-54	5.2	3.7	6.7	939	7.3	2.8	11.8	140	2.0	0.0	4.1	144	10.3	4.8	15.7	131		
55-64	9.5	6.9	12.1	616	14.3	7.3	21.4	102	9.2	3.4	15.0	95	4.8	0.9	8.6	105		
65+	11.6	8.9	14.3	772	8.7	3.7	13.8	118	10.5	4.7	16.3	119	11.4	5.1	17.6	120		
18-34	1.2	0.6	1.8	1509	1.2	0.0	2.9	189	0.5	0.0	1.6	210	1.5	0.0	2.9	203		
35-54	3.4	2.6	4.2	2050	3.9	1.6	6.2	303	2.7	0.7	4.7	280	7.3	4.1	10.6	274		
55+	10.7	8.8	12.7	1388	11.0	6.8	15.1	220	10.0	5.8	14.2	214	8.8	4.7	13.0	225		
SEX and AGE																		
Male																		
18-34	1.0	0.1	1.9	639	1.5	0.0	4.5	83	1.0	0.0	3.0	93	0.0	0.0	0.0	82		
35-54	2.9	1.8	4.0	916	2.5	0.0	5.1	124	2.2	0.0	4.7	132	5.6	1.8	9.5	115		
55+	11.4	8.2	14.6	551	12.5	6.1	18.9	97	9.7	3.6	15.7	92	6.0	0.6	11.4	83		
Female																		
18-34	1.4	0.6	2.3	870	0.9	0.0	2.7	106	0.0	0.0	0.0	117	3.1	0.1	6.0	121		
35-54	3.9	2.6	5.1	1134	5.3	1.6	9.1	179	3.2	0.1	6.3	148	9.0	3.9	14.1	159		
55+	10.2	7.9	12.5	837	9.7	4.2	15.1	123	10.3	4.5	16.1	122	11.2	5.1	17.3	142		
INCOME																		
<\$15,000	8.3	5.9	10.7	619	5.7	0.0	11.5	86	4.6	1.1	8.1	118	16.1	7.4	24.8	84		
\$15,000 - \$24,999	5.8	4.2	7.3	1018	7.3	2.9	11.6	143	5.1	1.4	8.7	136	8.7	3.4	14.1	148		
\$25,000 - \$34,999	4.0	2.3	5.6	840	2.5	0.2	4.7	141	3.6	0.2	7.1	118	5.8	1.4	10.2	119		
\$35,000 - \$49,999	3.6	2.2	5.0	973	4.8	1.3	8.3	153	3.4	0.0	7.2	119	0.7	0.0	1.7	168		
\$50,000+	3.9	2.5	5.3	1131	4.4	0.6	8.2	123	3.0	0.2	5.7	165	3.9	0.7	7.2	125		
EMPLOYMENT																		
Employed	2.6	2.0	3.2	3264	3.3	1.5	5.1	445	2.5	0.9	4.1	433	3.2	1.6	4.8	453		
Unemployed	2.9	0.6	5.1	170	*	*	*	*	*	*	*	*	*	*	*	*		
Other**	9.8	8.1	11.6	1529	9.5	5.7	13.2	236	6.9	3.8	10.0	252	11.8	7.0	16.5	224		
EDUCATION																		
K-11th Grade	9.7	6.7	12.6	484	7.1	1.3	12.9	74	10.2	2.5	17.8	59	13.6	6.5	20.7	102		
12th Grade or GED	5.0	3.9	6.0	1586	6.6	3.5	9.6	274	5.0	1.9	8.1	197	3.6	1.4	5.7	258		
Some College	4.6	3.3	5.9	1638	4.4	1.5	7.2	216	3.2	0.7	5.7	215	6.3	2.4	10.1	208		
College Graduate+	3.3	2.1	4.5	1257	4.2	0.8	7.6	151	2.9	0.6	5.2	233	4.4	0.9	7.8	133		

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Diabetes

Idaho adults who have ever been told they have diabetes, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	3.7	2.1	5.3	717	5.0	3.2	6.7	707	5.9	4.0	7.7	717	4.8	3.1	6.5	707
SEX																
Male	4.1	1.3	6.8	306	4.6	1.9	7.2	288	5.9	3.0	8.7	313	5.2	2.3	8.1	303
Female	3.3	1.4	5.2	411	5.4	3.0	7.7	419	5.9	3.5	8.3	404	4.4	2.4	6.4	404
AGE																
18-24	0.0	0.0	0.0	102	1.8	0.0	5.3	71	1.5	0.0	4.4	97	2.8	0.0	7.5	94
25-34	0.9	0.0	2.2	173	0.6	0.0	1.9	134	0.0	0.0	0.0	119	4.1	0.1	8.1	117
35-44	0.9	0.0	2.1	167	2.8	0.1	5.4	165	1.6	0.0	3.4	168	0.4	0.0	1.2	169
45-54	2.5	0.0	5.1	130	0.4	0.0	1.3	134	6.8	2.1	11.5	126	8.2	3.7	12.7	134
55-64	10.2	3.1	17.4	72	12.8	4.8	20.7	79	9.4	2.7	16.0	80	4.3	0.4	8.1	83
65+	11.2	3.0	19.3	66	12.4	6.4	18.4	120	17.9	10.6	25.3	122	10.3	3.9	16.7	107
18-34	0.5	0.0	1.3	275	1.1	0.0	2.6	205	0.6	0.0	1.8	216	3.5	0.4	6.6	211
35-54	1.6	0.2	3.0	297	1.7	0.2	3.1	299	4.0	1.6	6.4	294	4.1	1.9	6.3	303
55+	10.7	5.2	16.3	138	12.5	7.7	17.4	199	14.4	9.2	19.5	202	7.6	3.6	11.6	190
SEX and AGE																
Male																
18-34	0.0	0.0	0.0	123	0.0	0.0	0.0	73	1.2	0.0	3.5	88	4.5	0.0	9.9	97
35-54	1.3	0.0	3.1	127	2.0	0.0	4.3	139	4.3	0.4	8.2	141	4.2	1.0	7.4	138
55+	14.5	4.3	24.6	53	12.7	4.8	20.6	75	14.1	6.0	22.3	83	7.8	1.0	14.5	68
Female																
18-34	1.1	0.0	2.6	152	2.3	0.0	5.5	132	0.0	0.0	0.0	128	2.5	0.0	5.4	114
35-54	1.9	0.0	4.0	170	1.3	0.0	3.1	160	3.7	0.9	6.6	153	3.9	1.0	6.9	165
55+	7.7	2.2	13.2	85	12.4	6.5	18.2	124	14.6	8.0	21.2	119	7.5	2.8	12.3	122
INCOME																
<\$15,000	7.1	1.3	12.9	65	9.3	2.5	16.0	76	8.5	2.8	14.3	106	6.1	1.7	10.5	84
\$15,000 - \$24,999	2.4	0.0	5.1	114	7.3	3.2	11.4	189	6.6	2.4	10.8	146	3.4	0.1	6.8	142
\$25,000 - \$34,999	3.8	0.0	8.2	129	3.9	0.3	7.5	121	4.3	0.0	8.6	115	4.2	0.0	8.9	97
\$35,000 - \$49,999	3.4	0.0	7.1	133	1.9	0.0	4.7	125	5.8	1.3	10.3	131	6.4	1.3	11.5	144
\$50,000+	3.3	0.4	6.2	229	4.1	0.3	7.9	138	4.5	1.2	7.8	171	5.2	1.9	8.5	180
EMPLOYMENT																
Employed	1.9	0.5	3.3	511	1.9	0.5	3.2	482	2.8	1.1	4.4	465	3.6	1.6	5.5	475
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	8.4	3.9	12.9	186	12.7	7.7	17.7	197	13.3	8.5	18.0	227	7.1	3.5	10.7	207
EDUCATION																
K-11th Grade	*	*	*	*	6.8	1.2	12.5	93	15.4	4.9	25.9	59	4.5	0.0	9.9	51
12th Grade or GED	1.6	0.0	3.2	192	7.1	3.6	10.6	236	7.9	4.1	11.6	227	5.9	2.4	9.4	202
Some College	5.1	1.9	8.4	253	3.8	1.2	6.3	241	5.0	2.1	7.8	251	3.2	0.4	6.0	254
College Graduate+	2.7	0.0	5.6	226	1.7	0.0	4.4	136	1.7	0.0	3.5	179	6.0	2.6	9.3	199

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

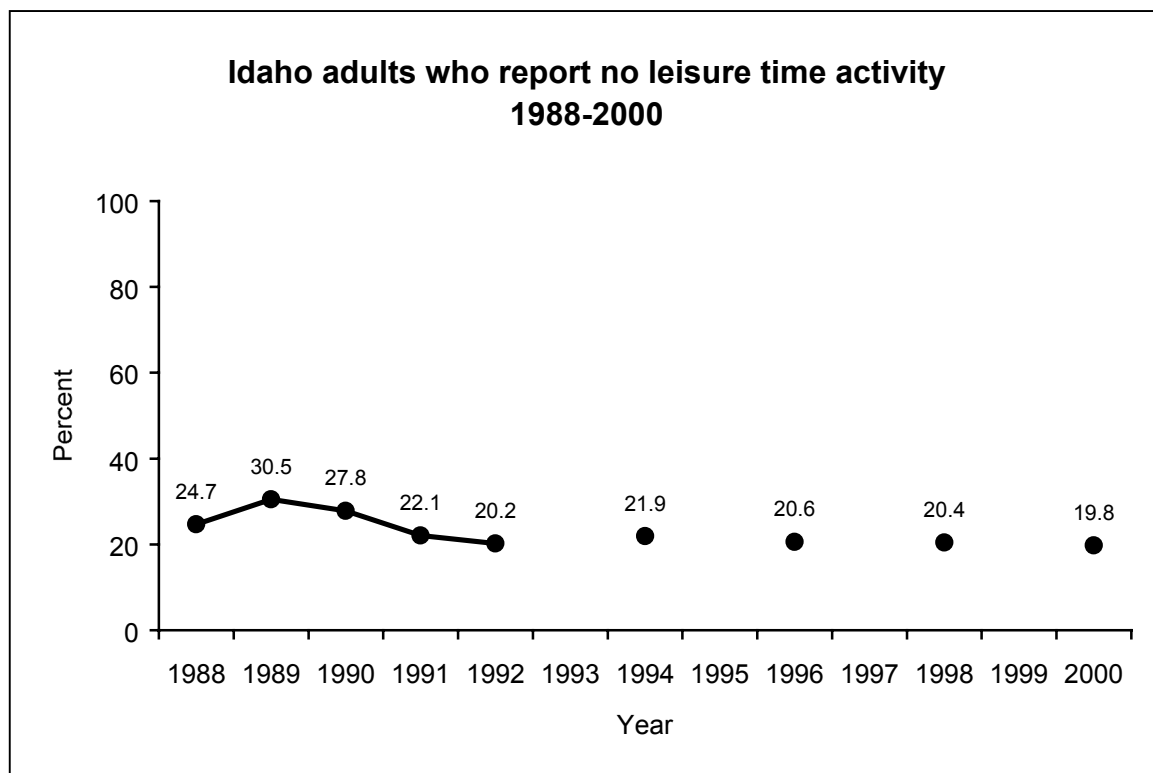
Exercise

Question: During the past month, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

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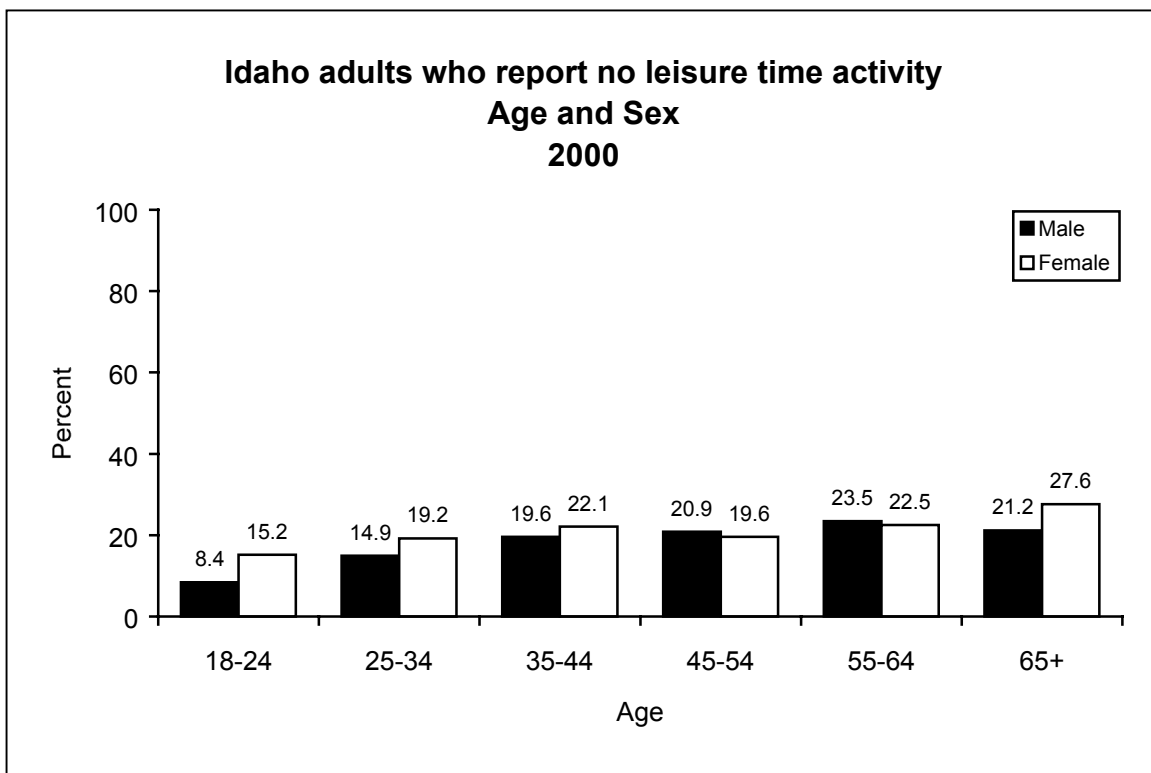
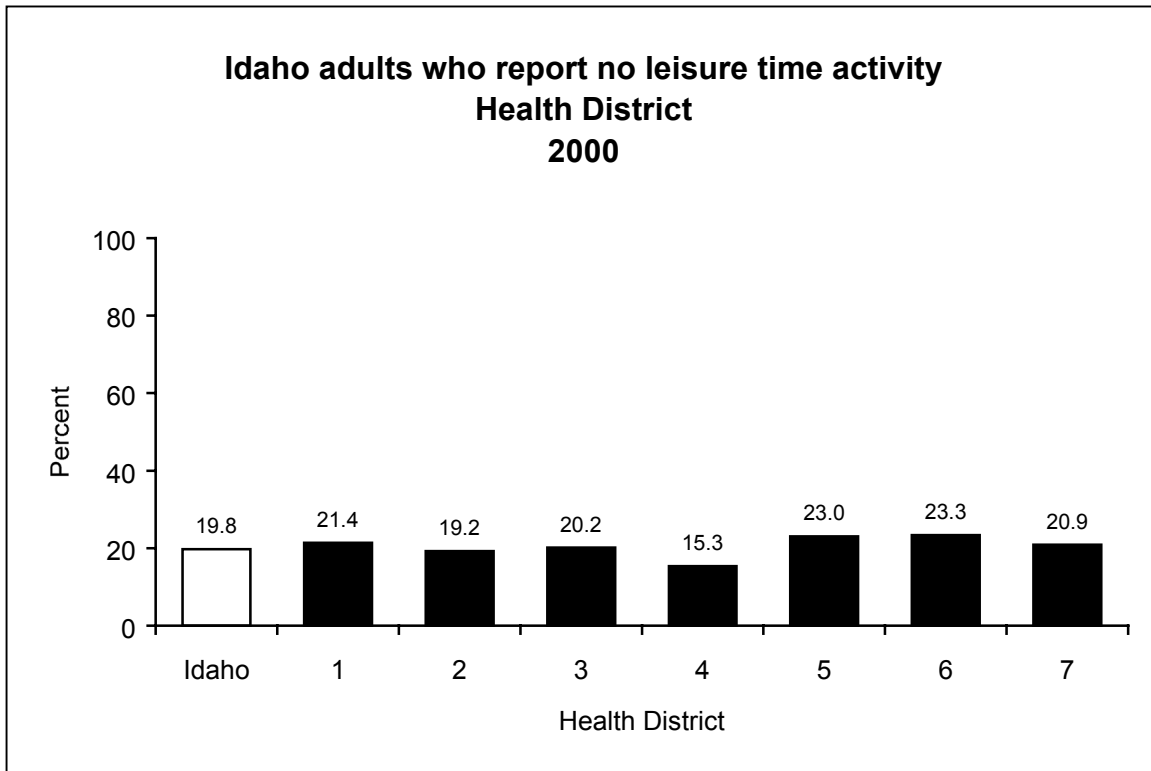
Highlights

- Adults with an education level of K-11th grade are more likely to report no leisure time activity (31.7%) than those with a college degree (11.7%).
- The prevalence of no leisure time activity in the <\$15,000 income group (26.8%) is more than twice that of the \$50,000+ income group (12.2%).
- Of those that report no leisure time activity, 24.0% report that their health is fair or poor. A total of 10.4% of those that report some leisure time physical activity report that their health is fair or poor.
- Females 18-34 report a higher prevalence of no leisure time physical activity (17.5%) than do males 18-34 (12.2%).



Breaks in the trend line indicate that data are not available for those years.

Exercise



Exercise

Idaho adults who report no leisure time activity, 2000

	Health District											
	State			District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	19.8	18.5 21.0	4974	21.4	18.1 24.7	714	19.2	16.1 22.3	709	20.2	17.0 23.3	702
SEX												
Male	18.2	16.4 20.0	2117	20.8	15.9 25.7	305	16.1	12.0 20.3	320	19.5	14.7 24.3	280
Female	21.3	19.6 23.1	2857	21.9	17.5 26.4	409	22.3	17.7 26.9	389	20.8	16.6 24.9	422
AGE												
18-24	11.7	8.8 14.5	578	12.5	4.5 20.5	65	8.1	2.5 13.7	81	8.6	2.1 15.1	68
25-34	17.0	14.3 19.7	930	12.6	6.2 19.0	124	18.0	9.9 26.1	130	17.0	10.5 23.5	133
35-44	20.9	18.1 23.6	1111	21.4	14.3 28.5	163	15.1	8.9 21.3	136	19.2	12.2 26.2	143
45-54	20.3	17.3 23.2	941	24.2	16.6 31.9	140	25.3	17.5 33.1	144	21.9	14.6 29.2	132
55-64	23.0	19.0 26.9	616	25.0	15.6 34.5	102	25.0	16.2 33.8	95	26.6	17.2 36.0	105
65+	24.8	21.3 28.3	773	27.8	19.1 36.4	118	24.2	16.2 32.2	120	25.6	17.4 33.7	120
18-34	14.8	12.8 16.7	1508	12.6	7.6 17.5	189	13.2	8.1 18.3	211	13.5	8.8 18.2	201
35-54	20.6	18.6 22.6	2052	22.8	17.6 28.0	303	20.1	15.1 25.1	280	20.5	15.5 25.6	275
55+	24.1	21.4 26.7	1389	26.7	20.3 33.1	220	24.5	18.5 30.5	215	26.0	19.8 32.2	225
SEX and AGE												
Male												
18-34	12.2	9.4 15.0	639	10.8	3.8 17.7	83	7.6	1.7 13.5	94	11.0	4.6 17.4	81
35-54	20.2	17.3 23.1	917	24.0	15.9 32.2	124	16.3	9.9 22.7	132	22.4	14.4 30.4	115
55+	22.2	18.3 26.1	552	25.1	15.6 34.5	97	25.8	16.6 35.0	92	25.2	15.4 35.1	83
Female												
18-34	17.5	14.6 20.3	869	14.4	7.3 21.5	106	19.5	10.8 28.1	117	16.2	9.4 23.0	120
35-54	20.9	18.1 23.7	1135	21.6	15.0 28.2	179	23.9	16.4 31.5	148	18.7	12.4 25.0	160
55+	25.6	22.1 29.1	837	28.0	19.3 36.8	123	23.4	15.6 31.2	123	26.6	18.7 34.5	142
INCOME												
<\$15,000	26.8	22.8 30.9	619	26.7	16.7 36.7	86	18.0	10.7 25.4	118	27.5	17.0 38.0	84
\$15,000 - \$24,999	26.7	23.5 29.9	1018	28.4	20.4 36.4	143	25.2	17.5 32.9	137	19.4	12.8 26.1	147
\$25,000 - \$34,999	20.6	17.4 23.8	840	22.7	15.1 30.2	141	22.2	13.5 31.0	118	18.5	11.3 25.7	119
\$35,000 - \$49,999	17.3	14.6 20.1	974	16.2	9.7 22.7	153	23.1	14.8 31.4	119	20.9	14.1 27.6	169
\$50,000+	12.2	10.0 14.3	1130	13.5	6.2 20.7	123	9.6	5.4 13.8	165	15.8	9.1 22.4	124
EMPLOYMENT												
Employed	18.5	17.0 20.0	3262	20.8	16.6 25.1	444	18.7	14.7 22.7	433	20.1	16.1 24.0	452
Unemployed	20.2	13.6 26.9	170	*	* *	*	*	* *	*	*	* *	*
Other**	22.2	19.8 24.6	1532	23.5	17.7 29.4	236	20.3	15.1 25.5	254	20.7	15.0 26.4	224
EDUCATION												
K-11th Grade	31.7	26.8 36.5	484	27.0	16.1 37.9	74	25.6	14.2 37.0	59	29.0	19.1 38.9	102
12th Grade or GED	24.9	22.5 27.3	1586	26.6	20.9 32.2	273	22.9	16.7 29.2	198	21.0	15.8 26.1	257
Some College	17.4	15.3 19.6	1639	16.6	11.1 22.0	216	20.4	14.8 26.1	216	17.6	12.2 23.1	209
College Graduate+	11.7	9.8 13.7	1257	15.5	8.9 22.1	151	12.7	7.8 17.6	233	16.1	9.5 22.6	132

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Exercise

Idaho adults who report no leisure time activity, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	15.3	12.4	18.2	718	23.0	19.5	26.5	706	23.3	20.0	26.6	717	20.9	17.6	24.2	708
SEX																
Male	11.3	7.6	15.0	307	24.5	18.9	30.2	288	22.9	18.0	27.9	313	18.7	14.0	23.4	304
Female	19.1	14.8	23.4	411	21.5	17.1	25.8	418	23.7	19.3	28.2	404	23.0	18.5	27.5	404
AGE																
18-24	10.3	3.9	16.7	102	20.1	9.3	31.0	71	14.6	7.2	22.0	97	10.6	3.8	17.3	94
25-34	12.4	7.3	17.4	173	26.0	16.2	35.7	134	18.1	10.3	25.9	119	21.3	13.5	29.0	117
35-44	17.2	11.0	23.3	167	21.8	14.9	28.6	165	31.0	23.6	38.5	168	24.2	16.7	31.8	169
45-54	17.8	10.9	24.7	131	18.7	11.3	26.2	134	18.2	10.8	25.7	126	18.7	11.9	25.6	134
55-64	17.5	7.8	27.3	72	27.5	16.6	38.5	79	23.9	14.2	33.5	80	20.1	10.8	29.5	83
65+	16.2	7.3	25.0	66	23.9	15.8	32.1	119	32.2	23.3	41.0	122	31.3	21.9	40.7	108
18-34	11.6	7.6	15.5	275	23.7	16.7	30.8	205	16.7	11.2	22.2	216	16.1	10.9	21.3	211
35-54	17.5	12.9	22.0	298	20.3	15.3	25.4	299	25.0	19.7	30.3	294	21.6	16.4	26.8	303
55+	16.8	10.2	23.3	138	25.3	18.8	31.9	198	28.7	22.1	35.3	202	26.4	19.6	33.2	191
SEX and AGE																
Male																
18-34	7.8	3.2	12.3	123	22.2	10.4	34.0	73	16.6	8.2	24.9	88	13.7	6.1	21.3	97
35-54	14.3	8.2	20.4	128	24.5	16.6	32.4	139	24.3	16.9	31.7	141	21.5	14.3	28.6	138
55+	11.3	2.4	20.2	53	26.2	15.5	36.8	75	29.2	18.8	39.6	83	21.7	11.5	31.9	69
Female																
18-34	15.5	9.0	21.9	152	25.4	16.9	33.9	132	16.8	9.7	23.8	128	18.4	11.2	25.6	114
35-54	20.6	13.8	27.3	170	16.1	10.0	22.1	160	25.7	18.2	33.3	153	21.8	14.3	29.3	165
55+	21.3	12.0	30.5	85	24.6	16.5	32.7	123	28.3	19.8	36.8	119	30.5	21.6	39.4	122
INCOME																
<\$15,000	27.7	16.2	39.2	65	22.4	11.8	33.1	76	33.5	23.4	43.6	106	30.0	19.5	40.4	84
\$15,000 - \$24,999	23.5	14.3	32.7	114	33.0	25.7	40.4	189	28.7	20.5	36.9	146	30.1	21.2	38.9	142
\$25,000 - \$34,999	20.3	12.6	28.0	130	21.6	12.8	30.5	120	24.4	15.9	32.9	115	14.1	7.1	21.0	97
\$35,000 - \$49,999	10.1	4.4	15.7	133	24.6	14.7	34.4	125	20.8	13.7	28.0	131	15.5	9.3	21.7	144
\$50,000+	9.2	5.2	13.1	229	12.6	6.8	18.4	138	14.3	8.9	19.7	171	15.9	10.3	21.5	180
EMPLOYMENT																
Employed	13.9	10.6	17.2	511	20.7	16.6	24.7	482	21.6	17.6	25.6	465	19.2	15.2	23.1	475
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	18.5	12.6	24.4	187	27.4	20.0	34.8	196	25.9	19.8	31.9	227	23.3	17.3	29.3	208
EDUCATION																
K-11th Grade	*	*	*	*	36.0	24.9	47.0	93	49.2	35.0	63.4	59	37.4	22.5	52.2	51
12th Grade or GED	22.9	16.4	29.3	192	25.8	19.8	31.7	236	29.4	23.0	35.8	227	28.1	21.3	35.0	203
Some College	14.5	9.7	19.3	253	19.2	12.7	25.8	240	19.7	14.5	25.0	251	18.9	13.9	24.0	254
College Graduate+	7.1	3.6	10.6	227	14.7	8.0	21.3	136	12.5	7.5	17.5	179	12.6	7.7	17.4	199

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cigarette Smoking

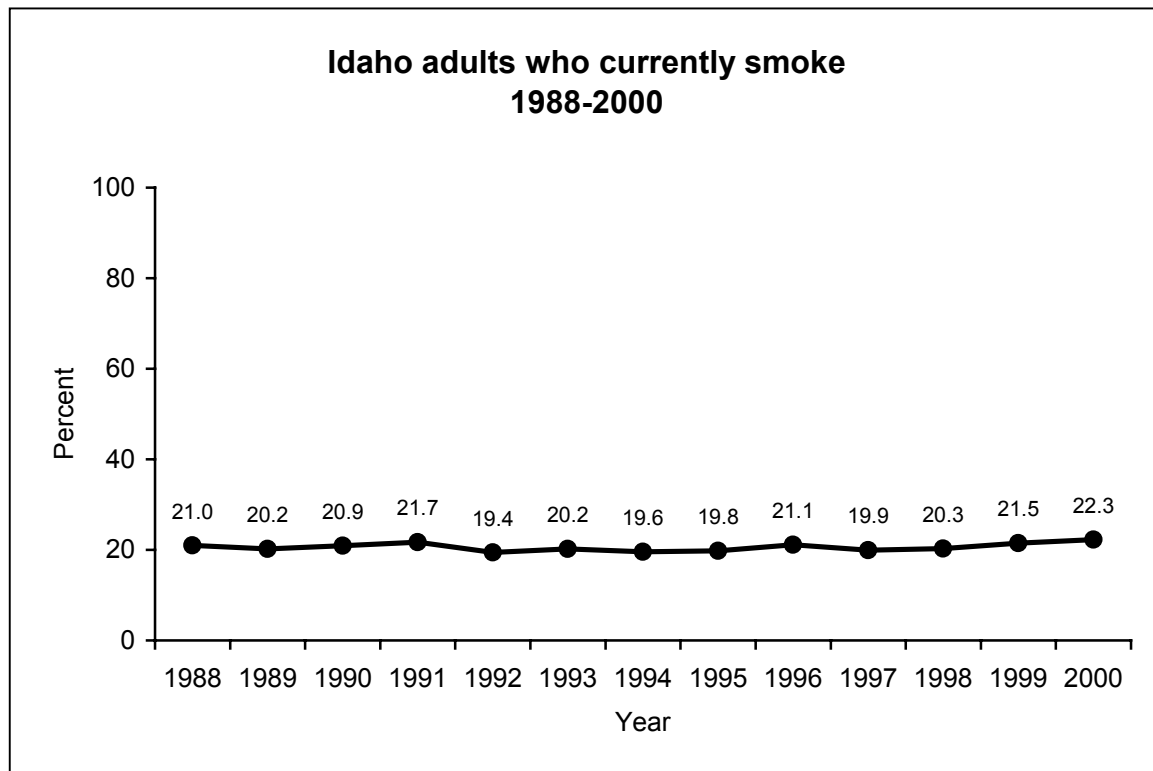
Question: Have you smoked at least 100 cigarettes in your entire life? Do you now smoke cigarettes every day, some days, or not at all?

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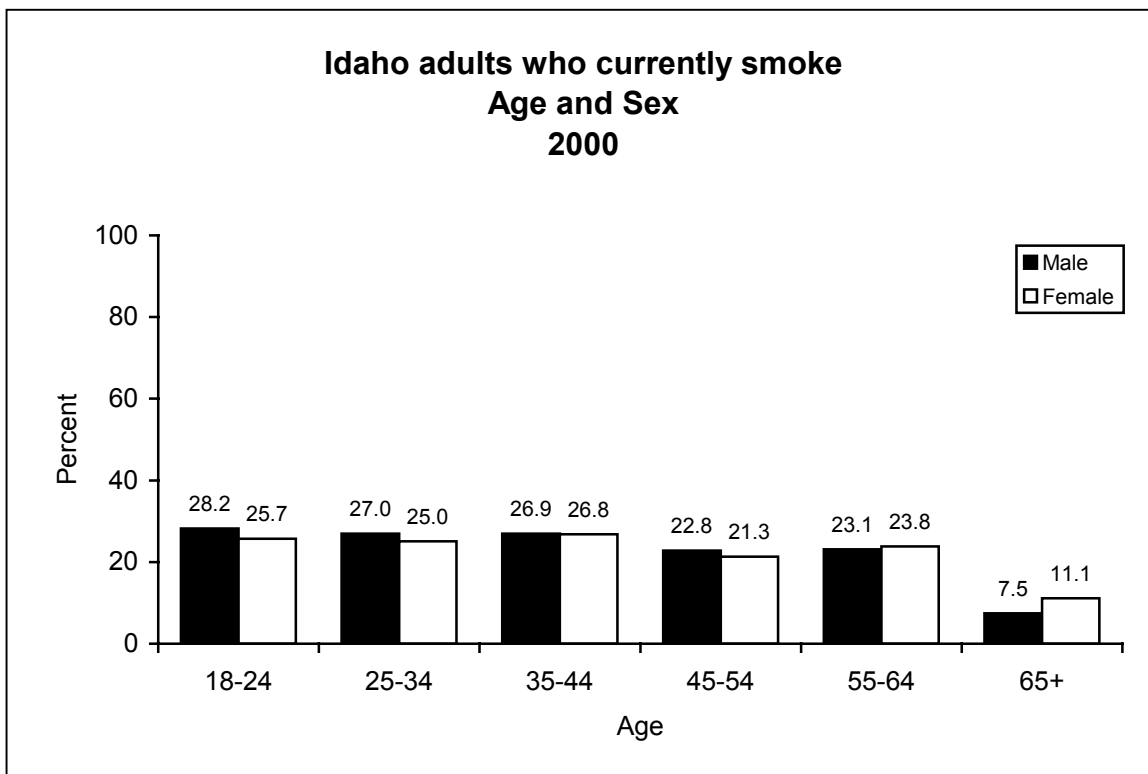
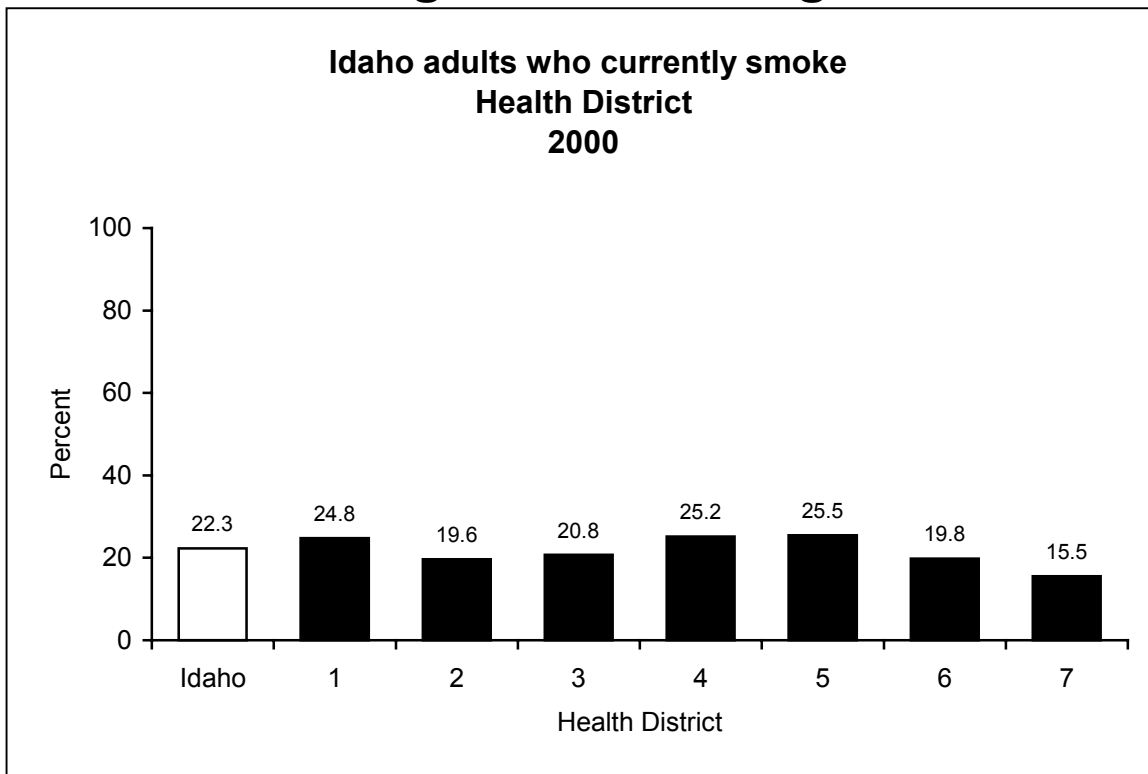
Definition: At-risk individuals are defined as anyone who has ever smoked 100 cigarettes or more and currently smokes.

Highlights

- The trend for cigarette smoking has remained flat since 1988.
- Ten percent (9.5%) of those 65 and older currently smoke cigarettes, compared with 23.5% of the 55-64 age group.
- Forty percent (40.0%) of those with a K-11th grade education are current smokers, compared with 9.3% of college graduates.
- Eighteen percent (17.8%) of Idaho adults that currently smoke report that they have fair or poor health, compared with 11.8% of those who do not smoke.



Cigarette Smoking



Cigarette Smoking

Idaho adults who currently smoke, 2000

	State			Health District								
				District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	22.3	20.9 23.7	4967	24.8	21.3 28.3	711	19.6	16.4 22.8	707	20.8	17.4 24.1	704
SEX												
Male	22.8	20.7 24.8	2110	28.6	23.0 34.2	303	20.8	15.9 25.7	319	20.6	15.3 26.0	281
Female	21.8	20.0 23.7	2857	21.2	16.9 25.4	408	18.4	14.4 22.4	388	20.9	16.6 25.1	423
AGE												
18-24	27.0	22.7 31.3	577	33.9	21.4 46.4	65	22.0	12.4 31.7	81	30.0	16.5 43.5	68
25-34	26.0	22.8 29.3	932	28.6	19.9 37.4	124	24.8	16.2 33.4	130	23.2	15.6 30.9	135
35-44	26.9	23.7 30.0	1110	34.2	25.9 42.4	163	22.7	14.9 30.6	135	25.2	17.5 32.8	143
45-54	22.1	18.9 25.2	939	20.6	13.5 27.7	140	19.8	13.2 26.4	144	20.7	13.2 28.1	132
55-64	23.5	19.3 27.7	614	25.7	16.1 35.4	100	16.3	8.5 24.1	95	19.1	10.9 27.2	105
65+	9.5	6.8 12.2	771	10.9	4.9 16.9	117	12.0	6.2 17.7	119	10.2	4.5 15.9	120
18-34	26.4	23.8 29.0	1509	30.7	23.4 38.0	189	23.5	17.0 29.9	211	26.0	18.8 33.2	203
35-54	24.6	22.3 26.8	2049	27.4	21.8 32.9	303	21.3	16.1 26.5	279	22.9	17.5 28.3	275
55+	15.3	12.9 17.7	1385	16.8	11.4 22.2	217	13.7	9.0 18.4	214	13.6	8.8 18.3	225
SEX and AGE												
Male												
18-34	27.5	23.5 31.5	639	32.3	21.4 43.2	83	25.8	16.0 35.6	94	30.1	18.3 42.0	82
35-54	25.0	21.6 28.3	914	32.2	23.1 41.2	124	24.5	16.5 32.6	131	21.7	13.9 29.4	115
55+	14.4	11.0 17.9	549	20.8	11.8 29.7	95	10.2	3.9 16.5	92	9.6	3.6 15.6	83
Female												
18-34	25.3	22.1 28.6	870	29.1	19.5 38.7	106	20.8	12.9 28.7	117	21.6	14.0 29.3	121
35-54	24.2	21.2 27.2	1135	22.8	16.4 29.1	179	18.0	11.6 24.4	148	24.1	16.8 31.5	160
55+	16.0	12.7 19.3	836	13.5	7.1 19.9	122	16.7	9.9 23.5	122	16.9	9.9 23.8	142
INCOME												
<\$15,000	31.8	27.1 36.4	618	23.1	14.3 31.9	86	28.8	19.8 37.9	118	34.0	21.0 47.0	84
\$15,000 - \$24,999	27.5	24.2 30.7	1018	32.9	24.3 41.4	143	25.8	18.0 33.6	136	21.3	14.2 28.4	148
\$25,000 - \$34,999	25.5	22.1 28.9	841	34.4	25.7 43.1	141	18.9	11.2 26.5	118	23.6	15.6 31.6	119
\$35,000 - \$49,999	19.4	16.3 22.4	972	16.4	9.7 23.2	152	16.4	9.5 23.2	119	20.9	14.3 27.6	169
\$50,000+	14.9	12.2 17.5	1130	14.6	7.6 21.6	123	13.5	7.0 20.0	165	9.9	4.0 15.8	125
EMPLOYMENT												
Employed	23.9	22.1 25.7	3257	27.9	23.2 32.6	443	20.1	16.0 24.2	432	22.9	18.5 27.4	453
Unemployed	42.6	33.7 51.5	169	*	* *	*	*	* *	*	*	* *	*
Other**	16.6	14.4 18.8	1531	18.7	13.4 24.1	234	16.3	11.4 21.2	253	12.8	8.2 17.3	225
EDUCATION												
K-11th Grade	40.0	34.7 45.4	482	39.3	27.1 51.4	73	30.1	18.1 42.1	58	33.9	22.7 45.1	102
12th Grade or GED	28.7	26.2 31.3	1583	30.3	24.4 36.2	271	24.9	18.3 31.5	198	25.6	19.9 31.4	258
Some College	20.7	18.3 23.1	1638	23.7	17.2 30.3	216	21.6	15.4 27.8	216	20.7	14.7 26.8	209
College Graduate+	9.3	7.3 11.3	1256	8.3	3.9 12.8	151	9.8	5.8 13.8	232	1.9	0.0 3.7	133

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cigarette Smoking

Idaho adults who currently smoke, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	25.2	21.7	28.7	718	25.5	21.8	29.2	706	19.8	16.6	23.1	714	15.5	12.6	18.5	707
SEX																
Male	23.7	18.6	28.8	307	28.5	22.4	34.5	287	17.5	12.9	22.2	310	16.7	12.3	21.0	303
Female	26.6	21.8	31.4	411	22.6	18.3	26.9	419	22.0	17.4	26.5	404	14.4	10.5	18.4	404
AGE																
18-24	28.9	19.4	38.4	102	38.4	24.3	52.4	71	19.2	10.0	28.4	97	17.0	9.2	24.9	93
25-34	28.1	20.9	35.3	173	31.4	21.5	41.3	134	20.6	12.3	28.9	119	22.5	14.4	30.6	117
35-44	27.0	19.7	34.3	167	31.3	23.7	38.8	165	24.0	17.1	31.0	168	20.4	13.2	27.6	169
45-54	27.3	19.0	35.5	131	24.7	16.5	32.9	134	24.0	16.0	32.0	124	9.7	4.5	14.8	134
55-64	29.4	17.8	41.0	72	25.4	14.8	36.1	79	26.4	15.6	37.2	80	12.9	5.2	20.5	83
65+	10.6	1.6	19.6	66	8.0	3.0	13.0	120	5.8	1.7	10.0	121	8.1	2.6	13.6	108
18-34	28.4	22.7	34.2	275	34.1	26.1	42.0	205	20.0	13.8	26.3	216	19.9	14.2	25.6	210
35-54	27.1	21.6	32.6	298	28.2	22.6	33.7	299	24.0	18.8	29.3	292	15.4	10.8	19.9	303
55+	19.1	11.7	26.5	138	14.7	9.4	20.0	199	14.4	9.0	19.8	201	10.2	5.6	14.7	191
SEX and AGE																
Male																
18-34	29.1	20.5	37.8	123	34.3	21.0	47.5	73	18.2	9.1	27.3	88	20.0	11.7	28.3	96
35-54	25.5	17.4	33.6	128	31.0	22.7	39.4	139	19.9	12.8	27.1	139	17.0	10.6	23.4	138
55+	14.3	4.4	24.3	53	19.0	9.6	28.4	75	13.5	5.9	21.0	82	11.4	3.8	18.9	69
Female																
18-34	27.7	20.2	35.2	152	33.8	24.7	42.8	132	21.9	13.5	30.4	128	19.8	12.0	27.6	114
35-54	28.7	21.3	36.1	170	25.2	18.0	32.5	160	28.1	20.4	35.7	153	13.7	7.1	20.2	165
55+	22.9	12.5	33.4	85	11.1	5.6	16.6	124	15.2	7.6	22.8	119	9.1	3.6	14.6	122
INCOME																
<\$15,000	48.0	34.1	61.9	65	31.4	19.4	43.4	76	26.8	17.0	36.5	105	19.9	10.8	28.9	84
\$15,000 - \$24,999	30.2	20.8	39.6	114	28.4	21.4	35.3	189	25.2	17.3	33.2	146	25.8	17.4	34.3	142
\$25,000 - \$34,999	24.6	16.9	32.2	130	29.8	20.5	39.0	121	22.9	14.6	31.2	115	18.0	9.7	26.3	97
\$35,000 - \$49,999	22.3	14.4	30.2	133	26.7	16.4	37.0	125	16.2	9.3	23.0	130	12.4	6.5	18.2	144
\$50,000+	20.1	14.0	26.1	229	14.4	8.2	20.6	138	11.3	6.2	16.3	170	8.9	4.6	13.2	180
EMPLOYMENT																
Employed	26.6	22.3	31.0	511	27.1	22.6	31.6	482	21.4	17.3	25.4	462	15.8	12.2	19.4	474
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	19.6	13.7	25.4	187	19.2	12.3	26.0	197	13.9	8.5	19.3	227	12.8	7.7	17.9	208
EDUCATION																
K-11th Grade	*	*	*	*	44.8	33.5	56.1	93	27.7	14.8	40.5	59	34.6	20.3	48.8	51
12th Grade or GED	31.6	24.6	38.5	192	33.1	26.5	39.8	236	24.2	18.0	30.4	225	27.0	20.2	33.8	203
Some College	21.4	15.7	27.1	253	21.4	14.7	28.0	240	23.1	17.2	29.0	251	12.7	8.2	17.1	253
College Graduate+	16.8	11.4	22.2	227	3.4	0.7	6.1	136	7.3	3.4	11.2	178	3.6	1.0	6.1	199

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Fruit and Vegetable Consumption

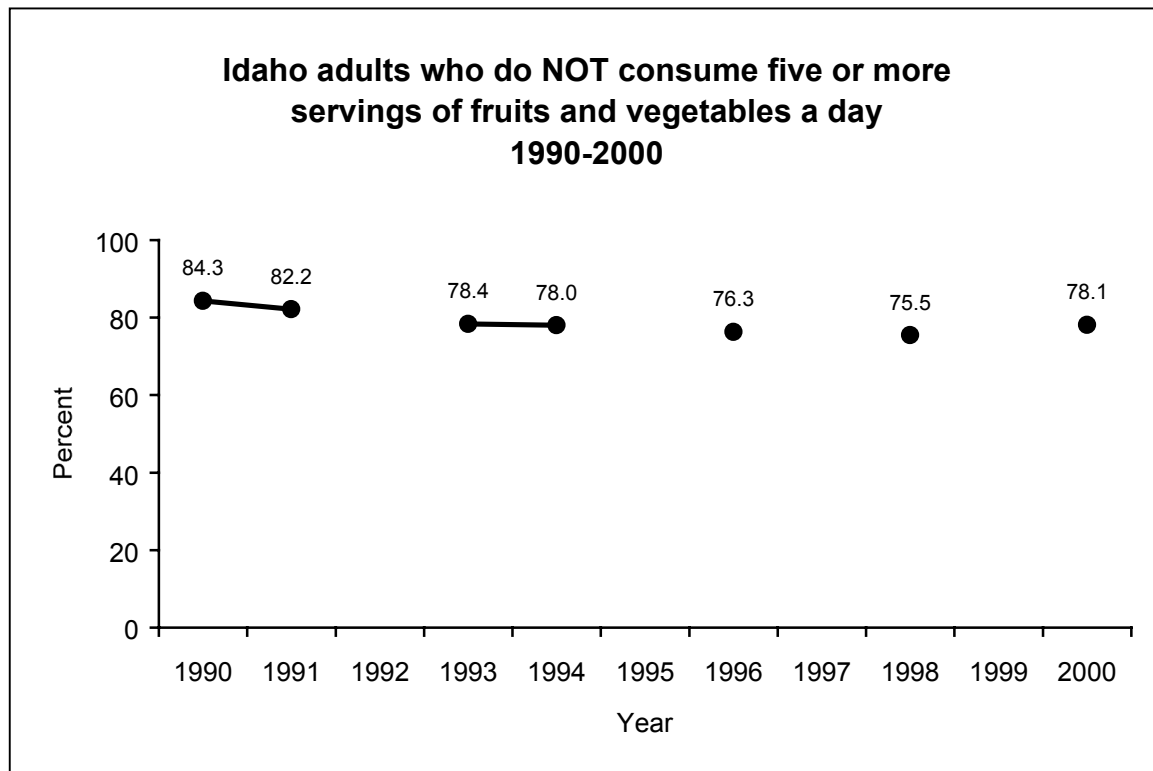
Question: Including carrots, potatoes, green salad, other vegetables, fruit and fruit juices, how often do you eat fruits and vegetables?

Note: This variable is constructed from six different questions.

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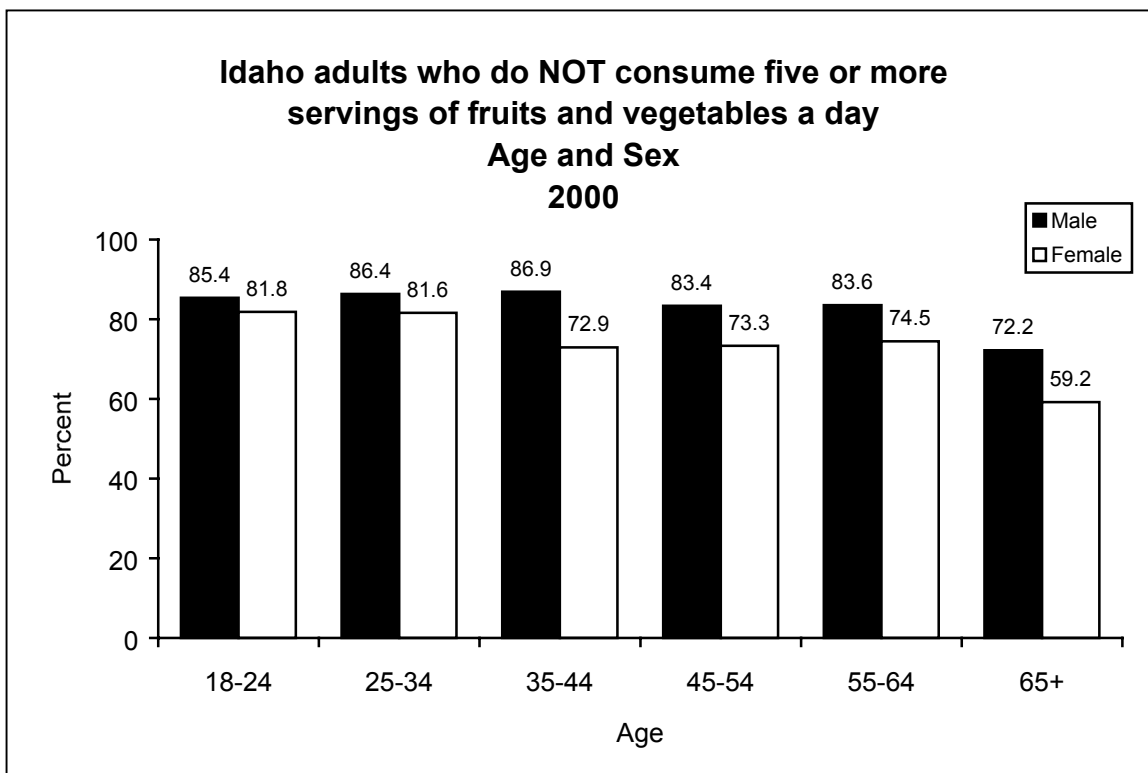
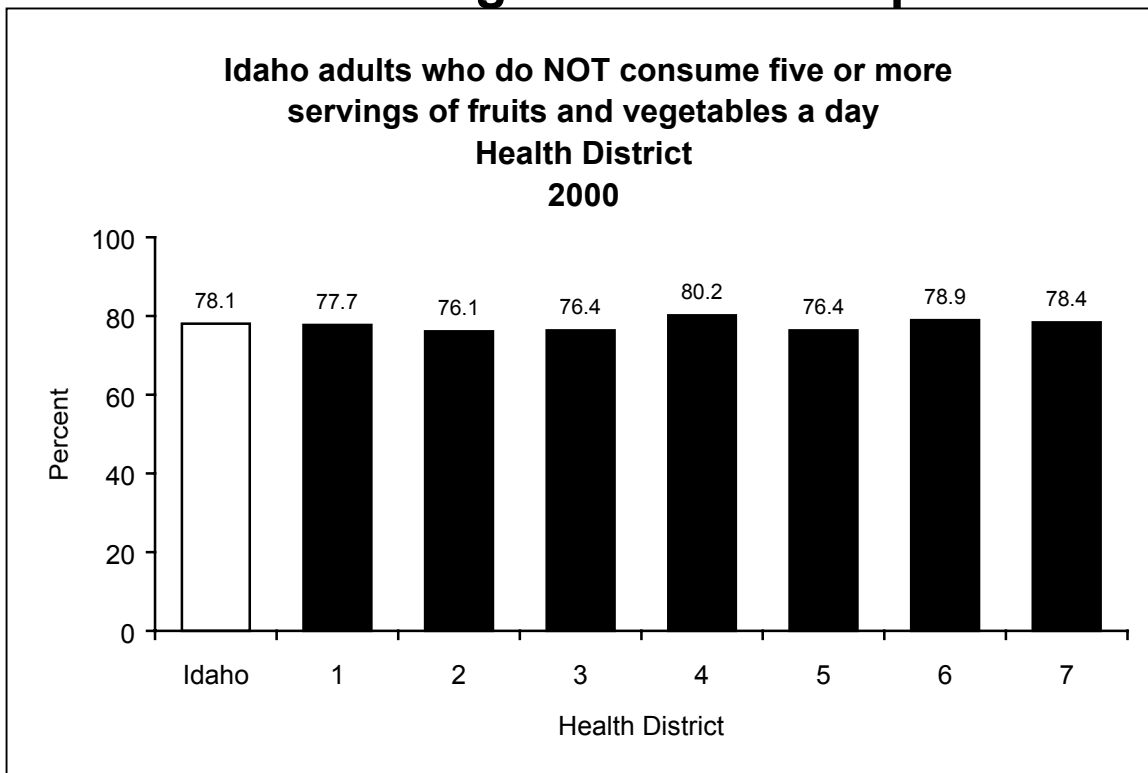
Highlights

- Seventy-three percent (73.1%) of females report not eating five or more servings of fruits and vegetables, compared with 83.3% of males.
- Fruit and vegetable consumption differs by education: 81.0% of those with a K-11th grade education do not eat five or more servings of fruits and vegetables, compared with 73.9% of college graduates.
- Those in the 18-34 age group (83.9%) are more likely to not have had five or more daily servings of fruits and vegetables than those in the 35-54 age group (79.1%) and those in the 55+ age group (70.6%).
- Idaho adults who are overweight are more likely to not eat five servings of fruits and vegetables per day (80.9%) than are those who are not overweight (74.8%).



Breaks in the trend line indicate that data are not available for those years.

Fruit and Vegetable Consumption



Fruit and Vegetable Consumption

Idaho adults who do NOT consume five or more servings
of fruits and vegetables a day, 2000

	State				Health District											
					District 1				District 2				District 3			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	78.1	76.7	79.5	4808	77.7	74.4	81.0	700	76.1	72.6	79.5	682	76.4	72.7	80.0	677
SEX																
Male	83.3	81.4	85.2	2035	82.7	78.1	87.2	297	83.3	78.8	87.8	308	82.4	77.2	87.6	270
Female	73.1	71.2	75.1	2773	73.1	68.3	77.8	403	68.8	63.7	73.8	374	70.7	65.7	75.6	407
AGE																
18-24	83.7	80.3	87.1	565	73.6	61.8	85.3	65	80.6	71.7	89.6	81	89.6	81.6	97.5	64
25-34	84.0	81.3	86.8	913	88.6	83.2	94.0	122	83.5	76.8	90.2	128	84.5	77.8	91.1	131
35-44	79.8	77.0	82.6	1084	83.2	77.3	89.1	162	74.5	66.8	82.2	132	79.0	71.5	86.5	142
45-54	78.3	75.3	81.4	920	74.8	66.9	82.6	139	82.6	75.9	89.2	138	76.5	68.4	84.7	129
55-64	78.9	75.2	82.7	588	78.2	69.7	86.6	96	77.4	68.5	86.3	91	76.6	67.9	85.3	103
65+	64.7	60.4	68.9	715	67.9	58.8	77.1	113	58.6	48.6	68.6	110	56.6	46.3	66.9	107
18-34	83.9	81.7	86.0	1478	82.6	76.7	88.5	187	82.1	76.6	87.6	209	86.6	81.4	91.7	195
35-54	79.1	77.0	81.2	2004	79.0	74.0	83.9	301	78.4	73.3	83.6	270	77.8	72.3	83.3	271
55+	70.6	67.7	73.6	1303	72.0	65.5	78.5	209	66.2	59.1	73.4	201	64.7	57.4	72.1	210
SEX and AGE																
Male																
18-34	86.0	82.8	89.1	630	87.3	79.1	95.4	82	82.6	74.4	90.8	93	86.1	77.9	94.2	80
35-54	85.2	82.4	88.0	892	83.8	76.9	90.6	123	90.9	86.0	95.8	127	85.9	78.5	93.2	113
55+	77.3	73.1	81.6	505	77.0	67.9	86.2	90	74.0	63.9	84.2	87	73.6	62.6	84.7	76
Female																
18-34	81.7	78.8	84.6	848	77.7	69.2	86.2	105	81.5	74.1	88.9	116	87.1	81.1	93.1	115
35-54	73.1	70.1	76.1	1112	74.4	67.4	81.4	178	65.6	57.2	74.0	143	70.1	62.1	78.0	158
55+	65.1	61.1	69.2	798	67.8	58.7	76.9	119	59.4	49.6	69.2	114	57.4	48.0	66.9	134
INCOME																
<\$15,000	77.9	74.2	81.7	589	75.0	65.2	84.8	83	76.6	67.8	85.3	110	76.8	66.5	87.1	82
\$15,000 - \$24,999	78.7	75.7	81.7	974	81.3	74.1	88.5	135	78.1	70.3	86.0	133	75.5	67.5	83.5	144
\$25,000 - \$34,999	80.0	76.9	83.1	825	78.2	70.5	85.9	140	74.0	65.4	82.5	113	76.6	67.8	85.4	118
\$35,000 - \$49,999	79.2	76.2	82.3	952	83.1	76.8	89.5	152	75.4	67.0	83.9	115	81.4	75.3	87.6	163
\$50,000+	76.9	74.0	79.8	1117	71.2	62.6	79.7	123	77.1	70.3	84.0	163	74.3	65.6	83.1	123
EMPLOYMENT																
Employed	81.4	79.9	83.0	3185	79.4	75.4	83.4	437	79.8	75.7	83.9	420	80.9	76.8	85.0	440
Unemployed	82.3	75.7	88.9	165	*	*	*	*	*	*	*	*	*	*	*	*
Other**	70.5	67.6	73.3	1452	75.5	69.3	81.6	230	69.0	62.7	75.3	242	64.5	57.2	71.8	212
EDUCATION																
K-11th Grade	81.0	76.8	85.2	443	85.8	77.7	93.8	69	65.9	51.3	80.5	52	73.5	63.1	83.9	94
12th Grade or GED	82.8	80.6	85.0	1516	83.3	78.5	88.0	270	84.1	78.7	89.6	186	81.1	75.8	86.4	247
Some College	76.0	73.5	78.5	1604	74.7	68.2	81.2	213	76.2	69.9	82.5	210	75.1	68.3	81.8	203
College Graduate+	73.9	71.0	76.7	1238	67.5	59.3	75.7	148	70.9	64.6	77.2	231	71.4	62.9	80.0	131

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Fruit and Vegetable Consumption

Idaho adults who do NOT consume five or more servings
of fruits and vegetables a day, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	80.2	76.9	83.5	692	76.4	72.7	80.1	686	78.9	75.6	82.3	688	78.4	75.1	81.6	683
SEX																
Male	84.4	79.9	88.9	291	82.6	77.2	88.0	280	82.9	78.1	87.7	296	83.8	79.2	88.4	293
Female	76.2	71.5	81.0	401	70.3	65.4	75.2	406	75.2	70.4	80.0	392	73.1	68.5	77.8	390
AGE																
18-24	86.8	79.8	93.8	100	78.3	67.2	89.4	71	85.7	76.9	94.6	94	85.5	77.5	93.5	90
25-34	81.3	74.8	87.8	167	82.9	73.5	92.2	131	82.7	75.6	89.8	118	87.6	81.6	93.5	116
35-44	78.1	71.5	84.7	162	81.9	75.6	88.3	161	83.2	76.0	90.4	163	78.7	72.0	85.3	162
45-54	82.9	75.9	89.9	127	78.4	70.8	86.0	132	75.8	67.5	84.0	123	74.3	66.3	82.2	132
55-64	83.7	74.3	93.1	67	81.1	71.5	90.7	76	74.3	63.8	84.9	75	75.5	65.6	85.4	80
65+	70.5	58.4	82.6	63	58.8	49.1	68.6	111	71.6	62.7	80.4	110	64.7	54.7	74.7	101
18-34	83.5	78.7	88.3	267	81.1	73.9	88.3	202	83.9	78.4	89.4	212	86.6	81.6	91.5	206
35-54	80.3	75.5	85.1	289	80.2	75.3	85.1	293	79.7	74.3	85.1	286	76.5	71.3	81.7	294
55+	76.3	68.3	84.3	130	67.7	60.5	74.9	187	72.7	65.9	79.5	185	69.4	62.2	76.6	181
SEX and AGE																
Male																
18-34	86.5	80.1	92.9	119	84.9	73.1	96.8	72	85.2	77.7	92.7	87	87.6	80.3	94.9	97
35-54	84.6	77.8	91.4	122	85.5	79.3	91.8	138	83.9	76.1	91.7	136	84.9	78.3	91.5	133
55+	*	*	*	*	76.9	66.6	87.2	69	79.9	70.3	89.5	72	76.2	65.3	87.2	63
Female																
18-34	80.5	73.4	87.6	148	76.9	69.2	84.7	130	82.5	74.6	90.5	125	85.6	78.9	92.2	109
35-54	76.2	69.4	83.0	167	74.7	67.1	82.3	155	75.4	67.8	83.0	150	68.3	60.5	76.1	161
55+	72.7	61.7	83.7	82	60.3	50.6	70.0	118	67.2	57.9	76.5	113	63.8	54.5	73.1	118
INCOME																
<\$15,000	86.8	78.3	95.2	62	68.5	56.6	80.3	73	79.1	70.3	87.8	97	76.0	65.0	86.9	82
\$15,000 - \$24,999	82.6	74.3	90.8	109	82.7	76.6	88.8	177	70.3	61.8	78.9	141	76.2	68.8	83.6	135
\$25,000 - \$34,999	82.9	75.9	89.8	128	78.6	70.7	86.6	121	82.7	75.2	90.3	111	83.9	76.0	91.8	94
\$35,000 - \$49,999	78.6	70.7	86.5	128	76.0	65.8	86.2	122	83.0	76.5	89.5	129	74.0	66.4	81.7	143
\$50,000+	77.3	71.3	83.4	225	75.9	68.2	83.5	137	80.9	74.6	87.2	169	79.4	73.1	85.7	177
EMPLOYMENT																
Employed	82.8	79.2	86.4	498	81.4	77.6	85.2	474	81.9	78.0	85.7	455	81.8	78.0	85.5	461
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	73.7	66.4	81.1	176	64.8	56.5	73.1	185	72.1	65.4	78.7	209	69.2	62.3	76.1	198
EDUCATION																
K-11th Grade	*	*	*	*	88.8	81.5	96.0	88	86.2	76.3	96.2	52	*	*	*	*
12th Grade or GED	85.1	79.2	91.0	178	77.2	71.2	83.2	227	83.3	77.3	89.4	217	86.0	80.9	91.1	191
Some College	78.7	73.0	84.3	250	71.3	64.1	78.5	236	78.2	72.7	83.7	243	74.8	69.0	80.7	249
College Graduate+	77.6	71.5	83.7	222	75.7	67.8	83.5	134	72.5	65.3	79.7	175	75.0	68.6	81.4	197

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Overweight

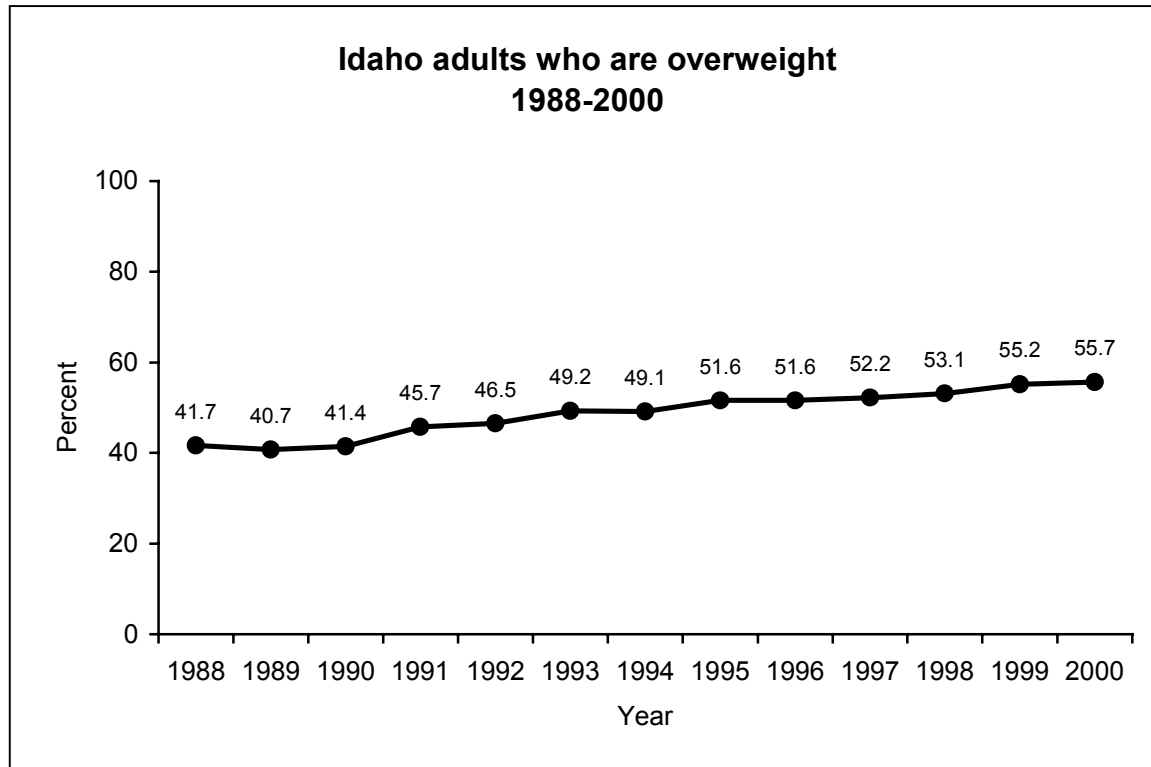
Question: About how much do you weigh without shoes? About how tall are you without shoes?

Appendix A, p. 80

Definition: The BRFSS uses self-reported weight and height to calculate the Body Mass Index (BMI), defined as weight in kilograms divided by the square of height in meters. A BMI of greater than or equal to 25.0 for both men and women is considered overweight.

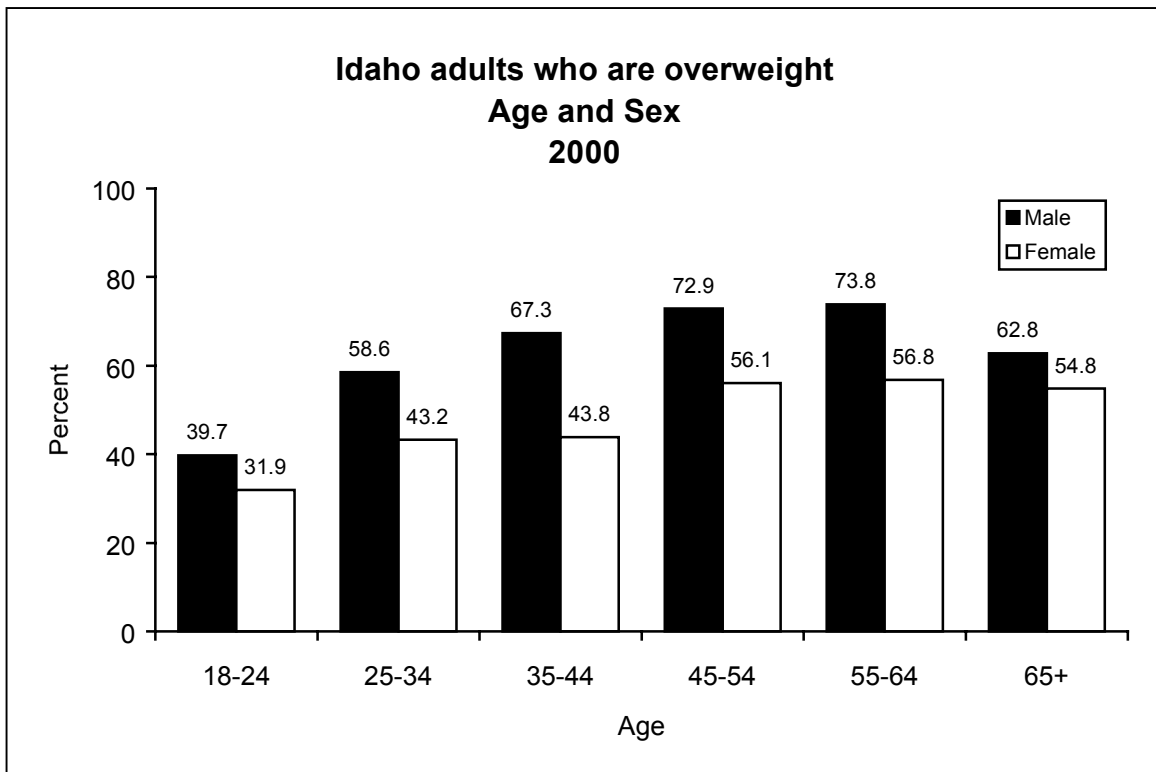
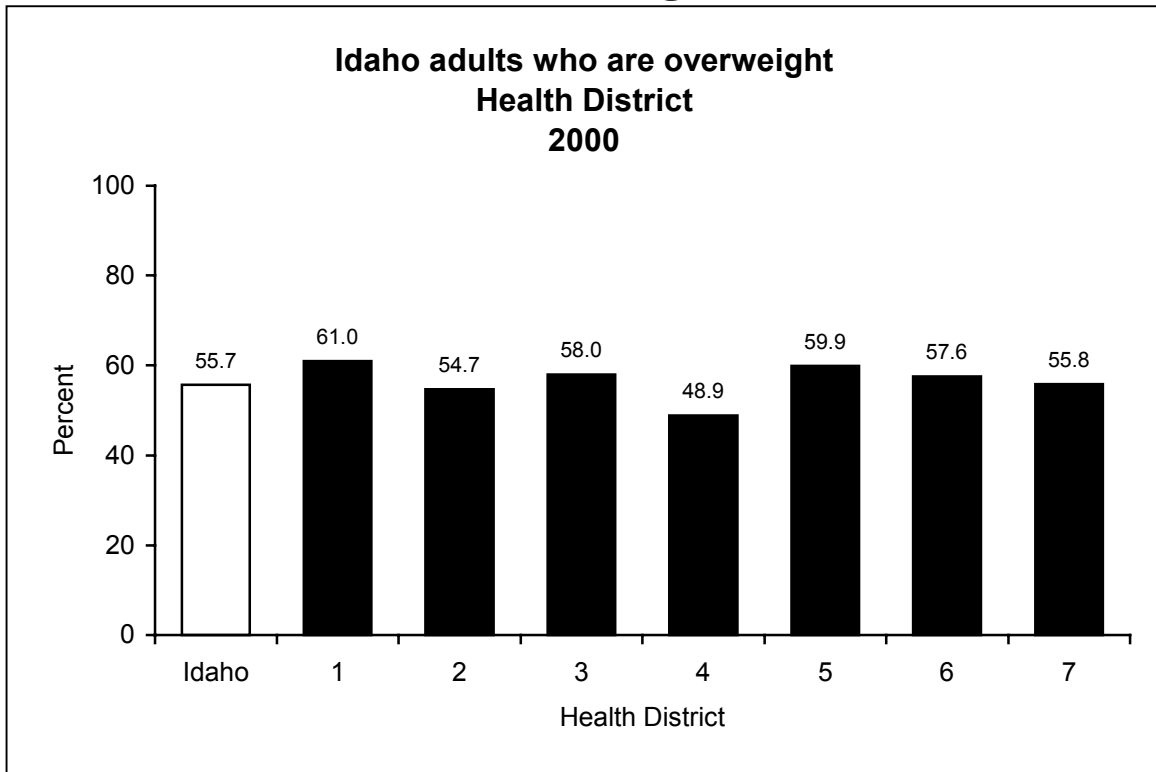
Highlights

- The trend for overweight has been increasing steadily since 1988.
- Males are more likely to be overweight than females (63.1% males, 48.1% females).
- Fifty-two percent (51.7%) of Idaho adults who are overweight are trying to lose weight, compared with 18.5% of those who are not overweight.
- Fifteen percent (15.2%) of those who are overweight report fair or poor health, compared with 10.5% of those who are not overweight.



Results may differ from previous publications due to revisions in the risk factor calculation.

Overweight



Overweight

Idaho adults who are overweight, 2000

	State			Health District								
				District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	55.7	54.0 57.3	4781	61.0	57.0 65.0	693	54.7	50.6 58.9	677	58.0	53.8 62.2	685
SEX												
Male	63.1	60.7 65.6	2102	70.0	64.4 75.6	305	61.5	55.4 67.6	316	60.9	54.4 67.5	281
Female	48.1	45.9 50.3	2679	52.0	46.4 57.6	388	47.5	41.8 53.1	361	55.1	49.8 60.4	404
AGE												
18-24	36.0	31.3 40.6	567	42.3	27.4 57.1	64	27.1	16.6 37.5	79	32.2	20.3 44.2	67
25-34	51.3	47.6 55.0	898	58.7	49.0 68.3	119	52.2	42.3 62.2	126	49.0	39.5 58.4	132
35-44	56.0	52.5 59.6	1051	63.4	55.5 71.3	157	61.2	52.3 70.0	129	63.1	54.3 71.9	139
45-54	64.7	61.0 68.4	911	65.4	57.0 73.8	137	60.3	51.3 69.4	135	71.1	62.3 80.0	127
55-64	65.5	60.8 70.1	592	72.7	62.9 82.5	98	70.3	60.3 80.2	91	70.1	60.9 79.4	104
65+	58.4	54.1 62.7	749	58.7	49.2 68.3	117	59.4	49.9 68.9	115	57.9	48.2 67.7	115
18-34	44.8	41.8 47.7	1465	52.1	43.8 60.4	183	39.9	32.3 47.5	205	42.0	34.0 49.9	199
35-54	60.2	57.7 62.8	1962	64.4	58.7 70.2	294	60.8	54.4 67.1	264	67.1	60.8 73.4	266
55+	61.3	58.1 64.5	1341	64.3	57.2 71.3	215	63.7	56.7 70.7	206	62.7	55.7 69.8	219
SEX and AGE												
Male												
18-34	50.7	46.2 55.1	633	57.7	46.3 69.1	83	43.7	32.5 54.9	92	40.3	28.4 52.1	82
35-54	70.0	66.4 73.6	913	76.8	69.2 84.4	124	69.5	61.0 78.0	131	75.2	66.2 84.1	115
55+	67.7	63.0 72.4	550	72.8	62.6 83.0	97	71.8	62.1 81.6	92	65.2	54.3 76.0	83
Female												
18-34	38.4	34.6 42.2	832	46.0	33.9 58.2	100	35.6	25.2 46.0	113	43.9	34.2 53.5	117
35-54	49.8	46.2 53.3	1049	51.8	43.8 59.9	170	50.9	41.8 59.9	133	58.9	50.3 67.4	151
55+	55.6	51.4 59.8	791	56.6	46.9 66.2	118	56.0	46.2 65.7	114	60.6	51.5 69.7	136
INCOME												
<\$15,000	51.6	46.7 56.6	592	59.9	48.3 71.5	81	50.0	39.0 60.9	109	51.9	38.8 65.0	84
\$15,000 - \$24,999	55.2	51.5 58.9	991	63.2	54.4 72.1	141	55.2	45.9 64.5	132	59.2	49.5 69.0	145
\$25,000 - \$34,999	56.1	52.2 60.1	821	64.1	55.4 72.8	138	55.6	45.6 65.6	115	59.5	49.7 69.3	117
\$35,000 - \$49,999	56.8	53.1 60.5	943	58.6	50.0 67.1	147	57.7	48.2 67.3	116	56.6	48.5 64.8	165
\$50,000+	56.7	53.2 60.2	1095	60.9	51.8 70.1	123	54.2	45.8 62.6	161	66.6	57.2 76.0	122
EMPLOYMENT												
Employed	56.5	54.4 58.5	3142	61.6	56.6 66.5	430	56.0	50.6 61.3	415	59.8	54.7 64.9	446
Unemployed	54.2	44.9 63.4	164	*	* *	*	*	* *	*	*	* *	*
Other**	54.3	51.2 57.3	1466	60.3	53.4 67.2	230	52.5	45.6 59.4	241	56.4	49.2 63.7	216
EDUCATION												
K-11th Grade	60.7	55.3 66.0	464	69.5	57.9 81.1	70	70.2	57.0 83.3	56	60.1	48.5 71.7	99
12th Grade or GED	55.0	52.1 58.0	1521	61.7	55.2 68.2	266	53.7	45.9 61.6	190	55.0	48.1 61.9	250
Some College	56.9	53.9 59.8	1576	59.1	51.7 66.5	208	58.2	50.6 65.8	205	60.9	53.0 68.8	201
College Graduate+	53.1	49.7 56.4	1214	57.8	49.2 66.4	149	48.4	41.3 55.5	224	58.0	48.9 67.1	133

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Overweight

Idaho adults who are overweight, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	48.9	44.6	53.1	683	59.9	55.7	64.0	679	57.6	53.6	61.5	692	55.8	51.6	60.1	672
SEX																
Male	59.1	52.9	65.3	301	65.5	59.5	71.5	288	63.4	57.5	69.2	308	64.9	59.0	70.8	303
Female	38.4	32.9	43.9	382	54.0	48.5	59.5	391	51.8	46.3	57.2	384	46.4	40.8	52.1	369
AGE																
18-24	35.2	24.9	45.5	101	41.5	27.3	55.6	70	35.9	24.9	46.8	94	37.8	26.7	48.9	92
25-34	44.4	36.3	52.6	166	59.7	50.1	69.2	129	47.8	37.6	58.1	114	55.6	46.0	65.2	112
35-44	43.4	34.8	51.9	154	60.1	51.8	68.4	153	60.3	51.9	68.8	161	57.9	49.5	66.3	158
45-54	60.4	51.1	69.7	128	67.7	59.0	76.4	130	66.3	57.5	75.1	123	64.5	55.6	73.5	131
55-64	46.7	33.9	59.5	67	75.1	64.5	85.6	76	75.4	65.1	85.6	78	67.1	56.0	78.1	78
65+	61.0	47.7	74.2	63	54.6	45.0	64.1	119	60.1	50.7	69.5	119	55.5	44.9	66.0	101
18-34	40.7	34.3	47.1	267	52.6	44.3	60.9	199	43.0	35.4	50.6	208	46.9	39.5	54.3	204
35-54	51.4	45.0	57.8	282	63.8	57.6	69.9	283	63.1	57.0	69.3	284	61.1	54.9	67.3	289
55+	54.6	45.2	64.0	130	62.3	55.0	69.6	195	66.4	59.4	73.5	197	60.6	52.8	68.4	179
SEX and AGE																
Male																
18-34	48.8	39.0	58.6	120	59.3	46.8	71.8	73	51.0	39.6	62.3	86	55.8	45.0	66.6	97
35-54	63.5	54.4	72.6	128	68.4	60.0	76.7	139	70.7	62.2	79.2	139	73.0	64.8	81.1	137
55+	63.8	49.7	78.0	52	69.0	58.2	79.9	75	68.9	58.4	79.3	82	65.9	54.0	77.8	69
Female																
18-34	32.2	24.2	40.2	147	45.0	35.5	54.4	126	34.4	24.7	44.1	122	37.5	27.6	47.4	107
35-54	38.2	29.7	46.6	154	58.7	49.7	67.6	144	55.3	46.5	64.0	145	48.3	39.6	57.0	152
55+	46.4	34.2	58.6	78	56.5	46.8	66.1	120	64.3	54.8	73.9	115	55.5	45.5	65.6	110
INCOME																
<\$15,000	44.9	30.7	59.0	63	56.2	43.7	68.7	75	48.6	37.7	59.4	101	54.9	41.7	68.1	79
\$15,000 - \$24,999	48.5	37.9	59.0	111	56.3	48.2	64.3	184	53.3	43.8	62.8	140	51.9	42.8	61.0	138
\$25,000 - \$34,999	44.8	34.9	54.7	127	57.0	46.9	67.0	113	60.9	51.1	70.7	114	61.4	51.0	71.9	97
\$35,000 - \$49,999	47.8	38.0	57.5	126	69.0	60.0	78.0	120	59.6	50.6	68.6	129	58.2	49.2	67.1	140
\$50,000+	51.8	44.4	59.2	218	59.3	50.4	68.1	134	58.5	50.5	66.4	165	56.6	48.4	64.7	172
EMPLOYMENT																
Employed	50.5	45.6	55.5	487	60.3	55.4	65.3	464	54.9	49.9	59.9	446	58.0	52.9	63.0	454
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	45.0	36.7	53.3	176	59.7	51.9	67.4	188	61.0	54.0	67.9	221	51.3	43.4	59.2	194
EDUCATION																
K-11th Grade	*	*	*	*	62.4	51.4	73.5	89	55.9	41.5	70.3	56	*	*	*	*
12th Grade or GED	44.3	36.2	52.4	180	59.2	52.1	66.2	228	57.2	50.0	64.4	219	60.3	52.6	68.0	188
Some College	53.5	46.4	60.6	241	63.6	56.6	70.6	233	59.3	52.6	65.9	244	48.7	41.6	55.7	244
College Graduate+	47.7	40.3	55.2	217	52.5	43.2	61.9	128	56.2	48.1	64.2	172	58.6	51.0	66.2	191

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

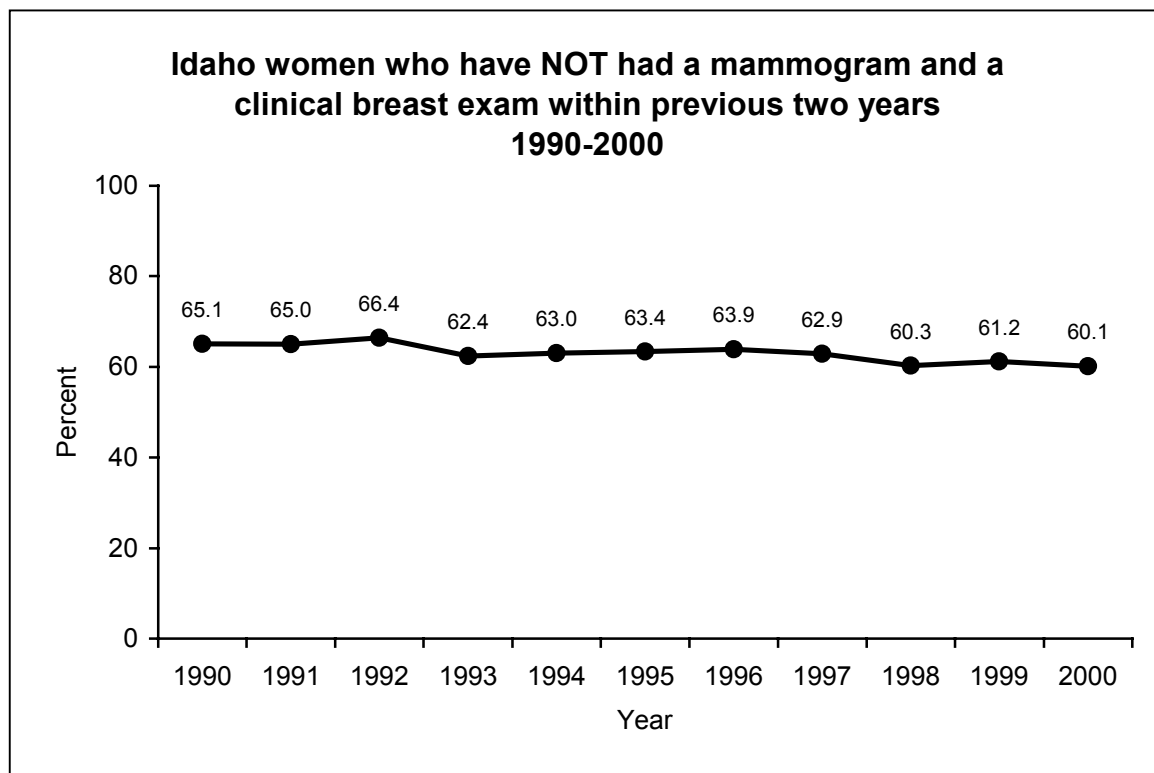
Breast Cancer Screening

Question: How long has it been since your last mammogram? How long has it been since your last clinical breast exam?

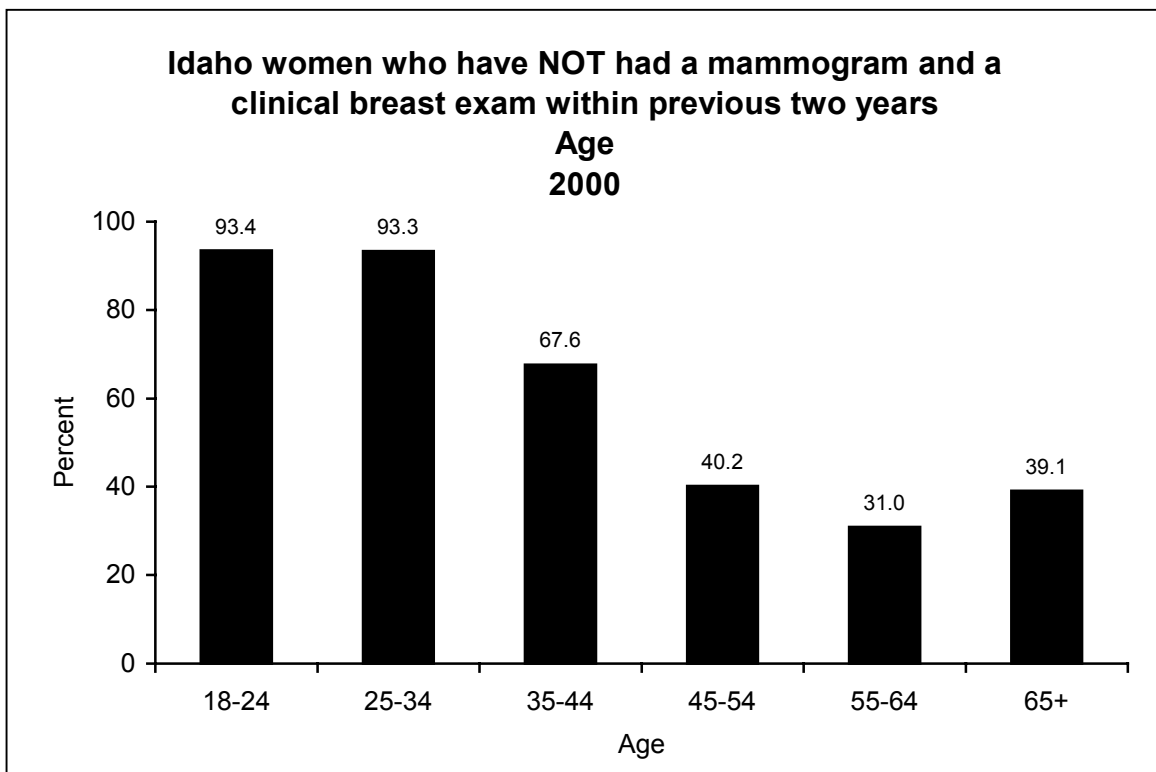
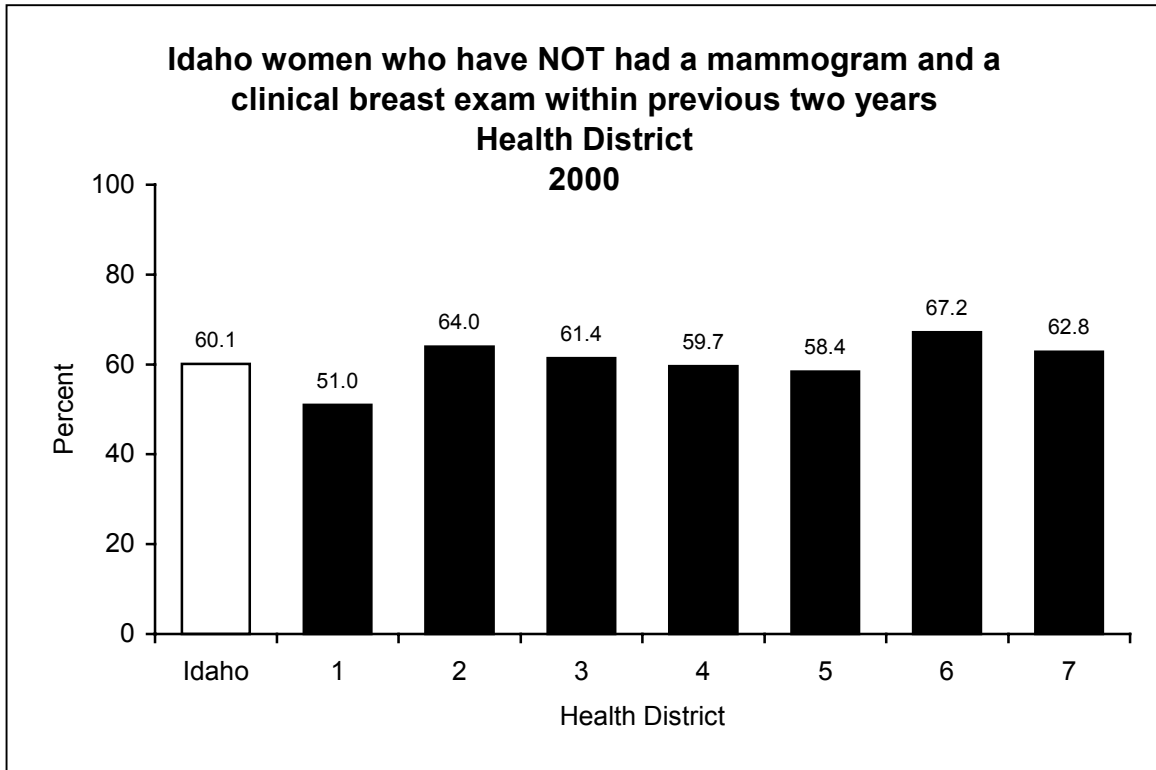
Appendix A, p. 80-81

Highlights

- Those in the older age categories are more likely to have had both breast cancer screenings in the past 2 years.
- The highest income category (\$50,000+) has the lowest percent of women that have not had both screenings in the past two years (49.6%), when compared with the other income categories.
- Breast cancer screening increases as education level increases.
- Thirty-seven percent (36.7%) of women 40 and older with health care coverage have not had both a mammogram and a clinical breast exam in the past two years, compared with 62.7% of women 40 and older without health care coverage.



Breast Cancer Screening



Breast Cancer Screening

Idaho women who have NOT had a mammogram and a clinical breast exam
within previous two years, 2000

	State			Health District								
				District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	60.1	58.0 62.3	2829	51.0	45.7 56.3	405	64.0	58.9 69.1	381	61.4	56.4 66.5	419
AGE												
18-24	93.4	90.6 96.2	321	*	*	*	*	*	*	*	*	*
25-34	93.3	91.0 95.6	545	82.8	74.1 91.6	77	92.6	86.5 98.6	73	94.8	89.8 99.8	77
35-44	67.6	63.5 71.8	622	64.0	54.1 73.8	104	66.6	54.8 78.4	68	71.4	61.1 81.8	82
45-54	40.2	35.1 45.2	507	35.4	23.7 47.2	74	42.0	30.0 54.1	80	32.4	21.3 43.6	77
55-64	31.0	25.4 36.5	356	19.9	9.5 30.3	54	*	*	*	29.0	17.9 40.0	67
65+	39.1	33.8 44.4	465	27.5	16.6 38.3	69	39.8	27.8 51.9	71	51.9	39.5 64.3	72
18-34	93.4	91.6 95.1	866	88.4	82.5 94.4	104	94.3	90.2 98.4	117	94.7	90.8 98.6	121
35-54	54.6	51.2 58.0	1129	49.9	41.9 57.8	178	54.6	46.1 63.1	148	52.0	43.5 60.4	159
55+	36.0	32.0 39.9	821	24.6	16.7 32.5	123	44.2	34.6 53.9	115	43.8	34.5 53.0	139
18-39	91.4	89.6 93.1	1175	88.1	83.1 93.1	159	91.4	86.7 96.0	154	90.7	86.1 95.2	164
40-49	48.0	43.3 52.8	589	39.0	27.5 50.5	83	52.6	40.3 64.9	73	48.7	36.6 60.8	76
40+	40.0	37.1 42.8	1641	29.9	23.9 36.0	246	44.2	37.2 51.1	226	43.5	36.8 50.2	255
50+	35.7	32.3 39.2	1052	26.2	19.2 33.1	163	40.2	31.8 48.5	153	41.4	33.3 49.4	179
INCOME												
<\$15,000	69.7	64.6 74.9	415	58.8	44.1 73.4	55	79.4	69.9 88.9	67	61.2	47.6 74.8	60
\$15,000 - \$24,999	67.2	62.7 71.7	607	59.8	47.4 72.2	75	73.4	63.3 83.4	79	68.5	58.2 78.8	96
\$25,000 - \$34,999	61.8	56.5 67.0	459	43.1	30.8 55.5	71	63.4	49.8 77.0	57	61.3	48.2 74.4	62
\$35,000 - \$49,999	59.1	54.2 64.0	528	51.0	39.8 62.3	85	68.1	55.5 80.8	59	65.2	55.6 74.8	99
\$50,000+	49.6	44.7 54.6	565	45.2	32.9 57.4	71	47.8	36.6 59.0	88	52.6	39.5 65.8	64
EMPLOYMENT												
Employed	63.3	60.6 66.1	1683	55.7	48.8 62.5	236	67.3	60.6 73.9	217	64.1	57.5 70.6	240
Unemployed	72.7	62.1 83.3	96	*	*	*	*	*	*	*	*	*
Other**	54.5	50.9 58.0	1045	43.0	34.1 51.9	150	58.5	50.1 66.8	154	58.7	50.6 66.8	166
EDUCATION												
K-11th Grade	65.0	57.7 72.4	276	*	*	*	*	*	*	65.7	52.5 78.9	61
12th Grade or GED	61.4	57.7 65.1	924	56.8	48.3 65.2	148	64.6	55.4 73.8	112	63.0	54.7 71.2	152
Some College	59.8	56.2 63.4	1002	50.5	40.9 60.1	128	62.2	52.7 71.7	119	60.4	51.4 69.3	135
College Graduate+	56.0	51.5 60.5	623	43.3	32.0 54.5	87	64.5	55.3 73.8	117	56.3	43.9 68.6	71

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Breast Cancer Screening

Idaho women who have NOT had a mammogram and a clinical breast exam
within previous two years, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	59.7	54.2	65.1	408	58.4	53.0	63.8	415	67.2	62.1	72.3	402	62.8	57.7	67.9	399
AGE																
18-24	94.9	89.2	100.0	57	*	*	*	*	87.7	78.3	97.2	54	*	*	*	*
25-34	92.4	86.8	97.9	95	94.7	89.8	99.5	84	99.3	98.0	100.0	74	98.4	95.2	100.0	65
35-44	70.5	61.2	79.8	102	66.0	55.4	76.6	89	67.9	57.1	78.7	89	62.3	51.2	73.3	88
45-54	42.3	29.8	54.9	68	37.9	25.0	50.8	70	57.4	44.0	70.8	63	35.6	24.0	47.1	75
55-64	*	*	*	*	32.4	18.8	46.0	51	*	*	*	*	32.1	19.0	45.1	54
65+	*	*	*	*	39.8	27.9	51.7	73	48.6	36.3	60.9	73	48.5	35.4	61.5	66
18-34	93.4	89.3	97.4	152	94.1	89.7	98.5	130	94.6	90.6	98.7	128	94.1	89.2	99.0	114
35-54	57.6	49.5	65.6	170	52.6	43.9	61.3	159	63.1	54.5	71.6	152	49.6	41.2	58.1	163
55+	27.4	17.0	37.8	82	37.1	28.1	46.2	124	46.2	36.4	56.0	118	41.6	32.0	51.2	120
18-39	92.1	88.3	95.9	199	92.2	87.9	96.5	173	92.6	88.4	96.7	172	92.2	87.6	96.8	154
40-49	51.8	40.9	62.8	96	45.7	33.5	58.0	82	54.5	42.5	66.5	82	40.6	29.4	51.8	97
40+	38.2	30.9	45.4	205	39.0	32.3	45.8	240	50.8	43.7	57.9	226	40.2	33.4	47.1	243
50+	29.1	20.0	38.3	109	35.9	27.9	44.0	158	48.6	39.8	57.5	144	40.0	31.4	48.6	146
INCOME																
<\$15,000	*	*	*	*	54.4	40.0	68.8	55	81.3	71.1	91.5	71	78.3	67.8	88.7	59
\$15,000 - \$24,999	67.8	54.0	81.5	64	64.4	54.1	74.8	119	68.1	58.1	78.1	92	72.0	61.9	82.1	82
\$25,000 - \$34,999	69.0	56.8	81.3	78	59.8	46.6	73.0	72	64.7	52.1	77.3	66	68.5	55.4	81.5	53
\$35,000 - \$49,999	58.0	45.8	70.1	77	56.5	43.9	69.1	71	67.9	55.0	80.8	64	52.8	40.3	65.3	73
\$50,000+	49.9	39.7	60.1	115	48.9	35.7	62.1	62	55.3	43.6	67.1	78	46.7	35.4	57.9	87
EMPLOYMENT																
Employed	62.6	55.7	69.4	258	61.8	54.9	68.7	264	72.0	65.7	78.3	234	63.4	56.9	70.0	234
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	54.1	44.8	63.3	137	49.9	40.7	59.1	133	59.5	51.0	68.1	155	60.9	52.4	69.4	150
EDUCATION																
K-11th Grade	*	*	*	*	75.6	62.3	88.9	51	*	*	*	*	*	*	*	*
12th Grade or GED	56.8	46.5	67.1	110	62.6	53.8	71.4	142	66.3	57.6	75.0	143	67.0	57.8	76.2	117
Some College	58.3	49.9	66.7	165	53.4	44.0	62.7	148	69.9	61.9	77.9	145	67.0	59.2	74.8	162
College Graduate+	62.7	52.3	73.0	104	46.5	34.2	58.8	73	63.4	52.3	74.4	81	47.4	36.3	58.4	90

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

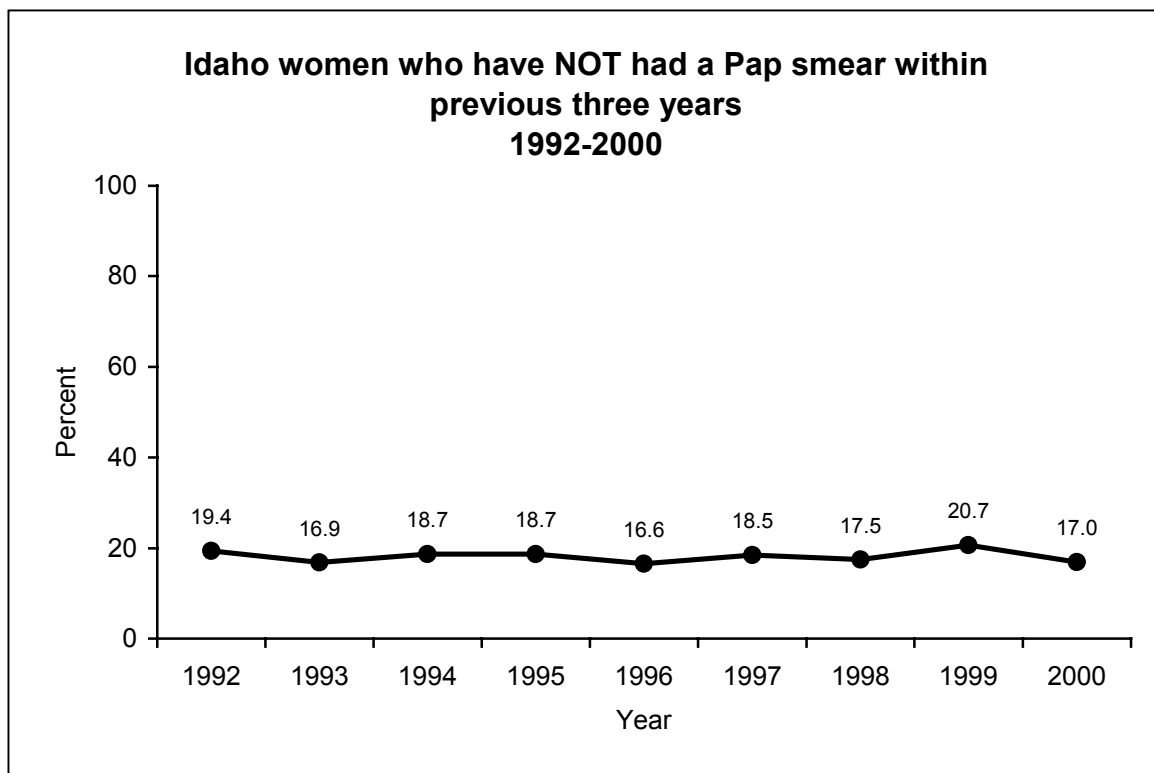
Cervical Cancer Screening

Question: How long has it been since you had your last Pap smear?

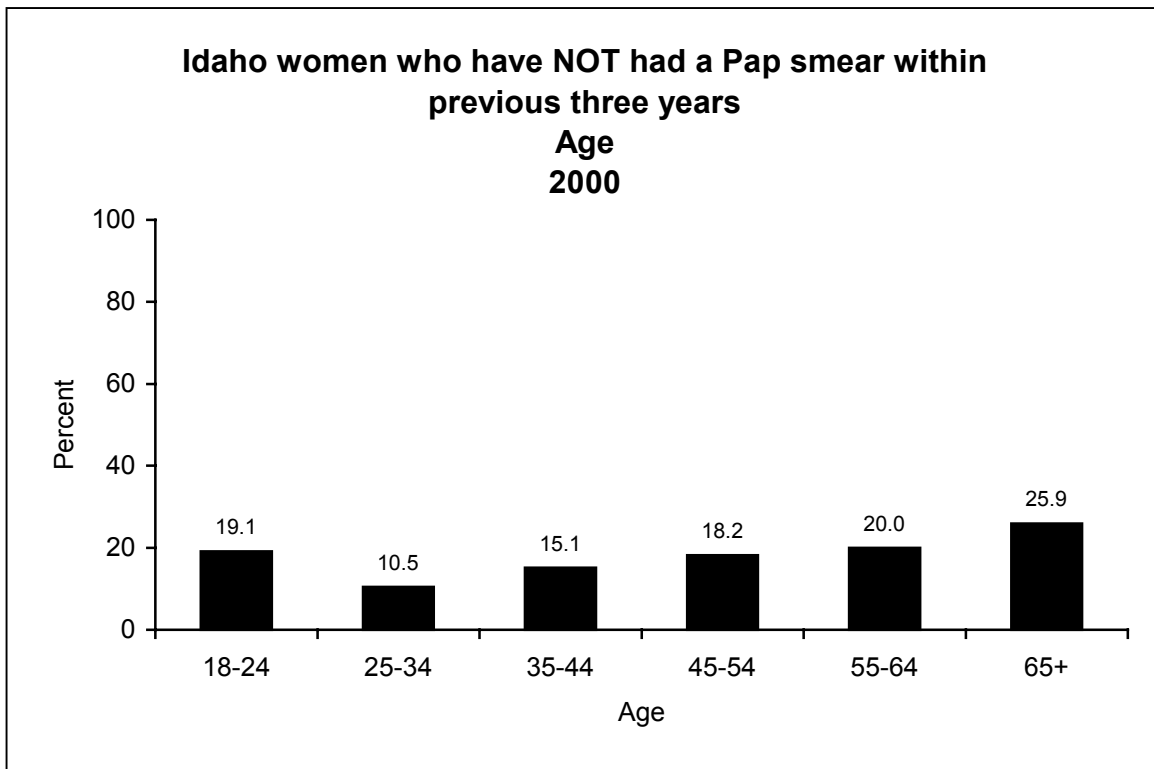
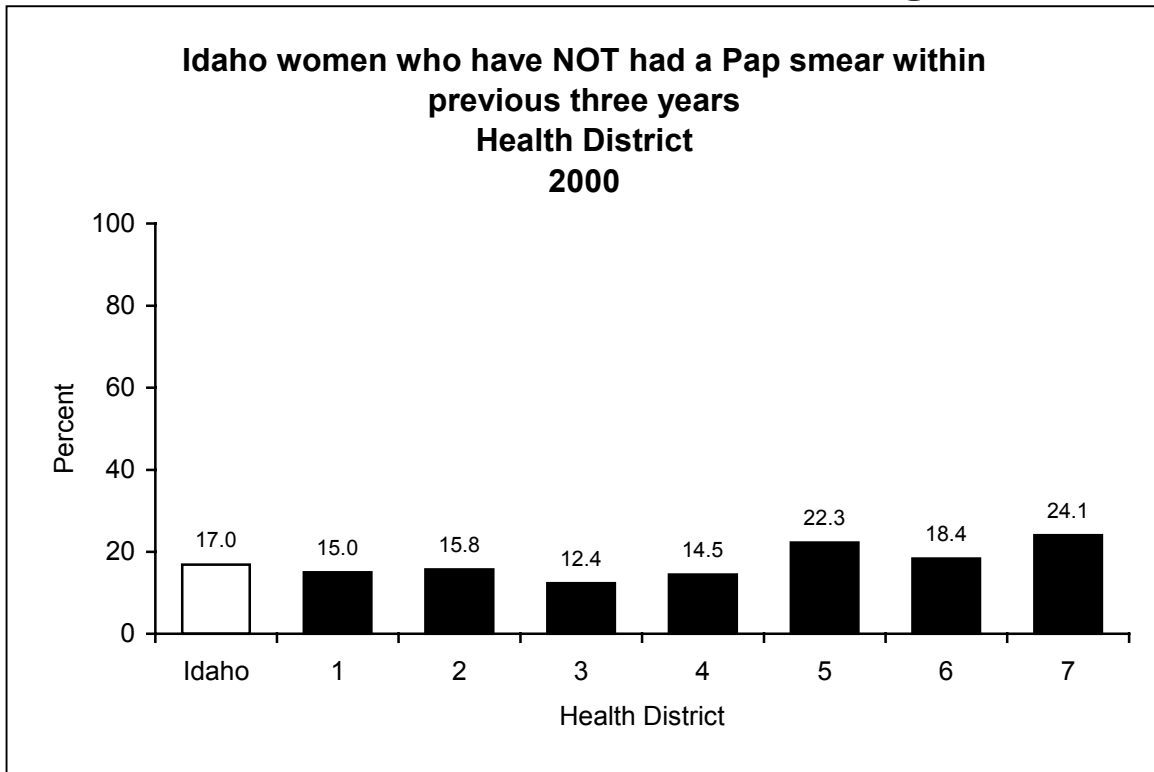
Appendix A, p. 81

Highlights

- Those in the 55+ age category are more likely to not have had a Pap smear in the past three years (23.5%) than those in the 18-34 age group (14.2%).
- The trend for women not having had a Pap smear in the last three years has been stable since 1992.
- Women with lower household incomes are less likely to have had a Pap smear in the past three years.
- Twenty-five percent (25.3%) of women who have no health care coverage have not had a Pap smear in the past three years, compared with 14.9% of women with health care coverage.



Cervical Cancer Screening



Cervical Cancer Screening

Idaho women who have NOT had a Pap smear within previous three years, 2000

	State			Health District								
				District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	17.0	15.0 18.9	2055	15.0	10.7 19.3	307	15.8	10.9 20.7	287	12.4	8.3 16.4	266
AGE												
18-24	19.1	13.8 24.4	320	*	* *	*	*	* *	*	*	* *	*
25-34	10.5	7.6 13.3	520	10.9	2.8 19.0	73	15.1	2.4 27.8	72	7.6	1.4 13.8	72
35-44	15.1	11.6 18.7	517	18.1	10.0 26.1	95	13.6	4.1 23.1	56	12.9	4.6 21.1	63
45-54	18.2	13.3 23.0	308	*	* *	*	*	* *	*	*	* *	*
55-64	20.0	12.9 27.1	172	*	* *	*	*	* *	*	*	* *	*
65+	25.9	19.0 32.9	210	*	* *	*	*	* *	*	*	* *	*
18-34	14.2	11.3 17.0	840	13.0	5.4 20.6	100	13.3	4.9 21.6	116	9.9	4.0 15.7	115
35-54	16.3	13.5 19.2	825	16.5	10.2 22.8	144	16.0	8.4 23.6	105	16.0	8.8 23.2	104
55+	23.5	18.5 28.5	382	15.1	6.1 24.2	63	18.8	9.3 28.2	65	*	* *	*
INCOME												
<\$15,000	33.8	26.8 40.8	277	*	* *	*	16.8	5.0 28.6	50	*	* *	*
\$15,000 - \$24,999	20.8	16.3 25.2	433	13.0	3.7 22.2	53	22.3	10.4 34.1	58	11.3	3.3 19.2	64
\$25,000 - \$34,999	10.5	7.0 14.1	355	12.5	4.2 20.7	57	*	* *	*	*	* *	*
\$35,000 - \$49,999	12.3	8.6 16.0	404	14.9	5.9 23.9	72	*	* *	*	8.5	1.6 15.4	68
\$50,000+	9.2	5.9 12.6	425	7.7	0.0 16.2	59	15.4	6.6 24.2	70	*	* *	*
EMPLOYMENT												
Employed	16.4	14.1 18.7	1322	17.6	11.8 23.4	198	15.5	9.1 21.8	176	13.4	8.2 18.6	169
Unemployed	20.9	10.0 31.9	71	*	* *	*	*	* *	*	*	* *	*
Other**	17.6	14.1 21.1	659	11.2	4.5 17.9	99	15.7	8.0 23.4	104	11.3	4.2 18.5	87
EDUCATION												
K-11th Grade	28.1	20.4 35.8	173	*	* *	*	*	* *	*	*	* *	*
12th Grade or GED	21.2	17.5 24.8	641	17.3	9.9 24.7	113	16.2	7.9 24.4	76	12.9	6.5 19.3	100
Some College	15.3	12.1 18.5	730	12.0	5.4 18.6	95	13.0	4.9 21.2	90	11.7	4.2 19.1	78
College Graduate+	9.7	6.5 12.9	508	13.6	4.2 23.0	74	13.1	4.1 22.1	100	7.4	0.5 14.3	58

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cervical Cancer Screening

Idaho women who have NOT had a Pap smear within previous three years, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	14.5	10.1	18.8	318	22.3	17.1	27.4	305	18.4	13.0	23.7	277	24.1	18.2	30.0	295
AGE																
18-24	15.3	4.1	26.6	57	*	*	*	*	21.0	6.5	35.5	53	*	*	*	*
25-34	7.7	2.3	13.0	91	19.5	10.1	28.8	80	7.2	1.3	13.0	70	11.1	3.7	18.5	62
35-44	11.7	4.2	19.2	88	14.7	6.0	23.4	72	17.4	7.4	27.4	67	22.5	10.5	34.6	76
45-54	*	*	*	*	26.1	11.9	40.3	50	*	*	*	*	*	*	*	*
55-64	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
65+	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
18-34	10.7	5.1	16.4	148	20.0	12.2	27.7	127	12.9	5.6	20.1	123	23.1	13.5	32.6	111
35-54	11.1	5.1	17.0	128	19.8	11.7	27.8	122	19.2	10.6	27.9	101	24.2	14.9	33.5	121
55+	*	*	*	*	31.3	18.5	44.1	54	29.5	14.9	44.2	50	26.4	15.4	37.4	63
INCOME																
<\$15,000	*	*	*	*	*	*	*	*	28.3	14.1	42.4	52	*	*	*	*
\$15,000 - \$24,999	14.9	4.1	25.7	51	27.5	17.0	38.0	88	28.0	13.6	42.4	59	34.2	20.3	48.0	60
\$25,000 - \$34,999	8.9	1.8	16.0	68	10.4	1.1	19.6	52	10.8	1.4	20.3	50	*	*	*	*
\$35,000 - \$49,999	12.3	3.4	21.1	60	20.6	7.7	33.5	53	*	*	*	*	13.3	3.4	23.2	57
\$50,000+	7.4	0.8	14.0	93	*	*	*	*	13.8	4.0	23.6	51	7.2	0.0	14.6	59
EMPLOYMENT																
Employed	12.8	7.8	17.8	213	22.3	16.0	28.6	210	15.8	10.1	21.5	177	21.1	13.7	28.4	179
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	18.4	9.6	27.2	94	22.3	12.6	32.0	79	19.8	9.8	29.8	91	25.8	15.8	35.7	105
EDUCATION																
K-11th Grade	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	18.2	9.0	27.3	80	31.4	21.2	41.6	97	30.9	19.9	42.0	93	26.6	15.0	38.1	82
Some College	13.6	6.8	20.4	124	16.3	8.7	23.9	108	11.4	4.7	18.1	105	26.5	16.8	36.2	130
College Graduate+	7.0	0.3	13.6	94	12.2	2.7	21.6	59	6.9	0.8	12.9	60	12.3	3.9	20.8	63

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

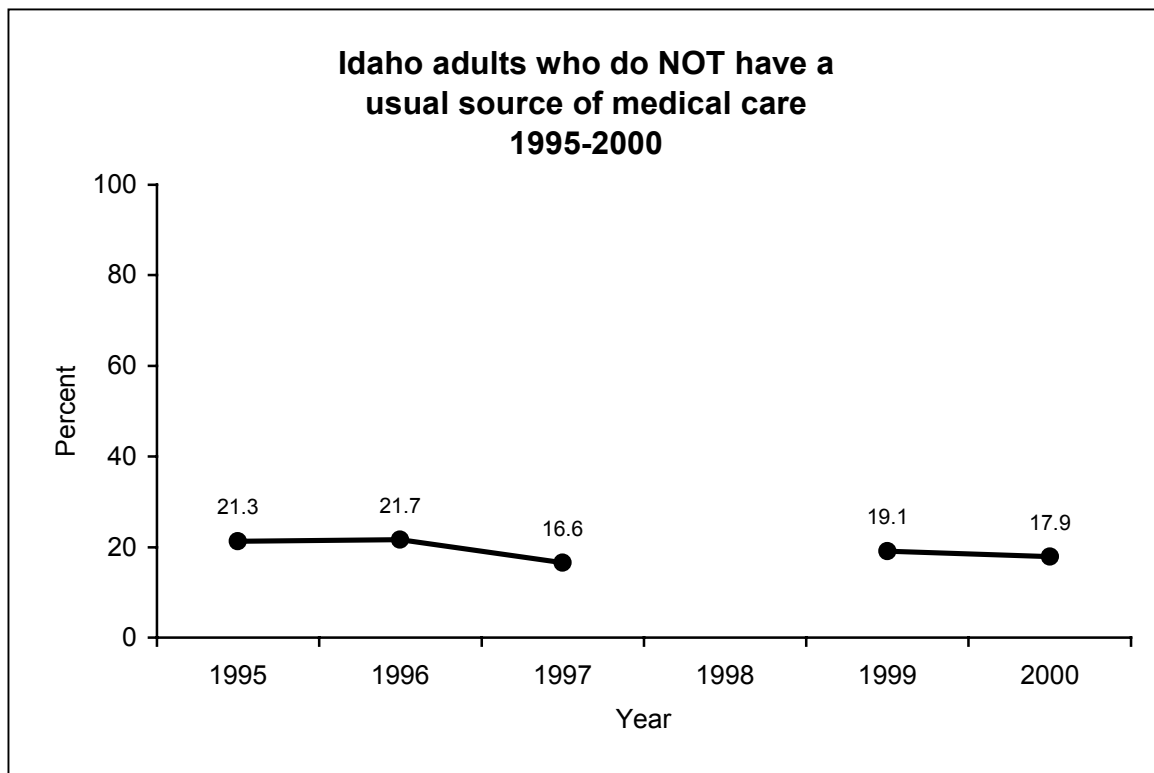
Primary Medical Care

Question: Is there one particular clinic, health center, doctor's office, or other place that you usually go to if you are sick or need advice about your health?

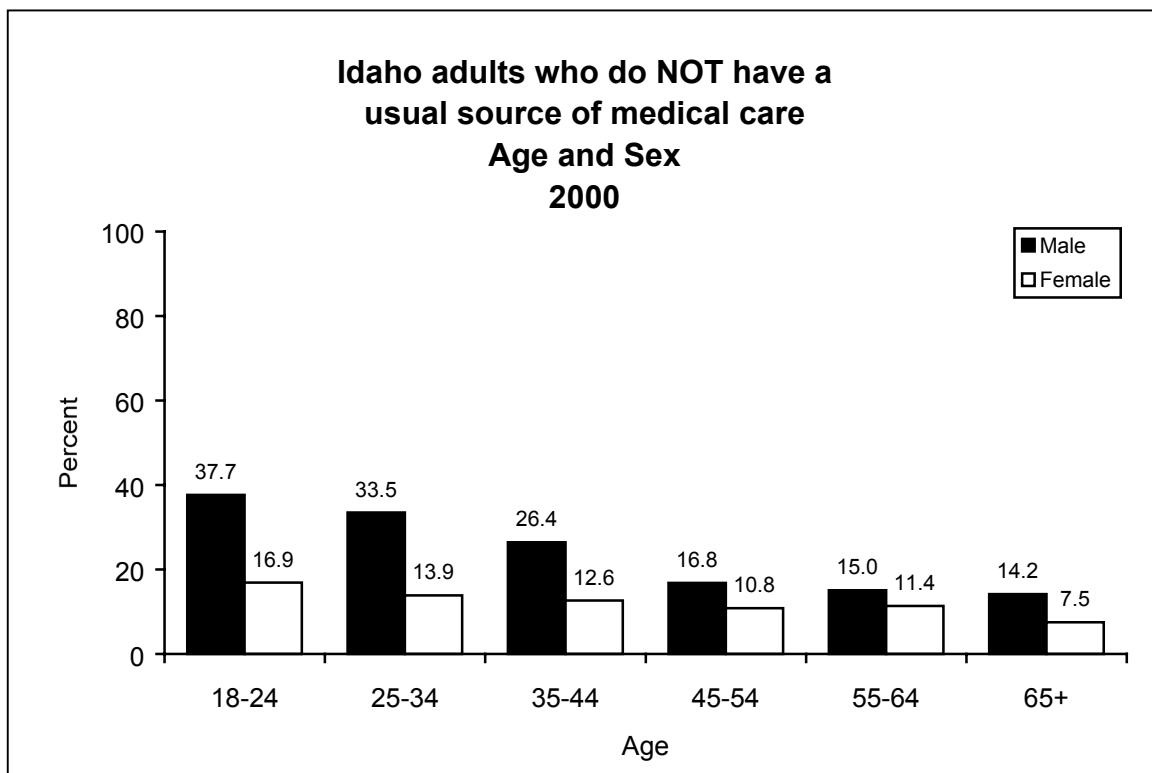
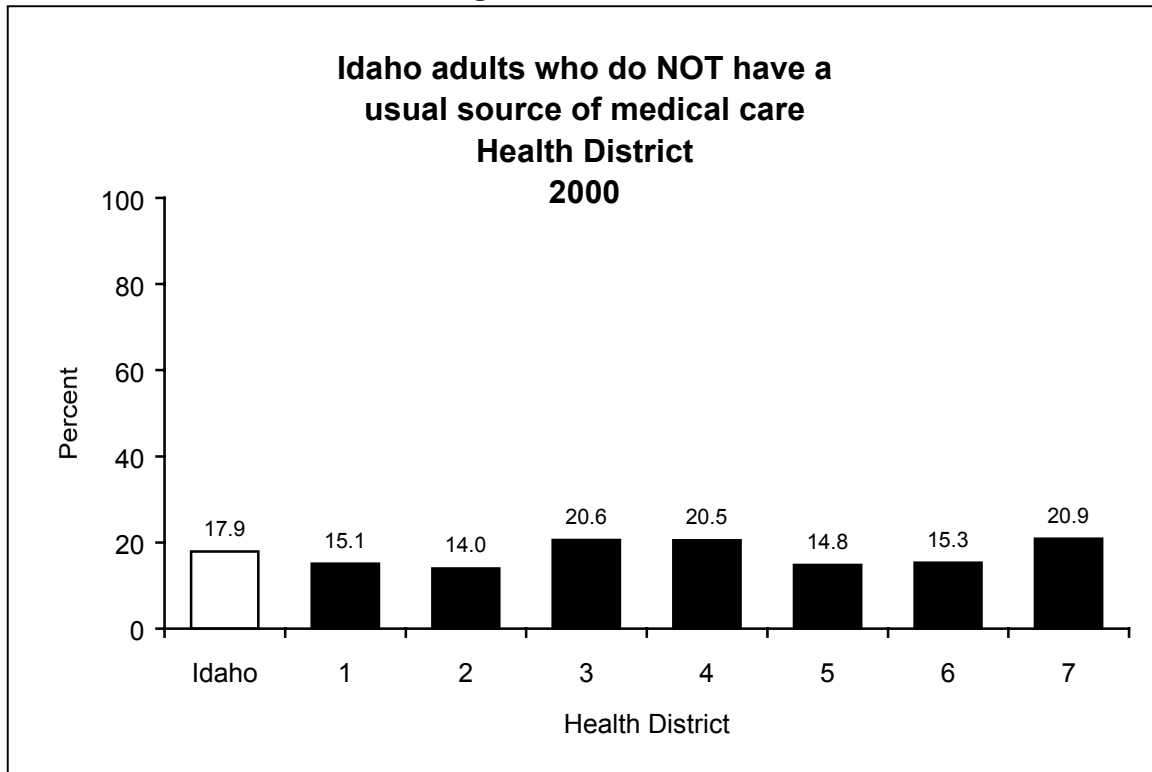
Appendix A, p. 82

Highlights

- Thirty-five percent (35.2%) of those without health care coverage do not have a usual source of medical care, compared with 14.3% of those with health care coverage.
- Women are more likely to have a usual source of medical care (11.8% do not) than men (24.2% do not).
- Males 18-34 are much more likely to be without a usual source of medical care (35.3%) when compared with women in the same age range (15.1%).
- Among those in the \$50,000+ income group, 15.4% do not have a usual source of medical care; 20.9% of those in the <\$15,000 income group do not have a usual source of medical care.



Primary Medical Care



Primary Medical Care

Idaho adults who do NOT have a usual source of medical care, 2000

	State			Health District								
				District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	17.9	16.6 19.2	4929	15.1	12.1 18.0	704	14.0	10.9 17.1	699	20.6	17.1 24.0	699
SEX												
Male	24.2	22.1 26.4	2102	20.4	15.6 25.3	300	18.2	13.2 23.2	317	30.3	24.3 36.3	280
Female	11.8	10.4 13.3	2827	10.0	6.8 13.2	404	9.8	6.2 13.4	382	11.3	8.2 14.4	419
AGE												
18-24	27.5	23.0 32.1	572	30.0	16.5 43.5	63	31.5	19.5 43.4	80	30.0	16.1 44.0	68
25-34	23.9	20.7 27.1	927	21.8	13.4 30.1	122	17.2	8.7 25.7	130	29.6	21.0 38.3	134
35-44	19.5	16.6 22.4	1101	13.0	7.3 18.8	161	9.8	4.4 15.2	135	20.5	13.2 27.7	143
45-54	13.8	11.3 16.4	933	11.8	6.2 17.3	138	10.6	5.3 15.9	142	17.5	10.4 24.6	131
55-64	13.2	10.0 16.4	611	10.4	4.7 16.1	101	8.4	2.6 14.1	94	19.1	10.8 27.4	104
65+	10.4	7.7 13.1	760	9.8	4.2 15.4	116	6.6	1.9 11.3	115	10.5	4.9 16.1	118
18-34	25.4	22.7 28.1	1499	25.0	17.7 32.3	185	24.1	16.7 31.5	210	29.8	22.2 37.4	202
35-54	16.8	14.8 18.7	2034	12.4	8.4 16.4	299	10.2	6.4 14.0	277	19.0	13.9 24.1	274
55+	11.6	9.5 13.6	1371	10.1	6.0 14.1	217	7.3	3.7 10.9	209	13.8	9.0 18.5	222
SEX and AGE												
Male												
18-34	35.3	31.0 39.5	634	34.7	23.7 45.8	81	30.7	19.6 41.8	94	47.9	35.4 60.5	81
35-54	21.8	18.6 24.9	911	15.4	8.6 22.1	122	15.1	8.7 21.5	130	27.8	19.1 36.5	115
55+	14.6	11.1 18.1	547	14.0	6.7 21.2	95	6.0	1.1 10.9	91	15.1	7.2 22.9	83
Female												
18-34	15.1	12.3 17.9	865	15.1	6.3 23.9	104	16.6	7.8 25.5	116	10.5	5.3 15.7	121
35-54	11.8	9.5 14.1	1123	9.6	5.2 14.0	177	5.2	1.3 9.1	147	10.6	5.5 15.7	159
55+	9.0	6.7 11.3	824	6.7	2.6 10.8	122	8.5	3.1 13.8	118	12.7	7.0 18.4	139
INCOME												
<\$15,000	20.9	16.7 25.0	613	18.7	10.2 27.1	85	19.1	9.6 28.5	117	31.2	17.6 44.7	82
\$15,000 - \$24,999	21.8	18.8 24.9	1009	22.5	14.9 30.2	139	19.0	11.4 26.6	134	21.0	14.1 28.0	147
\$25,000 - \$34,999	17.9	14.9 21.0	835	15.9	9.4 22.4	139	14.9	7.0 22.8	118	21.2	13.1 29.4	117
\$35,000 - \$49,999	16.9	14.0 19.8	968	12.1	6.4 17.9	151	9.8	3.4 16.1	118	17.6	11.3 23.8	169
\$50,000+	15.4	12.8 17.9	1123	9.7	3.7 15.8	122	8.6	3.0 14.1	163	19.6	11.6 27.7	125
EMPLOYMENT												
Employed	20.3	18.6 22.0	3233	16.5	12.7 20.3	438	15.4	11.1 19.7	428	24.4	19.8 29.1	449
Unemployed	23.5	15.8 31.2	168	*	* *	*	*	* *	*	*	* *	*
Other**	12.3	10.3 14.3	1519	10.6	6.5 14.8	233	11.4	6.9 15.9	250	11.8	7.5 16.1	224
EDUCATION												
K-11th Grade	23.8	19.0 28.6	473	18.6	9.2 28.0	71	14.3	4.5 24.2	57	30.2	18.8 41.5	101
12th Grade or GED	18.5	16.2 20.8	1575	14.9	10.2 19.7	270	17.1	11.0 23.1	196	16.6	11.4 21.8	255
Some College	17.2	15.0 19.4	1630	15.6	10.1 21.0	214	13.2	7.2 19.2	214	20.8	14.9 26.8	208
College Graduate+	15.9	13.4 18.3	1246	12.7	7.2 18.3	149	11.1	6.1 16.1	230	20.3	12.9 27.8	133

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Primary Medical Care

Idaho adults who do NOT have a usual source of medical care, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	20.5	17.3	23.8	712	14.8	11.6	17.9	701	15.3	12.3	18.3	713	20.9	17.5	24.3	701
SEX																
Male	26.4	21.1	31.7	306	21.0	15.4	26.6	285	20.9	15.9	25.9	311	27.3	21.9	32.7	303
Female	14.9	11.1	18.6	406	8.7	5.9	11.4	416	9.9	6.6	13.2	402	14.6	10.5	18.7	398
AGE																
18-24	36.6	26.0	47.1	101	12.0	2.5	21.6	70	19.0	9.9	28.0	97	23.2	13.3	33.1	93
25-34	18.7	12.7	24.6	172	29.1	18.9	39.4	134	24.0	14.9	33.0	118	29.9	21.1	38.7	117
35-44	26.4	19.0	33.7	164	16.0	9.8	22.1	163	14.4	8.5	20.2	168	24.1	16.4	31.7	167
45-54	14.2	8.0	20.3	131	11.2	5.8	16.7	131	15.5	8.5	22.4	126	14.5	8.1	20.9	134
55-64	15.8	6.9	24.6	72	13.1	5.0	21.3	79	8.9	2.6	15.2	79	11.1	4.3	17.9	82
65+	12.7	4.0	21.4	65	6.4	2.1	10.6	120	7.5	2.3	12.6	120	18.3	10.5	26.1	106
18-34	25.8	20.0	31.5	273	22.7	15.0	30.4	204	21.9	15.4	28.5	215	26.7	20.1	33.3	210
35-54	20.7	15.7	25.6	295	13.7	9.5	17.9	294	14.9	10.4	19.4	294	19.5	14.4	24.6	301
55+	14.1	7.8	20.3	137	9.0	4.8	13.1	199	8.1	4.1	12.0	199	15.1	9.8	20.5	188
SEX and AGE																
Male																
18-34	34.1	25.0	43.2	122	32.8	19.9	45.7	72	31.2	20.6	41.7	87	33.1	22.8	43.4	97
35-54	25.5	17.5	33.5	128	17.6	10.9	24.4	137	18.7	11.7	25.7	141	25.5	18.0	33.0	138
55+	17.4	6.8	28.0	53	13.5	5.7	21.4	75	10.1	3.4	16.9	82	21.4	11.7	31.1	68
Female																
18-34	17.2	10.6	23.8	151	11.8	6.0	17.6	132	12.3	5.4	19.2	128	20.1	12.1	28.2	113
35-54	15.9	10.0	21.7	167	9.7	5.0	14.4	157	11.1	5.4	16.7	153	13.4	6.6	20.1	163
55+	11.3	4.1	18.6	84	5.2	1.5	8.8	124	6.3	1.8	10.8	117	9.7	4.5	15.0	120
INCOME																
<\$15,000	19.3	8.6	29.9	64	20.2	9.8	30.5	76	15.7	7.8	23.7	105	21.2	10.3	32.0	84
\$15,000 - \$24,999	27.0	18.1	35.8	113	14.5	8.8	20.3	189	16.6	8.9	24.2	145	30.4	21.5	39.3	142
\$25,000 - \$34,999	22.5	14.7	30.4	129	9.6	3.9	15.3	121	17.9	10.5	25.4	114	17.2	8.7	25.7	97
\$35,000 - \$49,999	21.9	14.2	29.5	133	20.5	10.8	30.2	125	14.1	7.3	20.8	131	14.9	8.5	21.2	141
\$50,000+	15.3	10.3	20.4	227	14.6	8.1	21.1	135	16.1	9.8	22.3	171	20.6	14.2	26.9	180
EMPLOYMENT																
Employed	23.5	19.5	27.6	506	16.2	12.5	19.8	478	18.3	14.2	22.3	463	21.6	17.3	25.8	471
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	13.7	8.3	19.1	186	10.7	4.2	17.2	196	9.0	5.0	13.0	225	18.3	12.4	24.2	205
EDUCATION																
K-11th Grade	*	*	*	*	18.4	9.1	27.6	91	23.4	11.0	35.8	57	19.7	8.1	31.2	51
12th Grade or GED	25.3	18.6	32.1	190	14.9	9.9	19.8	235	14.0	9.0	19.0	227	23.3	17.1	29.5	202
Some College	17.3	12.4	22.1	252	13.0	6.9	19.0	240	16.3	10.9	21.6	250	22.2	16.0	28.3	252
College Graduate+	17.7	12.1	23.2	225	15.1	8.7	21.5	135	13.3	7.5	19.0	178	17.1	11.6	22.6	196

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Chronic Drinking

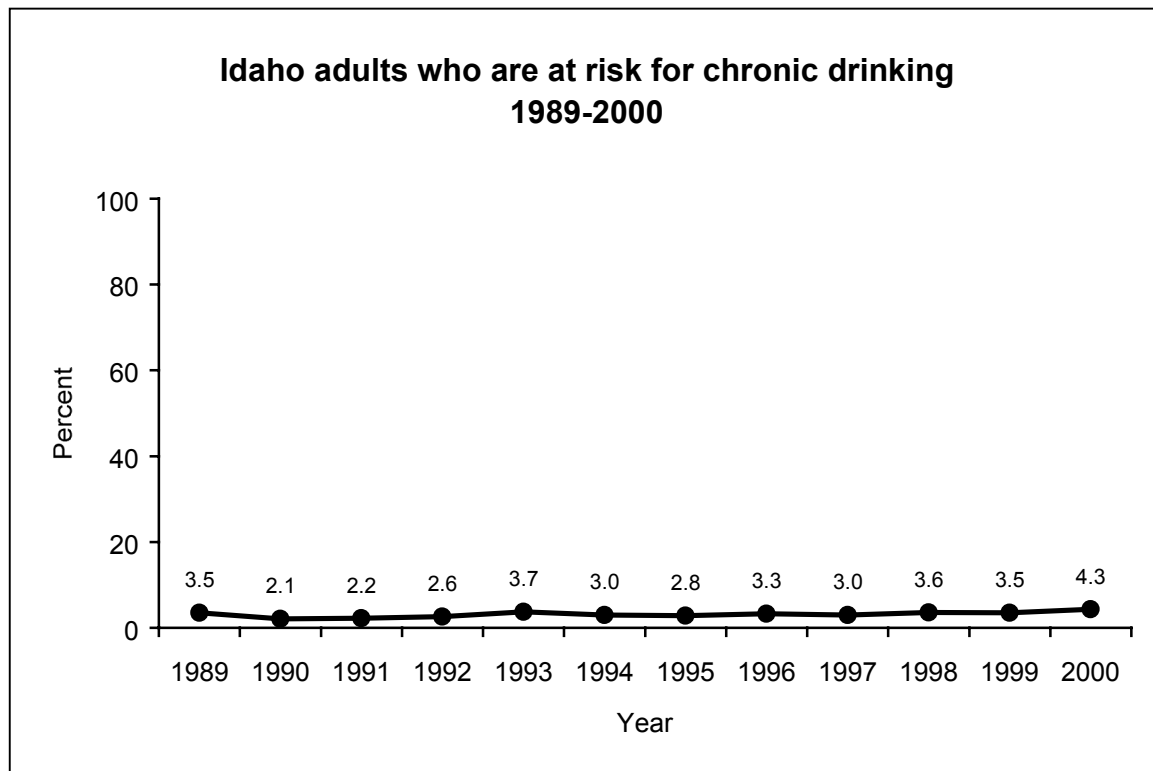
Question: During the past month, how many days per week or per month did you drink any alcoholic beverages, on the average? On the days when you drank, about how many drinks did you drink on the average?

Appendix A, p. 83

Definition: Chronic drinking is defined as consuming 60 or more drinks of alcohol per month.

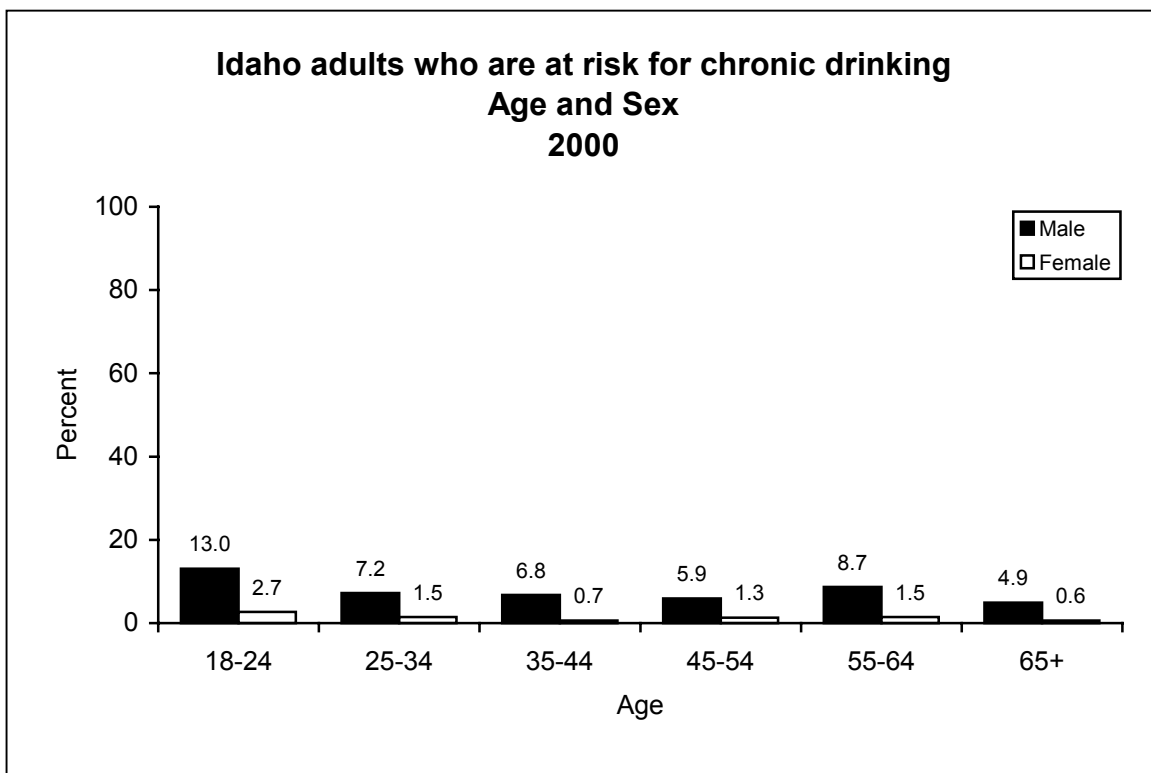
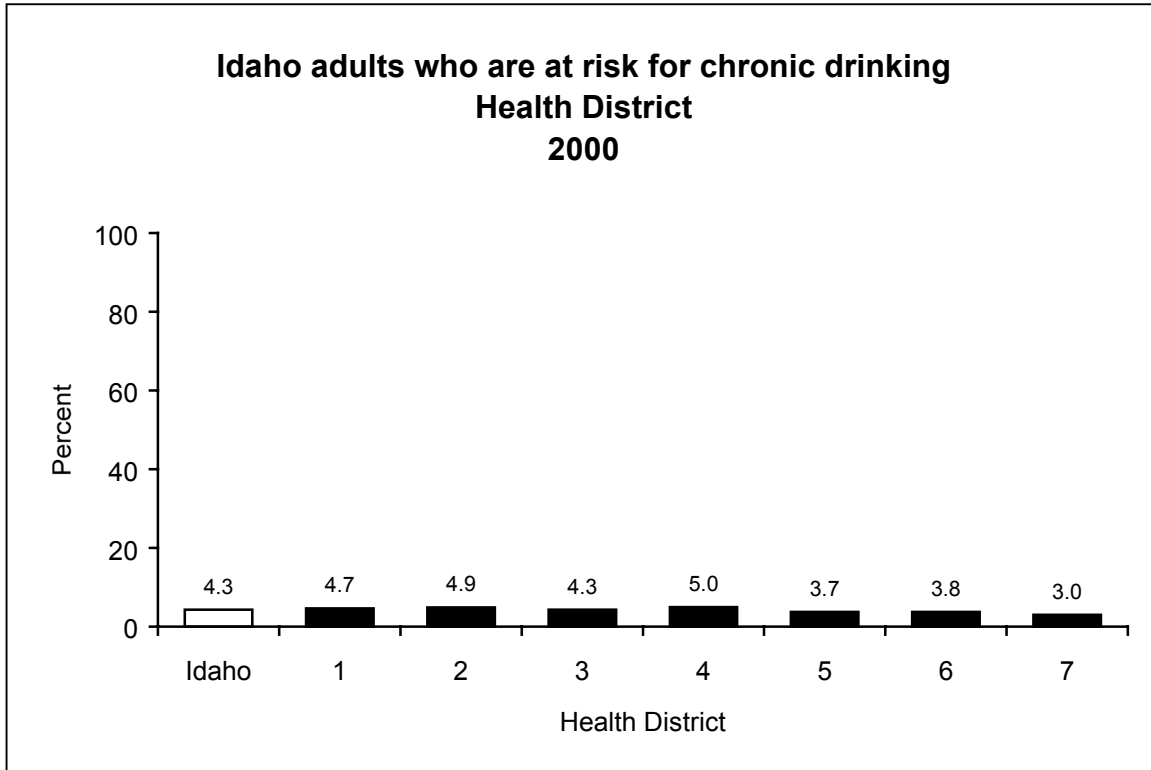
Highlights

- Males are more likely to be chronic drinkers (7.5%) than females (1.2%).
- Eight percent (8.0%) of those in the 18-24 age category are considered chronic drinkers, compared with 2.4% of those in the 65+ age category.
- Ten percent (9.6%) of males 18-34 report that they drink enough to be considered chronic drinkers, compared with 2.0% of females in the same age group.
- Those in the K-11th grade education category report a chronic drinking prevalence of 8.0%. Those in the other education categories report prevalences ranging from 2.9% to 4.8%.



Minor changes have been made to the trend line to correct previous data entry errors.

Chronic Drinking



Chronic Drinking

Idaho adults who are at risk for chronic drinking, 2000

	State			Health District												
				District 1				District 2				District 3				
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	4.3	3.6	5.0	4894	4.7	2.8	6.5	697	4.9	3.0	6.8	696	4.3	2.2	6.4	696
SEX																
Male	7.5	6.1	8.8	2081	8.2	4.7	11.7	299	8.4	4.9	12.0	313	7.7	3.5	11.9	279
Female	1.2	0.8	1.7	2813	1.3	0.0	2.6	398	1.4	0.1	2.8	398	1.1	0.1	2.1	383
AGE																
18-24	8.0	4.9	11.1	571	6.7	0.0	14.3	62	9.5	2.3	16.7	81	15.5	2.5	28.4	68
25-34	4.4	2.9	6.0	924	7.6	2.0	13.2	122	6.2	0.6	11.9	130	2.3	0.0	5.0	134
35-44	3.7	2.3	5.0	1086	4.9	1.0	8.9	158	2.1	0.0	5.0	133	3.9	0.1	7.6	142
45-54	3.6	2.2	5.0	931	4.2	0.3	8.2	138	4.8	0.9	8.7	143	2.1	0.0	4.3	130
55-64	5.0	2.7	7.3	604	2.5	0.0	6.8	99	4.9	0.6	9.1	93	2.8	0.0	6.3	104
65+	2.4	1.0	3.9	758	2.7	0.0	5.8	117	2.6	0.0	5.6	113	2.3	0.0	5.0	117
18-34	5.9	4.3	7.5	1495	7.2	2.7	11.7	184	7.8	3.3	12.4	211	7.8	1.9	13.7	202
35-54	3.7	2.7	4.6	2017	4.6	1.8	7.4	296	3.4	1.0	5.9	276	3.0	0.8	5.2	272
55+	3.5	2.2	4.7	1362	2.6	0.1	5.2	216	3.5	1.0	6.0	206	2.5	0.3	4.6	221
SEX and AGE																
Male																
18-34	9.6	6.8	12.5	635	12.3	4.0	20.6	82	13.8	5.7	21.9	94	13.4	2.6	24.1	82
35-54	6.4	4.5	8.2	902	8.6	3.2	14.0	123	5.0	0.9	9.1	128	4.5	0.6	8.4	115
55+	6.6	4.0	9.2	536	3.9	0.0	8.1	93	6.2	1.2	11.2	89	5.6	0.8	10.3	81
Female																
18-34	2.0	0.8	3.1	860	1.8	0.0	4.3	102	1.2	0.0	3.5	117	1.8	0.0	4.5	120
35-54	1.0	0.4	1.5	1115	0.6	0.0	1.7	173	1.9	0.0	4.6	148	1.5	0.0	3.3	157
55+	0.9	0.2	1.7	826	1.6	0.0	4.7	123	1.1	0.0	2.7	117	0.0	0.0	0.0	140
INCOME																
<\$15,000	6.0	3.0	9.0	608	3.9	0.0	9.6	84	4.9	0.0	10.2	117	9.0	0.0	21.4	82
\$15,000 - \$24,999	5.2	3.5	7.0	1005	9.8	3.9	15.7	137	7.7	2.8	12.5	137	2.1	0.0	4.8	146
\$25,000 - \$34,999	4.0	2.5	5.5	829	5.1	1.2	8.9	139	2.2	0.0	5.4	116	5.2	1.2	9.1	118
\$35,000 - \$49,999	4.0	2.5	5.5	956	4.5	0.1	8.8	149	5.1	0.5	9.8	116	2.8	0.1	5.5	166
\$50,000+	3.6	2.2	5.0	1123	0.6	0.0	1.6	122	4.6	0.4	8.8	163	5.0	0.0	10.3	125
EMPLOYMENT																
Employed	4.6	3.6	5.5	3209	5.3	2.8	7.9	433	4.0	2.2	5.9	427	4.9	1.9	8.0	449
Unemployed	10.7	4.5	16.8	168	*	*	*	*	*	*	*	*	*	*	*	*
Other**	3.0	1.9	4.0	1508	3.0	0.4	5.6	230	5.4	1.6	9.1	248	2.5	0.5	4.5	221
EDUCATION																
K-11th Grade	8.0	4.5	11.5	473	8.1	1.2	15.1	72	1.2	0.0	3.6	57	10.6	0.4	20.9	100
12th Grade or GED	4.8	3.5	6.0	1559	5.7	2.4	9.0	263	5.6	1.5	9.7	196	3.8	0.8	6.7	254
Some College	2.9	2.0	3.8	1619	3.7	0.3	7.0	215	8.2	3.8	12.6	212	3.1	0.5	5.6	207
College Graduate+	4.1	2.6	5.7	1237	2.4	0.0	4.8	147	2.2	0.2	4.2	229	2.4	0.0	5.3	133

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Chronic Drinking

Idaho adults who are at risk for chronic drinking, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	5.0	3.2	6.8	704	3.7	2.1	5.3	698	3.8	2.1	5.4	707	3.0	1.6	4.3	696
SEX																
Male	9.0	5.6	12.3	301	6.8	3.6	10.0	284	5.9	2.9	9.0	307	4.4	2.0	6.8	298
Female	1.2	0.1	2.3	403	0.7	0.0	1.5	414	1.7	0.3	3.0	400	1.6	0.3	2.8	398
AGE																
18-24	8.6	2.2	15.0	101	7.3	0.0	15.6	71	4.7	0.0	9.6	95	2.9	0.0	6.3	93
25-34	3.7	0.8	6.5	171	1.2	0.0	3.4	132	8.3	2.1	14.5	118	3.5	0.0	6.9	117
35-44	3.4	0.3	6.4	162	5.2	1.7	8.7	162	2.4	0.0	4.7	166	3.4	0.3	6.6	163
45-54	5.0	1.4	8.7	130	3.8	0.2	7.4	133	2.3	0.0	5.4	125	1.5	0.0	3.8	132
55-64	7.5	0.8	14.2	69	5.8	0.0	12.1	78	4.2	0.0	8.5	79	5.8	0.1	11.5	82
65+	4.4	0.0	9.6	65	1.1	0.0	2.5	120	1.1	0.0	3.1	119	1.3	0.0	3.0	107
18-34	5.6	2.5	8.7	272	3.5	0.0	7.1	203	6.8	2.6	11.0	213	3.2	0.8	5.6	210
35-54	4.1	1.8	6.5	292	4.6	2.1	7.1	295	2.3	0.4	4.3	291	2.5	0.6	4.5	295
55+	5.8	1.6	9.9	134	2.9	0.2	5.5	198	2.4	0.2	4.5	198	3.3	0.5	6.0	189
SEX and AGE																
Male																
18-34	8.1	2.8	13.4	121	6.7	0.0	13.4	73	10.9	3.4	18.4	86	4.7	0.5	8.9	97
35-54	8.3	3.7	13.0	126	7.3	2.8	11.9	136	3.1	0.0	6.4	140	4.0	0.6	7.4	134
55+	11.6	2.8	20.5	51	6.2	0.6	11.8	75	4.1	0.0	8.3	80	4.6	0.0	9.8	67
Female																
18-34	3.1	0.0	6.3	151	0.0	0.0	0.0	130	2.6	0.0	5.9	127	1.7	0.0	4.0	113
35-54	0.0	0.0	0.0	166	1.8	0.0	3.8	159	1.5	0.0	3.6	151	1.0	0.0	3.0	161
55+	1.0	0.0	3.0	83	0.0	0.0	0.0	123	1.0	0.0	2.8	118	2.2	0.0	4.4	122
INCOME																
<\$15,000	6.5	0.0	13.9	63	10.4	1.5	19.3	76	5.0	0.0	10.7	102	2.3	0.0	4.9	84
\$15,000 - \$24,999	6.2	1.0	11.3	111	4.2	0.3	8.1	187	4.6	0.4	8.7	145	2.2	0.0	4.7	142
\$25,000 - \$34,999	4.9	1.2	8.5	129	3.7	0.0	7.5	118	2.5	0.0	5.3	113	1.6	0.0	4.6	96
\$35,000 - \$49,999	4.8	1.0	8.7	129	0.8	0.0	2.0	125	6.0	0.8	11.2	130	4.2	0.6	7.7	141
\$50,000+	4.2	1.2	7.2	227	4.4	0.8	8.1	137	2.0	0.0	3.9	171	3.7	0.7	6.6	178
EMPLOYMENT																
Employed	5.2	3.1	7.3	500	4.1	1.9	6.2	475	4.1	1.9	6.2	459	3.1	1.4	4.8	466
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	2.8	0.0	5.6	184	2.6	0.1	5.0	196	3.2	0.3	6.0	223	2.2	0.2	4.1	206
EDUCATION																
K-11th Grade	*	*	*	*	5.5	0.5	10.6	92	1.9	0.0	5.5	55	2.2	0.0	6.5	51
12th Grade or GED	3.0	0.6	5.5	189	6.7	2.8	10.5	234	5.0	1.6	8.4	225	5.4	2.0	8.8	198
Some College	2.2	0.5	3.9	247	0.6	0.0	1.6	238	3.4	0.6	6.2	248	2.1	0.3	4.0	252
College Graduate+	7.7	3.5	11.9	222	2.4	0.0	5.3	133	3.3	0.3	6.3	178	1.9	0.0	4.2	195

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Acute Drinking

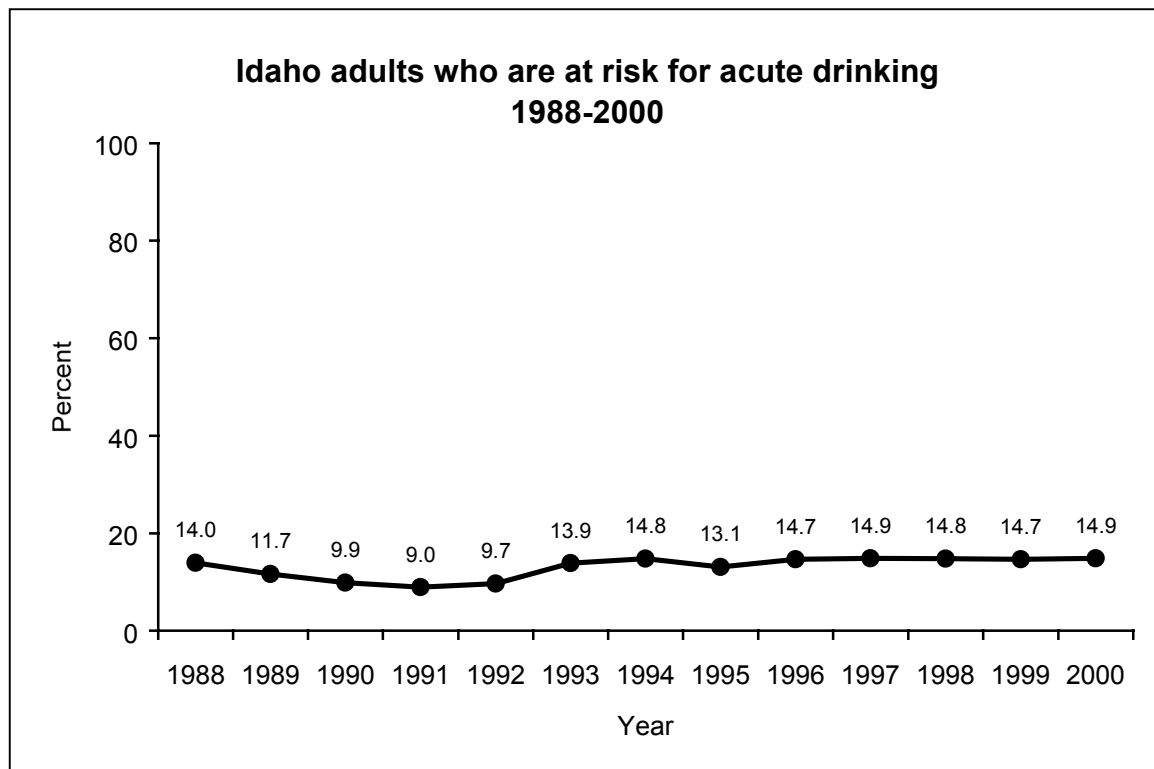
Question: Considering all types of alcoholic beverages, how many times during the past month did you have five or more drinks on an occasion?

Appendix A, p. 83

Definition: Being at risk for acute drinking is defined as consuming five or more drinks of alcohol (where a drink is defined as one can or bottle of beer, one glass of wine, one can or bottle of wine cooler, one cocktail, or one shot of liquor) on one or more occasions in the past 30 days.

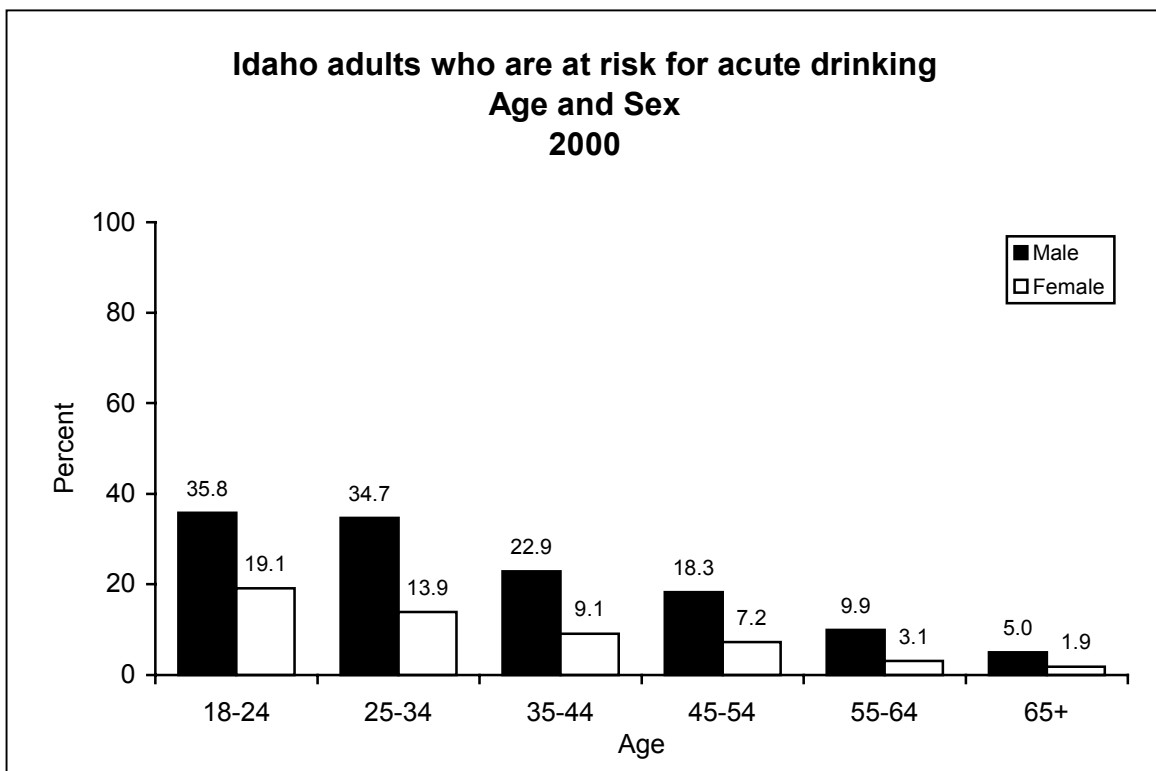
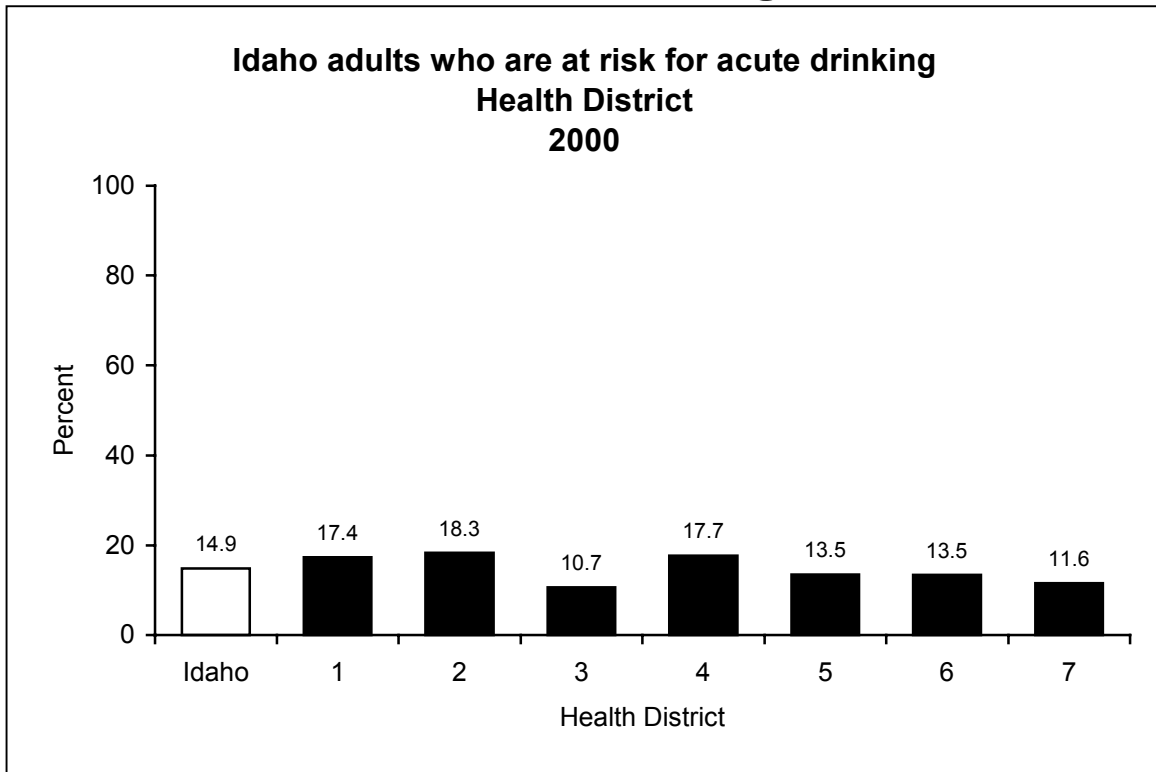
Highlights

- Except for a slight decrease between 1988 and 1992, the trend for acute drinking has remained stable.
- Twenty-two percent (21.5%) of males engage in acute drinking, compared with 8.6% of women.
- Males 18-34 are more likely to be acute drinkers, compared with females of the same age (35.2% and 16.1% respectively).
- Districts 3 and 7 are the only districts with acute drinking prevalences of less than 12.0%.



Minor changes have been made to the trend line to correct previous data entry errors.

Acute Drinking



Acute Drinking

Idaho adults who are at risk for acute drinking, 2000

	State			Health District								
				District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	14.9	13.7 16.1	4919	17.4	14.2 20.5	703	18.3	15.1 21.6	698	10.7	7.9 13.4	699
SEX												
Male	21.5	19.5 23.6	2092	25.8	20.4 31.2	299	26.3	20.9 31.7	316	15.7	10.8 20.6	280
Female	8.6	7.4 9.8	2827	9.5	6.3 12.6	404	10.4	7.1 13.6	382	5.9	3.6 8.2	419
AGE												
18-24	27.8	23.4 32.2	571	32.8	20.4 45.1	63	36.3	24.7 47.9	81	21.5	8.0 34.9	67
25-34	24.5	21.2 27.8	927	25.5	16.8 34.2	122	27.9	19.0 36.8	130	17.0	10.5 23.5	134
35-44	15.8	13.3 18.4	1093	20.7	13.4 28.0	159	20.6	13.3 27.9	134	10.9	5.3 16.4	143
45-54	12.8	10.3 15.2	935	20.2	12.9 27.4	140	13.2	7.5 18.9	143	10.6	5.2 16.0	131
55-64	6.4	4.0 8.9	612	3.6	0.0 8.4	102	6.8	1.7 11.9	94	4.5	0.3 8.6	104
65+	3.2	1.8 4.6	761	5.5	0.8 10.2	116	3.8	0.3 7.3	113	2.3	0.0 4.9	119
18-34	25.9	23.2 28.5	1498	28.3	21.1 35.6	185	32.0	24.7 39.3	211	18.8	12.0 25.6	201
35-54	14.3	12.6 16.1	2028	20.4	15.3 25.5	299	17.0	12.3 21.7	277	10.7	6.9 14.6	274
55+	4.6	3.2 5.9	1373	4.7	1.4 8.1	218	5.0	2.1 8.0	207	3.1	0.8 5.4	223
SEX and AGE												
Male												
18-34	35.2	30.9 39.4	636	42.6	31.0 54.1	81	44.6	33.2 56.0	94	28.1	16.4 39.8	81
35-54	20.6	17.6 23.7	903	29.8	21.0 38.6	122	24.0	16.4 31.7	129	13.5	7.1 20.0	115
55+	7.2	4.7 9.7	545	5.6	0.5 10.7	95	6.9	1.9 11.9	91	5.4	0.7 10.0	83
Female												
18-34	16.1	13.2 18.9	862	13.8	6.5 21.2	104	17.9	10.4 25.4	117	8.9	3.6 14.2	120
35-54	8.2	6.5 9.9	1125	11.4	6.5 16.4	177	10.0	4.7 15.3	148	8.0	3.7 12.3	159
55+	2.3	1.1 3.5	828	4.0	0.0 8.5	123	3.3	0.0 6.7	116	1.2	0.0 2.8	140
INCOME												
<\$15,000	15.2	11.4 19.0	608	14.8	6.5 23.0	83	25.0	15.6 34.3	116	10.6	0.0 23.1	81
\$15,000 - \$24,999	14.1	11.6 16.6	1007	19.5	11.9 27.0	139	15.6	9.1 22.1	136	6.7	2.6 10.8	147
\$25,000 - \$34,999	17.2	14.3 20.0	836	18.0	11.0 24.9	141	18.5	10.7 26.3	117	14.9	8.4 21.3	119
\$35,000 - \$49,999	14.0	11.4 16.5	964	15.2	8.9 21.4	151	16.0	8.6 23.4	117	9.5	5.0 14.0	169
\$50,000+	15.5	12.9 18.1	1125	19.8	11.5 28.0	123	19.4	12.6 26.3	163	12.4	5.5 19.2	125
EMPLOYMENT												
Employed	18.2	16.6 19.8	3226	21.2	16.8 25.5	438	20.3	16.2 24.4	429	14.0	10.1 17.9	449
Unemployed	23.9	16.0 31.8	168	*	* *	*	*	* *	*	*	* *	*
Other**	7.1	5.6 8.7	1516	9.0	4.8 13.2	232	13.6	8.6 18.7	248	4.0	1.6 6.4	224
EDUCATION												
K-11th Grade	15.2	11.2 19.2	472	14.3	5.6 23.0	72	10.4	2.2 18.6	58	13.1	2.9 23.3	99
12th Grade or GED	17.0	14.9 19.2	1573	17.8	12.8 22.8	269	19.2	12.8 25.5	195	13.1	8.6 17.7	257
Some College	14.9	12.8 17.0	1625	20.3	14.0 26.7	214	22.7	16.3 29.1	214	10.7	6.2 15.1	208
College Graduate+	12.4	10.2 14.6	1243	13.7	7.5 19.9	148	15.7	10.5 20.9	229	4.6	0.9 8.2	133

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Acute Drinking

Idaho adults who are at risk for acute drinking, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	17.7	14.8	20.7	709	13.5	10.4	16.6	698	13.5	10.7	16.3	711	11.6	9.0	14.2	701
SEX																
Male	26.1	20.9	31.3	303	19.6	14.1	25.1	282	17.5	12.9	22.0	310	16.0	11.7	20.3	302
Female	9.8	6.8	12.7	406	7.6	5.0	10.2	416	9.6	6.3	12.9	401	7.2	4.3	10.2	399
AGE																
18-24	42.0	31.3	52.6	101	19.2	7.8	30.5	71	19.6	10.6	28.6	96	12.9	5.9	19.8	92
25-34	28.3	20.9	35.7	173	23.8	13.8	33.8	133	27.2	18.0	36.4	118	19.8	11.7	27.8	117
35-44	15.3	9.2	21.4	161	14.4	8.8	20.0	161	15.5	9.8	21.3	168	15.7	9.7	21.6	167
45-54	11.9	6.0	17.7	130	16.0	9.1	22.8	133	8.2	3.2	13.2	125	8.1	3.3	13.0	133
55-64	8.2	1.0	15.5	72	7.4	1.3	13.5	78	5.7	0.6	10.8	79	8.3	1.4	15.1	83
65+	4.2	0.1	8.3	66	1.6	0.0	4.0	120	2.7	0.0	5.4	120	1.4	0.0	4.2	107
18-34	33.7	27.5	39.9	274	22.0	14.4	29.7	204	24.1	17.4	30.8	214	16.5	11.1	21.9	209
35-54	13.7	9.4	17.9	291	15.1	10.8	19.5	294	12.1	8.2	16.0	293	12.1	8.2	16.0	300
55+	6.0	2.0	10.0	138	3.8	1.0	6.6	198	3.9	1.3	6.6	199	4.4	1.0	7.8	190
SEX and AGE																
Male																
18-34	44.6	35.0	54.2	123	33.7	20.8	46.6	73	29.5	19.1	39.8	87	17.2	9.4	25.1	97
35-54	21.4	13.9	29.0	124	20.2	13.0	27.4	135	14.3	8.5	20.2	141	20.0	13.1	27.0	137
55+	11.0	2.8	19.1	53	4.0	0.0	8.0	74	7.5	2.1	12.9	81	8.1	1.1	15.1	68
Female																
18-34	22.4	15.1	29.7	151	9.2	4.5	13.8	131	18.4	10.3	26.6	127	15.7	8.2	23.2	112
35-54	6.2	2.5	10.0	167	10.1	5.4	14.9	159	9.9	4.8	14.9	152	4.0	0.9	7.0	163
55+	2.0	0.0	4.7	85	3.7	0.0	7.5	124	1.0	0.0	2.8	118	1.3	0.0	3.2	122
INCOME																
<\$15,000	18.0	7.3	28.8	64	9.9	1.8	17.9	75	18.4	9.8	26.9	105	7.6	1.3	13.8	84
\$15,000 - \$24,999	17.9	10.3	25.4	111	13.3	8.0	18.5	187	12.5	6.7	18.3	145	12.4	6.3	18.5	142
\$25,000 - \$34,999	20.6	13.5	27.7	130	13.8	7.4	20.1	119	12.0	5.8	18.2	114	18.9	9.9	27.9	96
\$35,000 - \$49,999	13.9	7.8	20.0	131	20.8	10.8	30.8	125	14.9	8.1	21.7	130	10.3	4.9	15.7	141
\$50,000+	18.5	13.0	23.9	227	12.8	6.7	18.9	137	9.1	4.7	13.4	171	11.9	6.9	16.8	179
EMPLOYMENT																
Employed	22.2	18.3	26.1	503	16.2	12.5	19.8	475	16.3	12.6	19.9	462	13.5	10.1	16.8	470
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	6.2	2.9	9.5	186	6.8	0.9	12.8	196	6.9	2.7	11.0	224	5.4	1.7	9.2	206
EDUCATION																
K-11th Grade	*	*	*	*	16.9	8.8	25.1	90	14.0	4.6	23.3	57	15.0	3.2	26.7	50
12th Grade or GED	19.6	13.7	25.5	189	17.3	11.9	22.8	235	15.1	9.9	20.3	226	16.3	10.8	21.8	202
Some College	15.9	11.1	20.7	250	10.6	4.8	16.4	239	15.6	10.4	20.8	248	10.4	6.1	14.7	252
College Graduate+	17.8	12.4	23.2	224	9.0	3.8	14.1	133	8.5	4.2	12.8	179	7.7	3.8	11.6	197

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

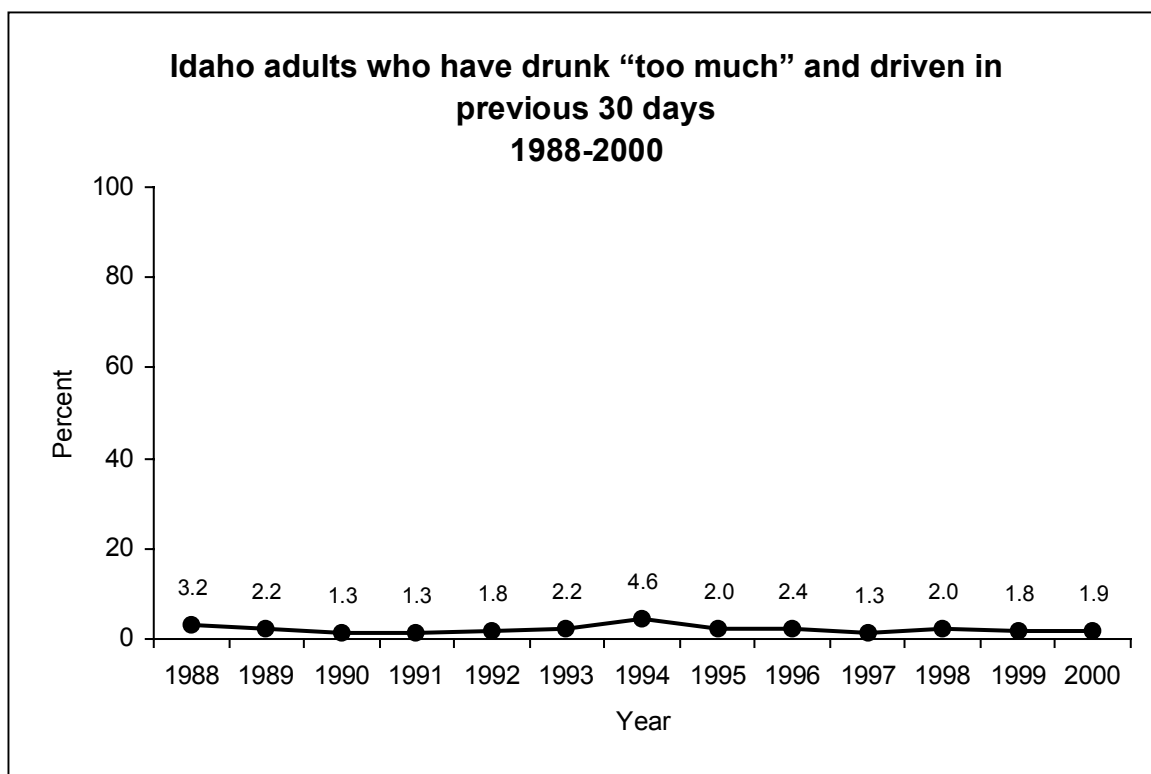
Drinking and Driving

Question: During the past month, how many times have you driven when you've had perhaps too much to drink?

Appendix A, p. 83

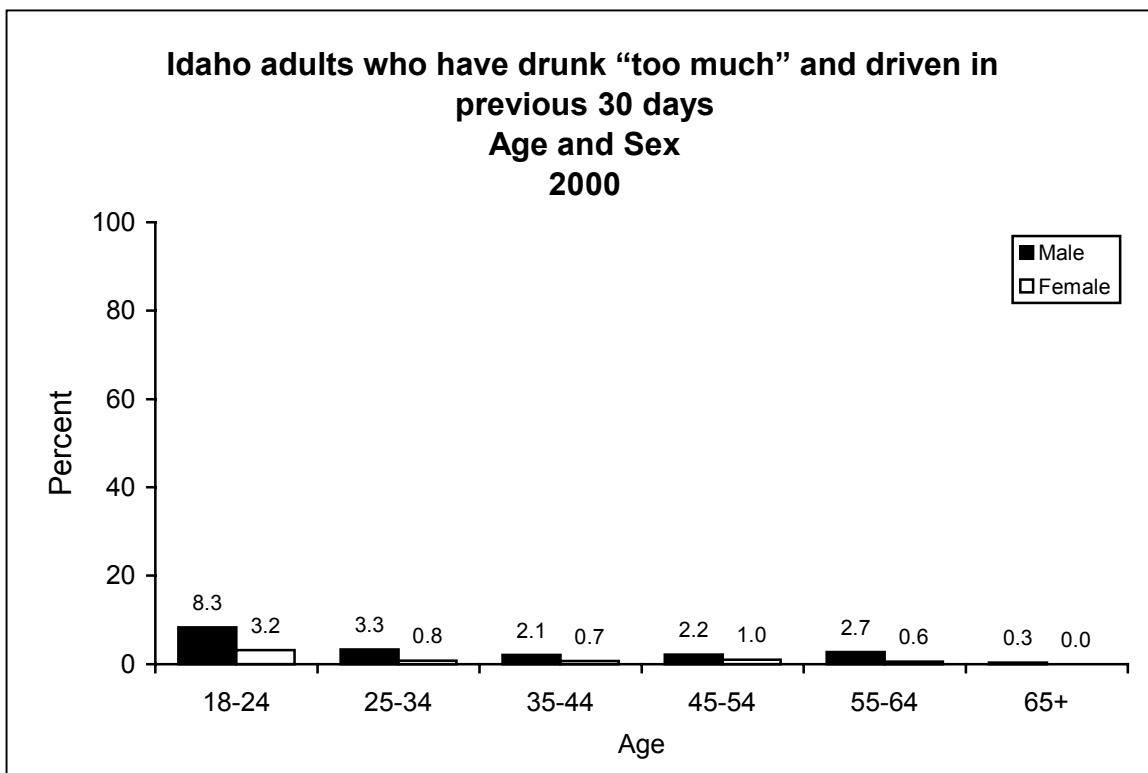
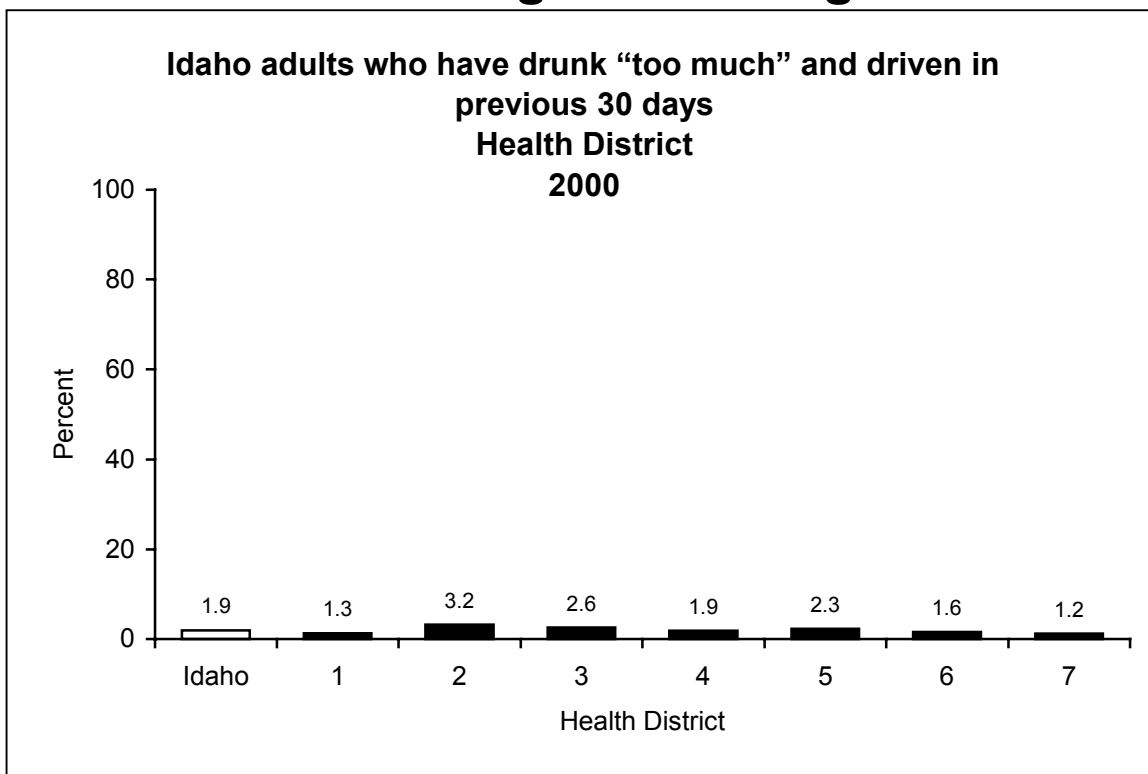
Highlights

- Males are much more likely to report drinking too much and then driving (3.0%), compared with females (less than 1.0%).
- The likelihood that someone will drink too much and then drive decreases with age.
- Among those that report drinking too much and then driving, 89.5% are acute drinkers, compared with 13.5% of those that do not drink too much and then drive.
- Thirty-eight percent (38.4%) of those that drink too much and then drive are chronic drinkers, compared with 3.6% of those that do not drink too much and then drive.



Minor changes have been made to the trend line to correct previous data entry errors.

Drinking and Driving



Drinking and Driving

Idaho adults who have drunk "too much" and driven in previous 30 days, 2000

	State				Health District								
					District 1			District 2			District 3		
	%	95% CI	N		%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	1.9	1.5 2.4	4936		1.3	0.5 2.1	709	3.2	1.6 4.8	699	2.6	0.7 4.4	701
SEX													
Male	3.0	2.1 3.9	2102		2.4	0.8 4.0	304	4.6	1.8 7.4	315	3.9	0.4 7.4	281
Female	0.9	0.5 1.3	2834		0.3	0.0 0.6	405	1.8	0.3 3.3	384	1.3	0.1 2.5	420
AGE													
18-24	5.9	3.2 8.5	573		0.6	0.0 1.9	63	7.8	0.8 14.8	81	12.6	0.4 24.8	68
25-34	2.1	1.0 3.2	930		0.7	0.0 2.2	123	5.2	1.0 9.4	130	0.6	0.0 1.9	135
35-44	1.4	0.7 2.1	1097		2.7	0.0 5.5	162	3.0	0.0 5.9	133	1.9	0.0 4.2	143
45-54	1.6	0.7 2.4	938		2.4	0.1 4.6	140	0.4	0.0 1.2	143	1.6	0.0 3.8	131
55-64	1.6	0.3 3.0	613		0.0	0.0 0.0	102	3.7	0.0 8.1	94	1.6	0.0 4.7	104
65+	0.2	0.0 0.4	765		0.5	0.0 1.6	118	0.0	0.0 0.0	115	0.0	0.0 0.0	119
18-34	3.7	2.4 5.0	1503		0.7	0.0 1.7	186	6.4	2.4 10.5	211	5.6	0.2 11.0	203
35-54	1.5	1.0 2.0	2035		2.5	0.7 4.3	302	1.7	0.1 3.3	276	1.8	0.2 3.3	274
55+	0.8	0.2 1.3	1378		0.3	0.0 0.9	220	1.5	0.0 3.3	209	0.6	0.0 1.8	223
SEX and AGE													
Male													
18-34	5.4	3.1 7.7	638		1.4	0.0 3.3	82	10.1	3.0 17.3	94	8.5	0.0 18.3	82
35-54	2.2	1.2 3.1	908		4.4	0.9 8.0	124	2.2	0.0 4.8	128	2.0	0.0 4.3	115
55+	1.4	0.2 2.6	548		0.7	0.0 2.0	97	0.9	0.0 2.6	91	1.3	0.0 3.9	83
Female													
18-34	1.8	0.8 2.9	865		0.0	0.0 0.0	104	2.3	0.0 5.1	117	2.5	0.0 5.6	121
35-54	0.9	0.3 1.4	1127		0.7	0.0 1.6	178	1.2	0.0 3.0	148	1.5	0.0 3.7	159
55+	0.2	0.0 0.5	830		0.0	0.0 0.0	123	2.0	0.0 5.1	118	0.0	0.0 0.0	140
INCOME													
<\$15,000	2.8	0.5 5.1	614		3.9	0.0 7.7	85	4.8	0.5 9.1	117	6.6	0.0 18.8	82
\$15,000 - \$24,999	1.5	0.6 2.5	1011		0.0	0.0 0.0	141	3.1	0.1 6.1	137	1.2	0.0 3.0	147
\$25,000 - \$34,999	2.3	1.3 3.4	837		1.6	0.0 3.7	141	5.2	0.0 11.3	116	2.9	0.0 5.9	119
\$35,000 - \$49,999	1.8	0.8 2.7	966		1.7	0.0 3.8	152	3.8	0.0 7.7	117	1.3	0.0 3.1	169
\$50,000+	1.6	0.7 2.5	1127		1.0	0.0 3.0	123	1.3	0.0 2.9	163	3.1	0.0 7.5	125
EMPLOYMENT													
Employed	2.4	1.7 3.1	3236		1.4	0.2 2.5	440	3.2	1.3 5.0	428	4.0	1.2 6.9	451
Unemployed	4.8	0.1 9.5	169		*	* *	*	*	* *	*	*	* *	*
Other**	0.7	0.2 1.1	1522		1.4	0.2 2.6	235	1.5	0.0 3.1	250	0.0	0.0 0.0	224
EDUCATION													
K-11th Grade	2.4	0.1 4.8	480		1.8	0.0 4.0	73	0.0	0.0 0.0	59	5.2	0.0 14.2	101
12th Grade or GED	2.2	1.3 3.1	1575		1.2	0.0 2.6	270	3.6	0.0 7.2	195	3.7	0.7 6.6	257
Some College	1.6	0.9 2.2	1628		0.8	0.0 1.7	215	3.3	0.7 5.8	214	1.0	0.0 2.4	208
College Graduate+	2.0	1.0 2.9	1247		2.0	0.0 4.2	151	3.7	0.9 6.5	229	0.9	0.0 2.7	133

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Drinking and Driving

Idaho adults who have drunk "too much" and driven in previous 30 days, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	1.9	0.8	2.9	710	2.3	0.8	3.7	702	1.6	0.5	2.7	713	1.2	0.4	2.1	702
SEX																
Male	2.8	0.9	4.6	304	4.1	1.2	6.9	285	2.9	0.7	5.0	311	1.0	0.0	2.1	302
Female	1.1	0.0	2.1	406	0.5	0.0	1.2	417	0.3	0.0	0.8	402	1.5	0.2	2.7	400
AGE																
18-24	6.2	1.1	11.3	101	9.1	0.0	19.2	71	2.8	0.0	5.7	96	1.7	0.0	4.1	93
25-34	2.3	0.0	4.7	173	2.0	0.0	4.6	134	2.3	0.0	6.8	118	2.6	0.0	5.6	117
35-44	0.6	0.0	1.8	161	0.8	0.0	1.8	163	1.4	0.0	3.2	168	1.0	0.0	2.4	167
45-54	1.6	0.0	3.6	131	2.3	0.0	4.9	133	0.7	0.0	1.7	126	1.5	0.0	3.7	134
55-64	2.1	0.0	6.1	72	2.5	0.0	6.3	79	2.2	0.0	5.4	79	0.0	0.0	0.0	83
65+	0.0	0.0	0.0	66	0.0	0.0	0.0	120	0.5	0.0	1.6	121	0.0	0.0	0.0	106
18-34	3.9	1.4	6.3	274	4.7	0.5	9.0	205	2.5	0.0	5.4	214	2.2	0.3	4.1	210
35-54	1.1	0.0	2.2	292	1.5	0.1	2.9	296	1.1	0.0	2.1	294	1.2	0.0	2.5	301
55+	0.9	0.0	2.7	138	1.0	0.0	2.4	199	1.2	0.0	2.7	200	0.0	0.0	0.0	189
SEX and AGE																
Male																
18-34	5.0	1.1	8.9	123	8.7	0.8	16.6	73	3.9	0.0	9.4	87	1.9	0.0	4.5	97
35-54	1.5	0.0	3.5	125	2.3	0.0	4.6	137	2.1	0.0	4.3	141	0.8	0.0	2.0	138
55+	2.1	0.0	6.1	53	1.6	0.0	4.7	75	2.7	0.0	5.9	82	0.0	0.0	0.0	67
Female																
18-34	2.7	0.0	5.7	151	0.4	0.0	1.2	132	1.1	0.0	2.6	127	2.5	0.0	5.3	113
35-54	0.6	0.0	1.8	167	0.7	0.0	2.2	159	0.0	0.0	0.0	153	1.6	0.0	3.9	163
55+	0.0	0.0	0.0	85	0.4	0.0	1.2	124	0.0	0.0	0.0	118	0.0	0.0	0.0	122
INCOME																
<\$15,000	2.0	0.0	5.8	64	0.7	0.0	2.0	76	1.0	0.0	2.3	106	0.0	0.0	0.0	84
\$15,000 - \$24,999	2.8	0.0	5.9	111	1.6	0.0	4.6	189	0.6	0.0	1.7	145	1.6	0.0	3.9	141
\$25,000 - \$34,999	1.3	0.0	3.1	130	3.6	0.2	6.9	120	2.0	0.0	4.2	114	2.3	0.0	5.0	97
\$35,000 - \$49,999	1.6	0.0	3.4	131	4.0	0.0	8.9	125	0.0	0.0	0.0	131	1.4	0.0	3.5	141
\$50,000+	1.4	0.0	3.0	228	1.8	0.0	4.3	137	2.3	0.1	4.4	171	1.1	0.0	2.7	180
EMPLOYMENT																
Employed	2.1	0.9	3.4	504	3.4	1.2	5.5	478	1.5	0.4	2.5	463	1.6	0.5	2.8	472
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	0.1	0.0	0.4	186	0.0	0.0	0.0	197	1.9	0.0	4.8	225	0.5	0.0	1.5	205
EDUCATION																
K-11th Grade	*	*	*	*	0.7	0.0	2.2	92	4.4	0.0	9.3	58	0.0	0.0	0.0	51
12th Grade or GED	2.2	0.1	4.3	189	2.4	0.0	5.1	236	0.3	0.0	0.8	226	2.3	0.3	4.4	202
Some College	0.5	0.0	1.1	250	2.6	0.0	5.4	240	3.2	0.3	6.1	249	1.6	0.0	3.3	252
College Graduate+	3.1	0.6	5.6	225	2.6	0.0	5.7	133	0.2	0.0	0.5	179	0.0	0.0	0.0	197

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

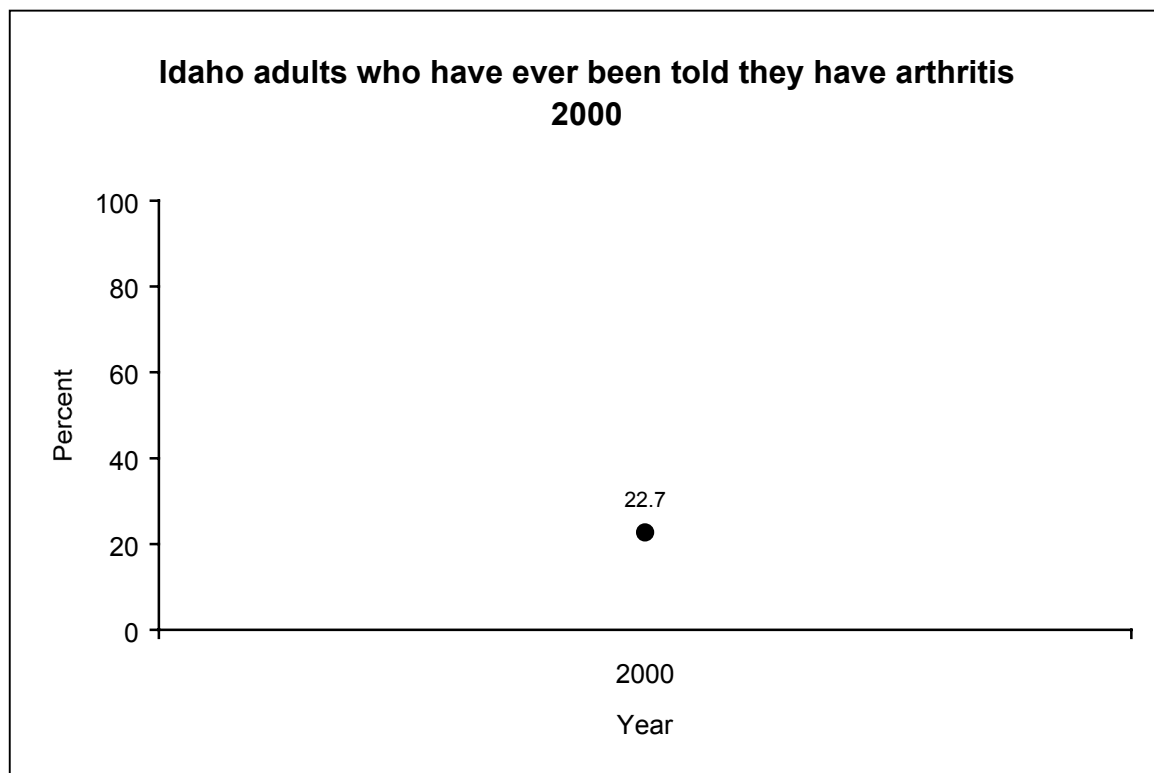
Arthritis

Question: Have you ever been told by a doctor that you have arthritis?

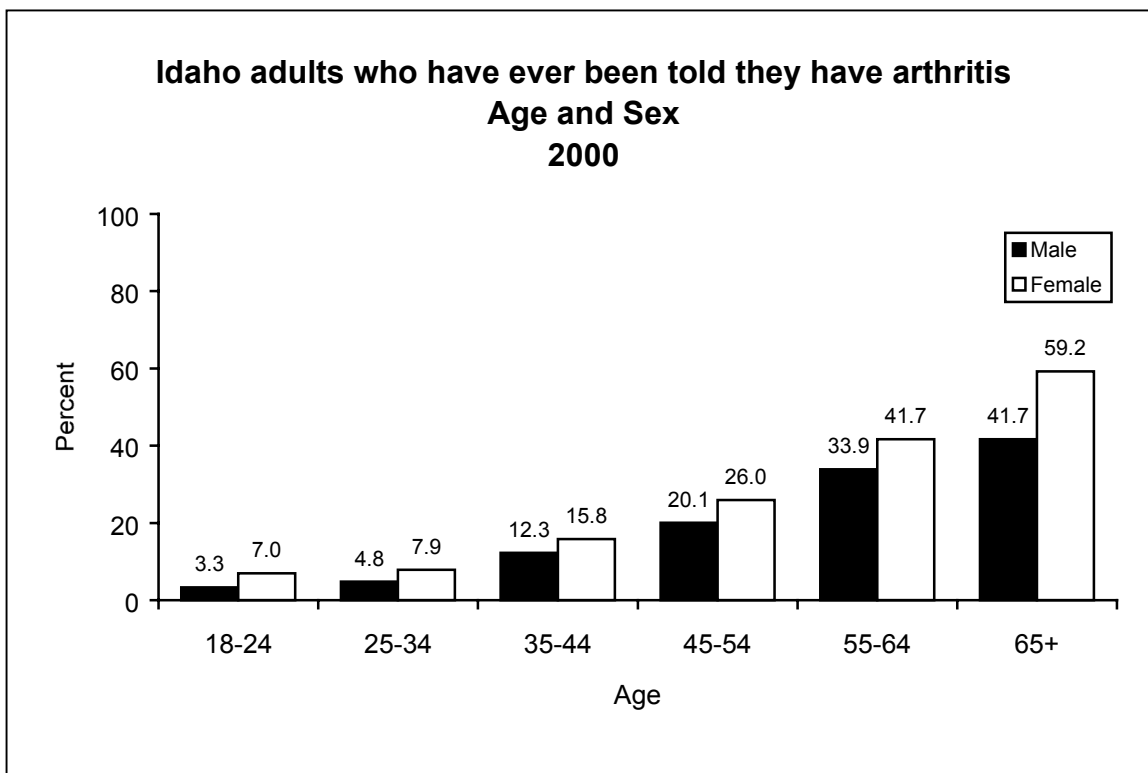
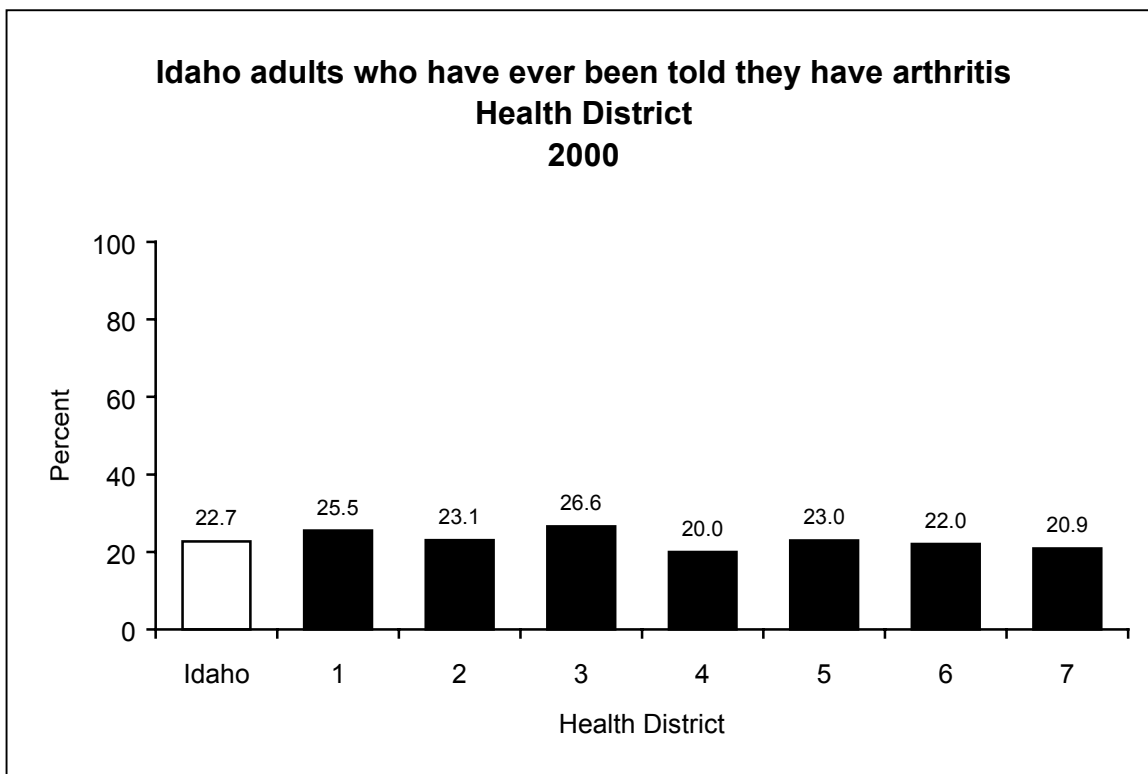
Appendix A, p. 83

Highlights

- Eighteen percent (18.3%) of males report ever being told they have arthritis, compared with 27.0% of females.
- Those in the older age groups report higher prevalences of ever being told they have arthritis. Fifty-two percent (51.7%) of those aged 65+ have ever been told they have arthritis, compared with 5.1% of those aged 18-24.
- Just over half (52.4%) of females 55+ report having ever been told they have arthritis. Thirty-eight percent (38.2%) of males in the same age group report ever being told they have arthritis.
- Twenty-seven percent (27.1%) of those who report ever being told they have arthritis also report that their health is fair or poor. Nine percent (8.9%) of those who have not been told they have arthritis report that their health is fair or poor.



Arthritis



Arthritis

Idaho adults who have ever been told they have arthritis, 2000

	State			Health District								
				District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	22.7	21.3 24.1	4930	25.5	22.0 29.0	709	23.1	19.7 26.4	699	26.6	23.0 30.2	700
SEX												
Male	18.3	16.4 20.3	2103	22.2	17.2 27.3	303	18.8	14.0 23.5	317	22.4	17.1 27.6	281
Female	27.0	25.0 28.9	2827	28.6	23.7 33.5	406	27.4	22.6 32.1	382	30.7	25.8 35.5	419
AGE												
18-24	5.1	3.1 7.0	572	8.1	0.6 15.6	63	4.9	0.4 9.3	81	4.4	0.0 10.6	68
25-34	6.3	4.5 8.2	927	5.7	1.7 9.7	123	9.5	4.2 14.8	129	5.1	1.3 9.0	135
35-44	14.1	11.8 16.3	1096	12.4	6.6 18.1	162	16.1	9.7 22.5	135	18.0	11.5 24.6	143
45-54	23.0	19.8 26.2	934	24.9	17.1 32.6	140	17.5	10.9 24.1	142	27.4	19.1 35.7	130
55-64	37.8	33.3 42.3	613	48.5	37.9 59.1	101	41.4	30.8 52.0	94	42.9	32.4 53.3	104
65+	51.7	47.3 56.1	764	50.6	41.0 60.3	117	52.0	42.2 61.8	115	56.7	47.1 66.3	119
18-34	5.8	4.5 7.1	1499	6.6	2.8 10.4	186	7.3	3.8 10.7	210	4.8	1.4 8.2	203
35-54	18.4	16.4 20.3	2030	18.6	13.8 23.5	302	16.8	12.2 21.4	277	22.7	17.4 28.0	273
55+	46.0	42.7 49.2	1377	49.8	42.6 56.9	218	47.7	40.4 55.0	209	51.4	44.2 58.6	223
SEX and AGE												
Male												
18-34	4.2	2.3 6.1	638	4.0	0.0 8.1	82	6.8	1.8 11.9	94	4.9	0.0 10.2	82
35-54	16.1	13.3 18.8	908	17.9	10.3 25.4	124	12.7	6.7 18.7	130	18.4	10.6 26.1	115
55+	38.2	33.3 43.1	547	45.2	34.5 55.9	95	41.4	30.4 52.5	91	46.0	34.5 57.4	83
Female												
18-34	7.5	5.5 9.4	861	9.4	3.0 15.7	104	7.7	2.9 12.5	116	4.8	0.6 9.0	121
35-54	20.6	17.8 23.4	1122	19.4	13.1 25.6	178	20.9	14.0 27.8	147	26.9	19.6 34.1	158
55+	52.4	48.3 56.6	830	53.6	44.0 63.1	123	53.2	43.6 62.9	118	55.9	46.8 65.0	140
INCOME												
<\$15,000	31.5	27.2 35.7	613	42.9	31.4 54.4	85	22.2	14.4 30.0	116	36.9	24.7 49.2	82
\$15,000 - \$24,999	26.7	23.4 30.0	1006	26.6	18.6 34.7	140	25.1	17.2 33.1	136	27.2	19.7 34.7	146
\$25,000 - \$34,999	26.0	22.4 29.6	838	31.6	22.9 40.3	140	25.3	16.5 34.1	118	31.3	21.9 40.6	119
\$35,000 - \$49,999	18.2	15.2 21.2	962	18.1	11.5 24.8	152	25.7	17.1 34.2	117	22.8	15.6 29.9	169
\$50,000+	15.3	12.7 17.9	1126	16.5	9.3 23.8	123	12.6	7.4 17.9	163	14.6	8.1 21.0	125
EMPLOYMENT												
Employed	15.7	14.2 17.2	3233	17.0	13.2 20.9	441	16.2	12.6 19.8	430	20.3	16.3 24.3	450
Unemployed	16.5	10.1 22.8	168	*	*	*	*	*	*	*	*	*
Other**	38.0	35.1 41.0	1520	40.6	33.7 47.4	234	33.7	27.3 40.1	248	42.0	34.8 49.2	224
EDUCATION												
K-11th Grade	29.6	24.6 34.5	479	30.9	19.3 42.5	72	39.0	25.6 52.4	59	33.9	23.6 44.2	101
12th Grade or GED	23.7	21.2 26.1	1576	25.0	19.4 30.5	272	28.3	21.5 35.0	196	24.5	18.7 30.2	256
Some College	22.8	20.3 25.3	1625	26.5	20.0 33.0	215	21.5	15.6 27.5	213	28.8	22.0 35.6	208
College Graduate+	18.8	16.2 21.4	1244	22.3	14.9 29.7	150	15.5	10.5 20.5	229	22.1	14.5 29.7	133

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Arthritis

Idaho adults who have ever been told they have arthritis, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	20.0	16.5	23.5	712	23.0	19.5	26.4	702	22.0	18.8	25.3	709	20.9	17.6	24.2	699
SEX																
Male	15.7	10.9	20.6	305	16.8	11.6	21.9	285	15.6	11.4	19.7	310	18.6	13.9	23.2	302
Female	24.0	19.0	29.0	407	29.0	24.0	33.9	417	28.3	23.4	33.1	399	23.2	18.6	27.8	397
AGE																
18-24	3.6	0.0	7.1	101	8.8	0.5	17.1	70	5.9	1.4	10.4	96	2.8	0.0	5.6	93
25-34	4.1	1.1	7.1	173	12.6	3.4	21.7	133	4.4	1.1	7.7	117	6.9	2.2	11.5	117
35-44	10.5	5.7	15.3	162	16.6	10.7	22.5	164	14.5	8.7	20.3	165	16.1	9.2	22.9	165
45-54	23.8	15.9	31.6	131	18.6	10.5	26.6	133	24.1	16.1	32.2	125	20.2	12.9	27.5	133
55-64	32.2	20.8	43.7	72	32.3	21.4	43.3	79	34.6	23.2	46.1	80	36.2	24.9	47.4	83
65+	51.0	37.7	64.4	66	45.4	35.9	54.9	119	52.6	43.1	62.1	121	53.8	43.6	64.0	107
18-34	3.9	1.6	6.2	274	11.1	5.1	17.2	203	5.0	2.3	7.7	213	4.9	2.1	7.7	210
35-54	16.7	12.2	21.3	293	17.5	12.6	22.5	297	19.0	14.1	23.9	290	18.0	13.1	23.0	298
55+	42.6	33.4	51.8	138	40.3	33.0	47.6	198	45.1	37.7	52.5	201	46.1	38.2	53.9	190
SEX and AGE																
Male																
18-34	2.4	0.0	5.1	123	8.8	0.0	19.3	73	2.0	0.0	4.4	87	3.2	0.0	6.5	97
35-54	15.2	8.7	21.8	126	15.7	9.5	21.9	137	14.2	8.1	20.4	139	17.5	10.7	24.2	137
55+	33.1	19.1	47.1	53	26.7	16.4	37.0	74	34.4	23.6	45.2	83	42.6	30.1	55.2	68
Female																
18-34	5.4	1.7	9.1	151	13.7	6.2	21.2	130	8.2	3.4	13.1	126	6.7	2.2	11.2	113
35-54	18.2	11.9	24.5	167	19.4	11.9	26.9	160	23.9	16.4	31.4	151	18.6	11.3	26.0	161
55+	50.3	38.6	61.9	85	51.6	41.9	61.2	124	54.1	44.4	63.9	118	48.9	39.3	58.5	122
INCOME																
<\$15,000	25.9	14.7	37.1	65	36.9	24.8	48.9	75	30.5	21.0	40.1	106	27.8	17.6	37.9	84
\$15,000 - \$24,999	25.1	15.3	34.8	112	29.4	22.0	36.9	187	26.6	18.7	34.5	144	26.3	18.0	34.6	141
\$25,000 - \$34,999	27.0	18.0	36.0	130	23.9	15.2	32.5	121	19.5	11.5	27.4	113	16.5	8.3	24.6	97
\$35,000 - \$49,999	11.8	4.6	19.0	131	20.0	10.2	29.9	125	19.2	11.7	26.7	128	17.6	10.9	24.3	140
\$50,000+	14.7	9.2	20.3	228	14.7	8.5	20.8	137	16.2	10.4	22.0	171	18.0	12.0	24.0	179
EMPLOYMENT																
Employed	13.4	10.0	16.9	505	15.0	11.4	18.6	478	14.6	11.1	18.0	460	15.3	11.7	18.9	469
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	35.1	27.1	43.1	187	41.4	33.3	49.5	196	38.9	31.9	45.8	226	34.6	27.6	41.6	205
EDUCATION																
K-11th Grade	*	*	*	*	19.7	11.2	28.1	92	38.0	24.2	51.8	58	31.9	18.0	45.9	51
12th Grade or GED	20.3	13.4	27.1	189	25.3	19.3	31.4	236	25.1	19.0	31.1	225	20.6	14.7	26.4	202
Some College	21.2	15.2	27.1	252	25.3	18.5	32.2	240	19.2	13.9	24.5	247	18.3	13.1	23.5	250
College Graduate+	17.5	11.8	23.3	225	16.6	9.9	23.2	133	16.8	11.0	22.7	178	22.0	15.7	28.3	196

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

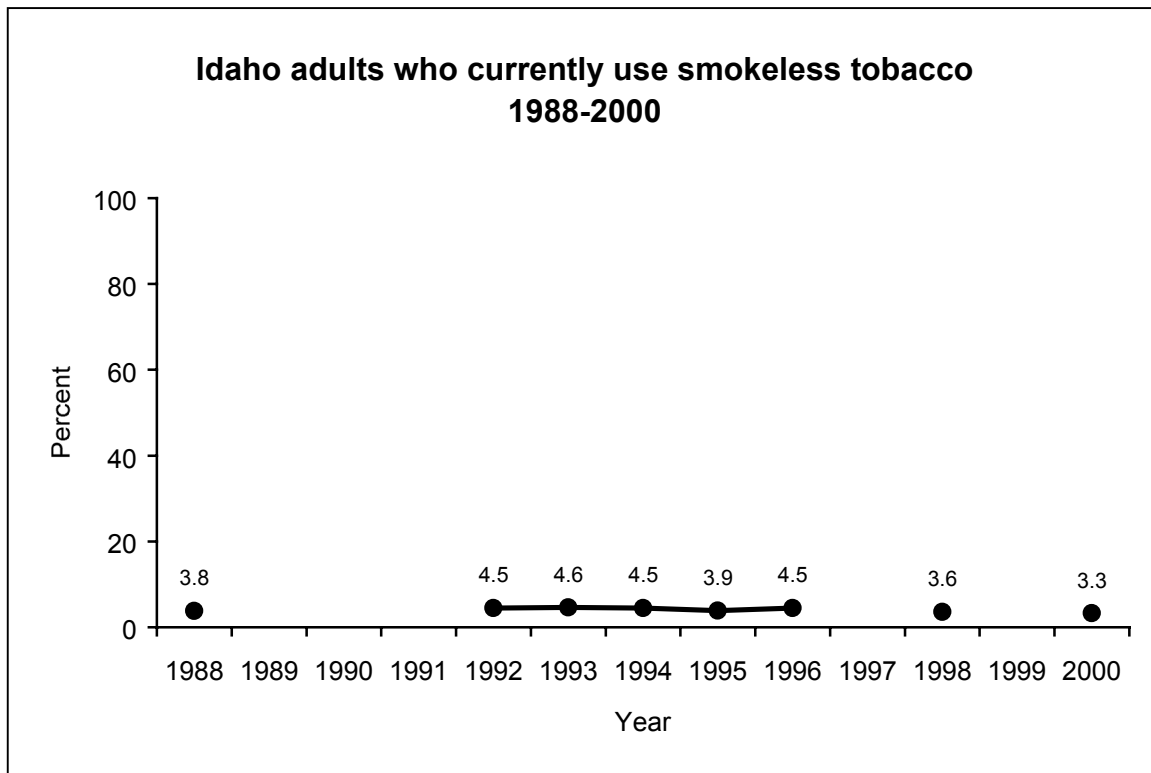
Smokeless Tobacco Use

Question: Do you currently use any smokeless tobacco products such as chewing tobacco or snuff?

Appendix A, p. 83

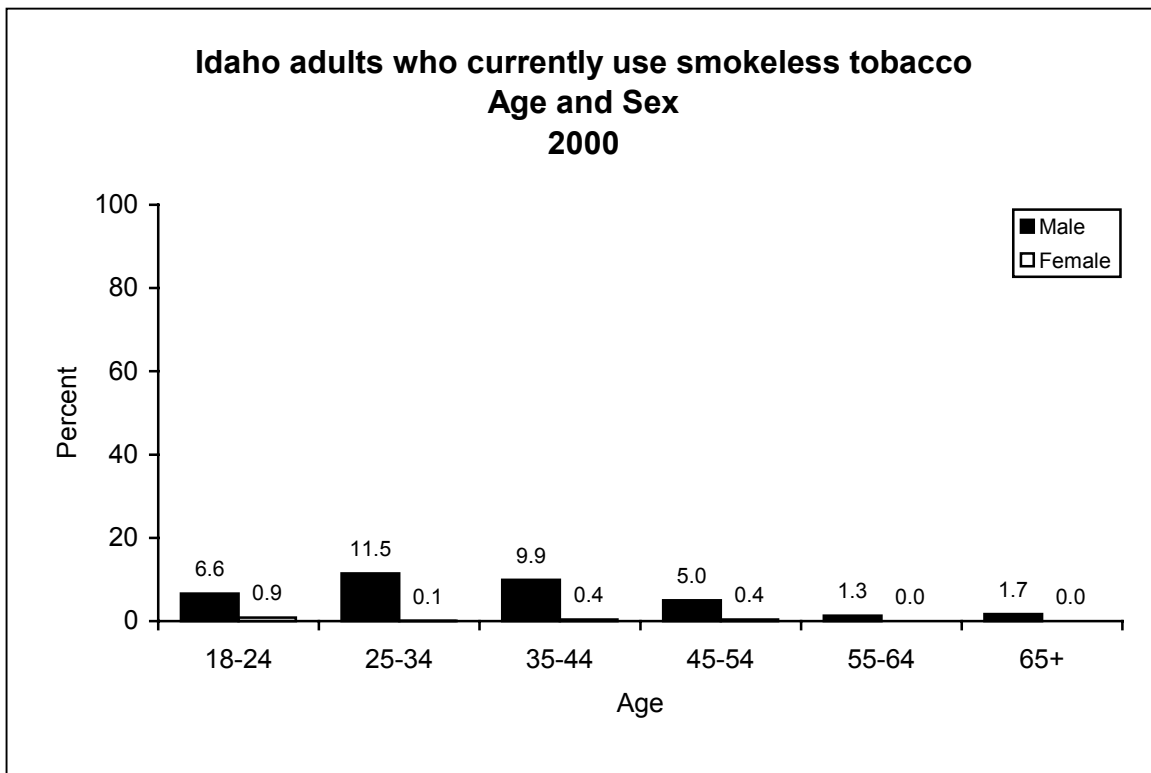
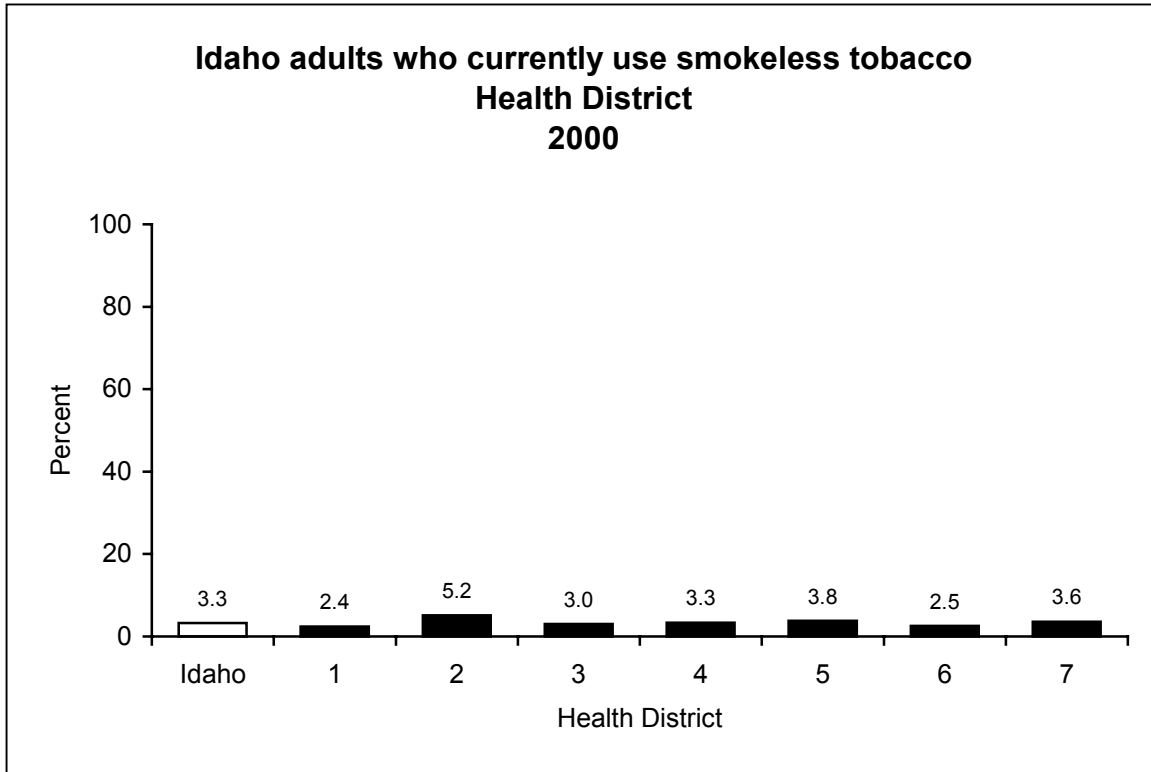
Highlights

- Seven percent (6.5%) of males use smokeless tobacco, compared with less than 1.0% of females.
- Twelve percent (11.5%) of males aged 25-34 use smokeless tobacco.
- Generally, the use of smokeless tobacco decreases with age.
- The trend for smokeless tobacco has remained stable since 1988.



Results may differ from previous publications due to revisions in risk factor definitions.
Breaks in the trend line indicate that data are not available for those years.

Smokeless Tobacco Use



Smokeless Tobacco Use

Idaho adults who currently use smokeless tobacco, 2000

	Health District											
	State			District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	3.3	2.7 3.9	4935	2.4	1.1 3.6	709	5.2	3.3 7.0	699	3.0	1.6 4.4	700
SEX												
Male	6.5	5.3 7.6	2101	4.9	2.3 7.5	303	10.3	6.6 13.9	316	6.1	3.3 9.0	280
Female	0.3	0.0 0.5	2834	0.0	0.0 0.0	406	0.1	0.0 0.4	383	0.0	0.0 0.0	420
AGE												
18-24	3.8	2.0 5.6	573	2.6	0.0 5.6	63	7.7	0.9 14.5	81	1.0	0.0 2.8	68
25-34	5.9	4.1 7.7	929	5.1	0.3 10.0	123	4.5	1.0 8.0	130	6.9	1.8 12.0	135
35-44	5.1	3.5 6.7	1096	4.3	0.5 8.1	161	6.5	2.4 10.6	135	3.9	0.2 7.6	142
45-54	2.7	1.4 4.0	935	2.1	0.0 4.5	140	6.3	1.5 11.1	142	3.0	0.0 6.2	131
55-64	0.7	0.0 1.4	613	0.0	0.0 0.0	101	0.0	0.0 0.0	94	1.2	0.0 2.9	104
65+	0.7	0.1 1.3	764	0.0	0.0 0.0	118	4.7	0.4 8.9	114	1.1	0.0 3.3	119
18-34	5.0	3.8 6.3	1502	4.1	0.9 7.3	186	6.0	2.3 9.8	211	4.4	1.3 7.6	203
35-54	3.9	2.9 5.0	2031	3.2	0.9 5.5	301	6.4	3.2 9.5	277	3.5	1.0 5.9	273
55+	0.7	0.2 1.2	1377	0.0	0.0 0.0	219	2.8	0.2 5.3	208	1.2	0.0 2.7	223
SEX and AGE												
Male												
18-34	9.4	7.0 11.8	638	8.1	1.9 14.3	82	11.1	4.1 18.1	94	8.5	2.5 14.5	82
35-54	7.6	5.6 9.5	906	6.5	1.9 11.1	123	12.8	6.7 18.9	130	7.1	2.1 12.1	114
55+	1.6	0.5 2.6	547	0.0	0.0 0.0	96	5.9	0.6 11.3	90	2.5	0.0 5.8	83
Female												
18-34	0.4	0.0 0.9	864	0.0	0.0 0.0	104	0.4	0.0 1.1	117	0.0	0.0 0.0	121
35-54	0.4	0.0 0.8	1125	0.0	0.0 0.0	178	0.0	0.0 0.0	147	0.0	0.0 0.0	159
55+	0.0	0.0 0.0	830	0.0	0.0 0.0	123	0.0	0.0 0.0	118	0.0	0.0 0.0	140
INCOME												
<\$15,000	2.5	1.1 3.8	614	0.0	0.0 0.0	85	7.1	1.8 12.5	117	1.5	0.0 4.4	82
\$15,000 - \$24,999	2.8	1.8 3.9	1009	2.5	0.0 5.0	141	4.3	0.8 7.9	136	2.2	0.0 5.1	147
\$25,000 - \$34,999	3.9	2.4 5.4	840	5.7	1.1 10.3	141	2.3	0.0 4.6	118	5.0	1.1 8.9	119
\$35,000 - \$49,999	3.9	2.4 5.3	964	3.2	0.4 5.9	152	4.8	0.7 8.9	117	2.0	0.0 4.2	169
\$50,000+	3.7	2.3 5.1	1123	0.0	0.0 0.0	122	6.6	1.6 11.6	162	4.9	0.2 9.6	124
EMPLOYMENT												
Employed	4.5	3.7 5.4	3235	3.9	1.9 6.0	439	4.5	2.5 6.5	429	4.7	2.5 6.9	450
Unemployed	1.7	0.0 3.9	168	*	* *	*	*	* *	*	*	* *	*
Other**	1.0	0.5 1.5	1523	0.0	0.0 0.0	236	6.0	2.2 9.7	249	0.2	0.0 0.4	224
EDUCATION												
K-11th Grade	2.5	0.9 4.1	480	0.9	0.0 2.6	73	6.1	0.0 13.4	59	2.8	0.0 6.7	101
12th Grade or GED	4.2	3.1 5.4	1575	3.3	1.1 5.4	270	7.3	2.9 11.8	196	2.6	0.7 4.6	257
Some College	3.0	2.1 3.9	1626	2.4	0.1 4.7	215	5.6	2.5 8.6	212	4.2	0.9 7.5	207
College Graduate+	2.8	1.6 4.0	1247	1.5	0.0 4.5	151	2.6	0.4 4.8	229	2.1	0.0 4.2	133

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Smokeless Tobacco Use

Idaho adults who currently use smokeless tobacco, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	3.3	1.9	4.8	712	3.8	2.2	5.5	704	2.5	1.2	3.8	712	3.6	2.1	5.0	699
SEX																
Male	6.4	3.6	9.3	305	7.6	4.2	10.9	285	4.1	1.9	6.3	311	7.2	4.3	10.2	301
Female	0.4	0.0	0.9	407	0.3	0.0	0.7	419	1.0	0.0	2.4	401	0.0	0.0	0.0	398
AGE																
18-24	6.1	0.9	11.3	101	4.6	0.0	10.8	71	3.0	0.0	6.7	96	1.2	0.0	3.0	93
25-34	6.2	2.3	10.1	173	6.8	1.8	11.9	134	5.3	0.9	9.6	118	5.4	0.8	10.0	116
35-44	4.8	0.9	8.6	162	4.6	1.1	8.1	164	4.0	1.0	7.0	168	8.9	4.2	13.6	164
45-54	1.4	0.0	4.0	131	5.3	0.5	10.1	133	1.8	0.0	5.3	124	2.2	0.0	4.8	134
55-64	1.0	0.0	3.0	72	0.0	0.0	0.0	79	0.0	0.0	0.0	80	1.9	0.0	5.6	83
65+	0.0	0.0	0.0	66	1.1	0.0	3.1	119	0.0	0.0	0.0	121	0.0	0.0	0.0	107
18-34	6.2	3.0	9.3	274	6.0	2.0	9.9	205	4.4	1.4	7.3	214	3.4	0.8	6.0	209
35-54	3.2	0.8	5.6	293	4.9	2.0	7.9	297	3.0	0.7	5.2	292	5.7	2.9	8.5	298
55+	0.5	0.0	1.4	138	0.7	0.0	1.9	198	0.0	0.0	0.0	201	0.8	0.0	2.5	190
SEX and AGE																
Male																
18-34	10.8	5.0	16.6	123	11.5	4.0	18.9	73	8.5	2.8	14.2	87	6.7	1.7	11.7	97
35-54	6.4	1.6	11.2	126	9.2	3.6	14.7	137	3.3	0.4	6.2	140	11.3	5.9	16.7	136
55+	1.0	0.0	3.0	53	1.4	0.0	4.2	74	0.0	0.0	0.0	83	1.8	0.0	5.4	68
Female																
18-34	1.4	0.0	3.2	151	0.0	0.0	0.0	132	0.0	0.0	0.0	127	0.0	0.0	0.0	112
35-54	0.0	0.0	0.0	167	0.7	0.0	2.0	160	2.7	0.0	6.2	152	0.0	0.0	0.0	162
55+	0.0	0.0	0.0	85	0.0	0.0	0.0	124	0.0	0.0	0.0	118	0.0	0.0	0.0	122
INCOME																
<\$15,000	0.0	0.0	0.0	65	5.5	0.0	13.2	76	0.9	0.0	2.6	106	5.0	0.0	10.0	83
\$15,000 - \$24,999	2.2	0.0	4.4	112	3.8	0.8	6.8	188	1.8	0.0	4.3	143	3.8	0.4	7.1	142
\$25,000 - \$34,999	3.8	0.5	7.2	130	3.2	0.0	6.6	121	1.3	0.0	3.2	114	4.5	0.4	8.6	97
\$35,000 - \$49,999	5.1	1.0	9.3	131	2.8	0.0	6.0	125	3.5	0.1	6.9	131	5.8	1.6	10.0	139
\$50,000+	4.1	1.2	7.0	228	4.3	0.5	8.0	137	4.4	0.9	8.0	171	1.8	0.0	3.9	179
EMPLOYMENT																
Employed	4.7	2.7	6.7	505	4.7	2.5	6.9	480	3.8	1.8	5.7	462	5.1	3.0	7.2	470
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	0.0	0.0	0.0	187	2.4	0.0	5.1	196	0.2	0.0	0.6	226	0.5	0.0	1.6	205
EDUCATION																
K-11th Grade	*	*	*	*	4.5	0.0	9.8	92	0.0	0.0	0.0	58	2.2	0.0	6.5	51
12th Grade or GED	4.3	1.2	7.3	189	4.9	1.7	8.1	236	3.4	0.6	6.1	226	6.3	2.6	9.9	201
Some College	1.7	0.1	3.2	252	2.9	0.6	5.3	241	3.6	1.2	6.1	248	3.5	1.2	5.8	251
College Graduate+	4.9	1.6	8.1	225	3.0	0.0	6.4	134	0.9	0.0	2.5	179	1.4	0.0	3.3	196

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

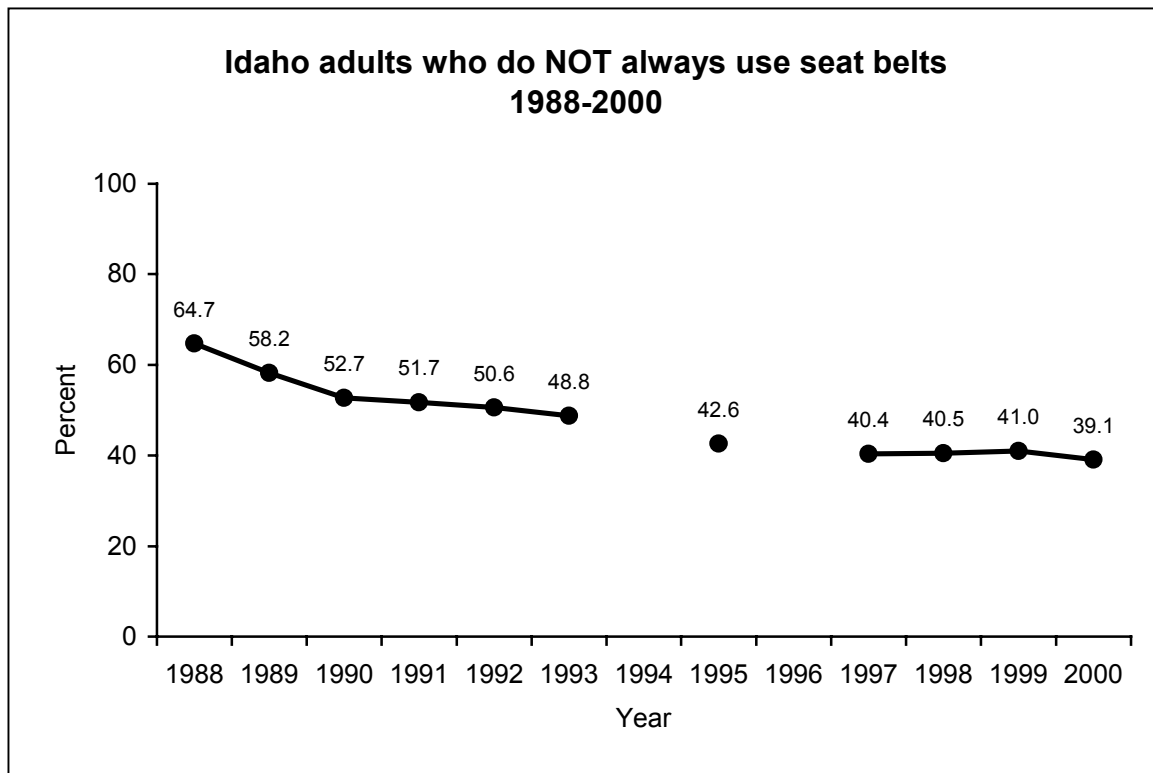
Seat Belt Use

Question: How often do you use seat belts when you drive or ride in a car?

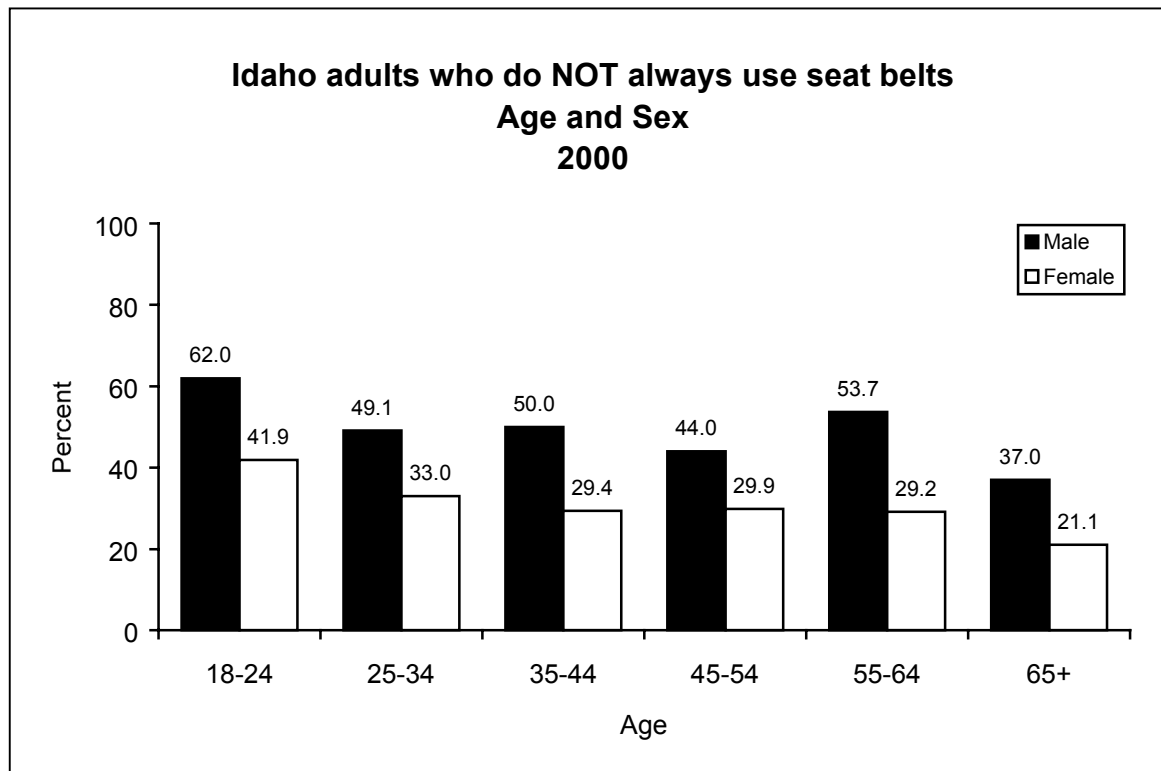
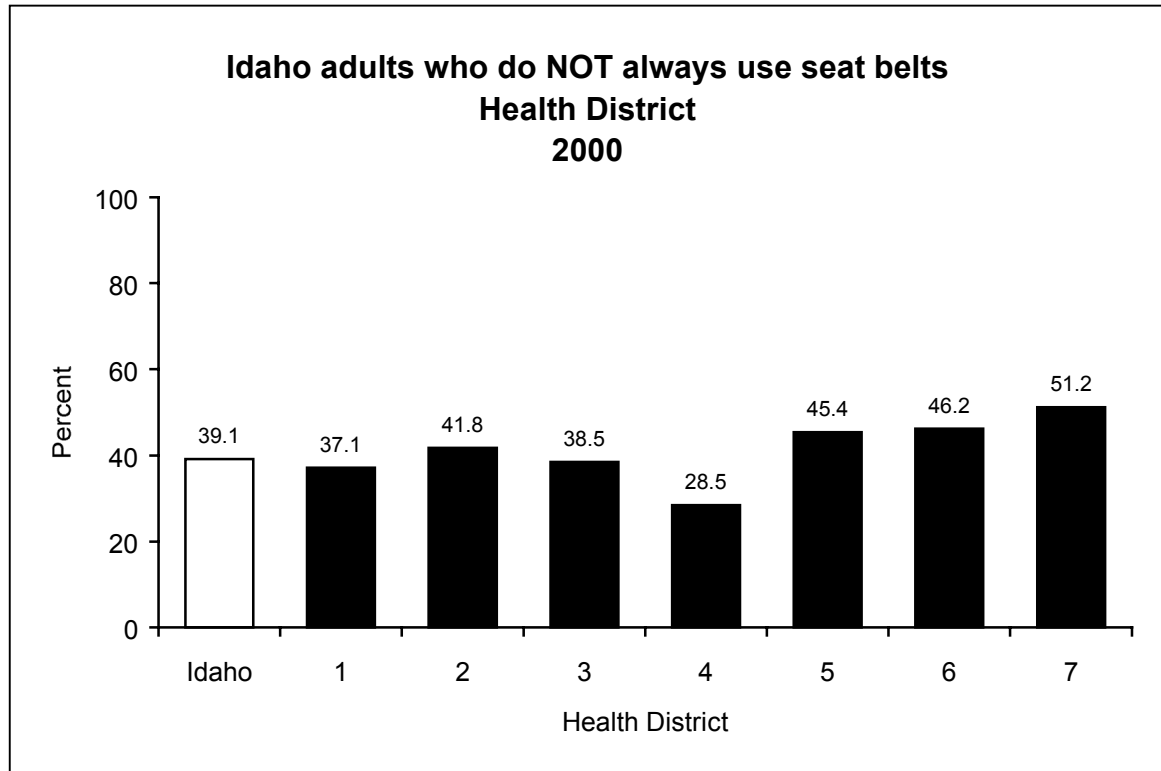
Appendix A, p. 84

Highlights

- The trend for not always using seat belts has declined from 64.7% in 1988 to 39.1% in 2000.
- Forty-nine (48.7%) of males report not always using seat belts, compared with 29.9% of females.
- Prevalences of not always using seat belts within districts range from a low of 28.5% (District 4) to a high of 51.2% (District 7).
- Those in the 65+ age category report the lowest prevalence of not always using seat belts (27.9%). The highest prevalence of not always using seat belts is reported by those in the 18-24 age category (52.3%).



Seat Belt Use



Seat Belt Use

Idaho adults who do NOT always use seat belts, 2000

	State			Health District								
				District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	39.1	37.5 40.7	4927	37.1	33.2 41.1	708	41.8	37.7 45.9	700	38.5	34.4 42.6	700
SEX												
Male	48.7	46.2 51.2	2099	46.4	40.4 52.4	303	51.2	45.1 57.3	317	51.7	45.2 58.2	281
Female	29.9	28.0 31.8	2828	28.4	23.3 33.5	405	32.3	27.2 37.4	383	25.8	21.3 30.4	419
AGE												
18-24	52.3	47.5 57.1	572	43.1	27.9 58.3	63	49.9	37.8 62.1	81	53.8	40.1 67.5	68
25-34	41.2	37.7 44.8	928	46.0	36.3 55.6	123	46.6	36.8 56.4	130	35.5	26.7 44.3	135
35-44	39.6	36.2 42.9	1095	45.9	37.2 54.5	160	38.6	29.9 47.4	135	41.0	32.0 49.9	143
45-54	37.0	33.3 40.7	934	39.4	30.7 48.1	139	47.4	38.3 56.5	142	43.0	33.5 52.4	131
55-64	41.2	36.6 45.8	613	24.3	15.5 33.1	102	45.7	35.1 56.4	94	39.6	29.0 50.2	104
65+	27.9	24.1 31.8	761	25.0	16.8 33.1	118	25.4	16.8 34.0	115	23.9	15.8 32.1	118
18-34	45.9	42.9 48.8	1500	44.9	36.5 53.2	186	48.2	40.5 55.9	211	43.1	35.3 50.9	203
35-54	38.3	35.8 40.8	2029	42.6	36.4 48.8	299	42.9	36.5 49.2	277	41.9	35.4 48.4	274
55+	33.5	30.5 36.4	1374	24.7	18.7 30.7	220	33.6	26.8 40.4	209	30.0	23.4 36.6	222
SEX and AGE												
Male												
18-34	54.5	50.1 58.9	637	52.7	41.2 64.2	82	57.3	46.3 68.3	94	56.9	44.6 69.2	82
35-54	47.1	43.2 50.9	906	54.2	44.7 63.7	122	52.2	42.9 61.5	130	52.4	42.6 62.3	115
55+	44.5	39.5 49.5	547	31.6	21.9 41.4	97	42.5	31.7 53.4	91	44.7	33.4 56.0	83
Female												
18-34	36.7	33.0 40.4	863	36.8	24.7 48.9	104	38.1	28.0 48.1	117	28.3	19.9 36.7	121
35-54	29.7	26.6 32.7	1123	31.5	24.0 39.0	177	33.5	25.4 41.7	147	31.8	23.8 39.8	159
55+	24.2	21.0 27.4	827	18.8	11.4 26.1	123	25.7	17.6 33.8	118	17.5	10.7 24.4	139
INCOME												
<\$15,000	39.3	34.5 44.0	611	29.1	18.8 39.4	85	43.8	33.1 54.6	116	38.8	25.2 52.4	82
\$15,000 - \$24,999	42.8	39.2 46.4	1011	40.5	31.5 49.4	141	43.8	34.7 53.0	137	39.4	30.7 48.1	147
\$25,000 - \$34,999	43.0	39.1 46.9	836	41.8	32.8 50.7	140	41.9	31.7 52.0	117	41.8	32.2 51.3	119
\$35,000 - \$49,999	39.3	35.8 42.9	964	38.9	30.5 47.3	151	46.8	37.1 56.5	117	35.0	27.1 42.9	169
\$50,000+	34.1	30.8 37.4	1125	30.0	21.3 38.6	122	36.3	28.1 44.5	164	39.8	30.2 49.4	125
EMPLOYMENT												
Employed	42.3	40.3 44.2	3232	42.2	37.1 47.3	438	44.9	39.7 50.2	429	41.5	36.3 46.7	451
Unemployed	44.8	35.8 53.9	168	*	*	*	*	*	*	*	*	*
Other**	32.0	29.2 34.8	1518	27.7	21.2 34.2	236	35.1	28.5 41.6	250	30.7	24.2 37.3	223
EDUCATION												
K-11th Grade	49.9	44.5 55.3	476	49.9	37.5 62.4	73	39.4	25.9 52.9	58	50.9	39.7 62.2	101
12th Grade or GED	42.0	39.1 44.8	1571	41.8	35.1 48.5	270	47.6	39.9 55.3	196	40.5	33.7 47.2	257
Some College	39.2	36.3 42.0	1626	33.8	26.7 40.8	214	44.8	37.1 52.4	214	33.3	26.2 40.4	207
College Graduate+	32.9	29.8 36.0	1247	26.5	18.9 34.2	151	34.8	28.0 41.6	229	34.2	25.2 43.1	133

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Seat Belt Use

Idaho adults who do NOT always use seat belts, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	28.5	24.7	32.3	710	45.4	41.2	49.6	701	46.2	42.3	50.1	709	51.2	47.0	55.3	699
SEX																
Male	39.5	33.4	45.7	305	53.5	47.1	59.9	282	51.8	45.8	57.8	311	58.8	52.8	64.9	300
Female	17.9	13.9	21.9	405	37.6	32.5	42.7	419	40.8	35.6	46.0	398	43.8	38.3	49.3	399
AGE																
18-24	43.1	32.2	54.0	100	61.4	48.4	74.4	71	52.6	41.6	63.7	96	67.9	57.5	78.2	93
25-34	29.5	22.1	36.9	173	55.9	45.9	65.8	133	43.2	33.3	53.2	117	49.3	39.7	58.8	117
35-44	24.7	17.7	31.8	162	50.9	42.7	59.0	164	47.4	39.0	55.8	167	48.6	39.9	57.3	164
45-54	24.4	15.7	33.2	131	32.6	23.3	41.9	132	44.9	35.4	54.3	125	46.7	37.4	56.0	134
55-64	30.3	18.8	41.8	72	49.3	37.0	61.5	79	60.4	48.7	72.1	79	60.9	49.3	72.4	83
65+	24.4	13.0	35.9	65	30.8	21.9	39.8	119	36.4	27.2	45.6	120	36.1	26.1	46.2	106
18-34	34.9	28.6	41.2	273	58.0	49.8	66.1	204	47.1	39.7	54.4	213	58.2	50.9	65.5	210
35-54	24.6	19.0	30.2	293	42.3	36.1	48.5	296	46.2	40.0	52.5	292	47.7	41.3	54.0	298
55+	27.1	18.9	35.3	137	38.0	30.6	45.3	198	46.4	38.9	53.9	199	47.1	39.2	55.0	189
SEX and AGE																
Male																
18-34	45.6	35.9	55.2	123	67.5	54.7	80.3	72	47.4	36.1	58.6	87	64.3	54.0	74.5	97
35-54	31.9	22.8	40.9	126	48.9	40.0	57.9	136	55.1	46.3	64.0	141	56.0	47.0	65.0	136
55+	44.8	30.2	59.4	53	44.8	32.9	56.7	74	53.3	41.9	64.7	82	55.1	42.4	67.9	67
Female																
18-34	23.7	16.2	31.2	150	47.7	38.4	57.0	132	46.8	37.4	56.2	126	52.0	41.9	62.0	113
35-54	17.5	11.3	23.6	167	35.7	27.2	44.1	160	37.2	28.6	45.7	151	39.2	30.5	48.0	162
55+	12.5	5.5	19.5	84	32.3	23.5	41.2	124	40.6	30.9	50.4	117	40.3	30.9	49.6	122
INCOME																
<\$15,000	28.0	15.4	40.7	65	42.2	29.9	54.6	75	38.9	28.5	49.3	104	62.9	50.7	75.2	84
\$15,000 - \$24,999	35.3	25.2	45.4	112	46.1	38.0	54.2	188	48.9	39.8	58.0	144	51.8	42.5	61.1	142
\$25,000 - \$34,999	34.4	25.2	43.6	128	45.6	35.6	55.6	121	53.1	43.2	63.0	114	56.2	45.5	66.9	97
\$35,000 - \$49,999	24.8	16.0	33.6	131	48.9	38.8	59.1	125	51.9	42.8	61.1	131	52.5	43.6	61.4	140
\$50,000+	26.1	19.8	32.5	228	44.8	35.8	53.8	137	39.2	31.4	47.0	171	40.8	32.5	49.0	178
EMPLOYMENT																
Employed	29.8	25.3	34.4	504	51.3	46.3	56.2	479	47.6	42.7	52.5	462	55.7	50.7	60.7	469
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	24.0	17.0	31.0	186	34.3	26.9	41.8	195	43.9	36.7	51.1	223	40.2	32.5	48.0	205
EDUCATION																
K-11th Grade	*	*	*	*	54.1	42.9	65.4	91	59.4	45.4	73.3	58	53.0	37.9	68.1	50
12th Grade or GED	25.7	19.1	32.4	188	49.4	42.3	56.4	235	49.0	41.8	56.3	224	59.4	52.0	66.7	201
Some College	28.3	21.8	34.7	252	43.4	35.9	50.8	240	45.1	38.3	51.9	247	53.7	46.8	60.5	252
College Graduate+	28.2	21.4	35.0	225	35.1	26.4	43.9	134	40.4	32.7	48.0	179	39.5	31.7	47.3	196

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

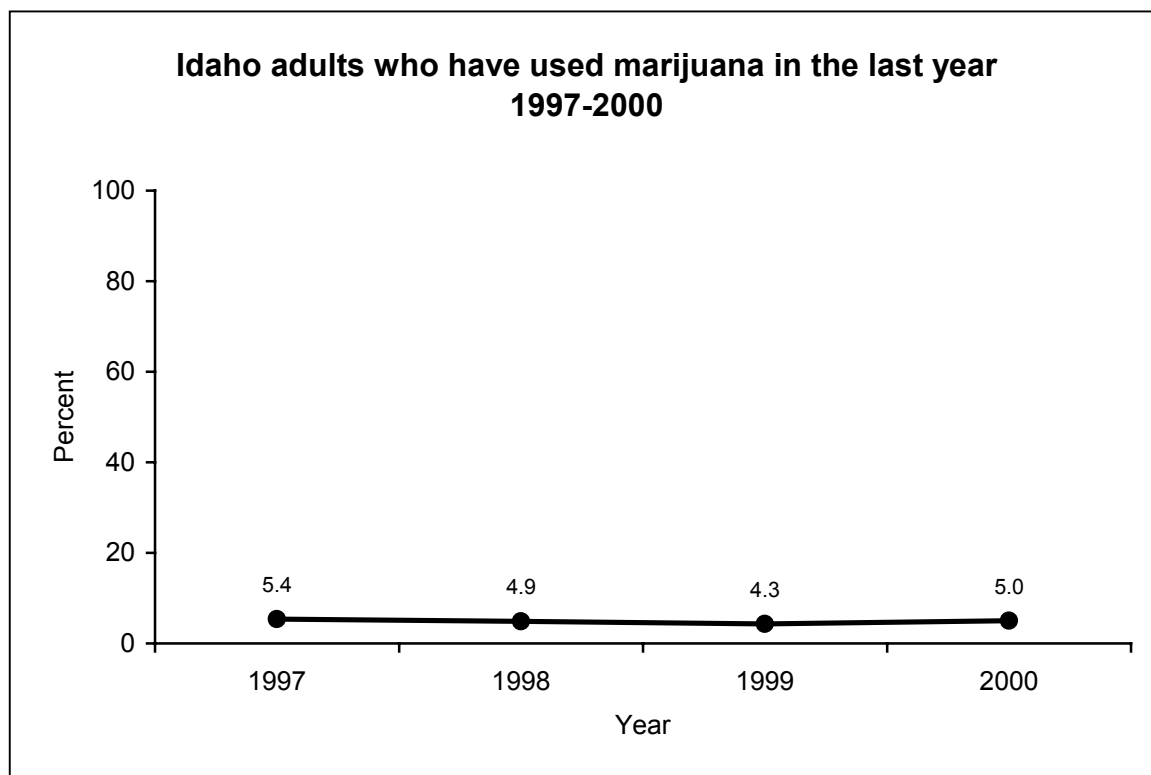
Marijuana Use

Question: About how many times in the last 12 months have you used marijuana, in any form, for non-medical reasons?

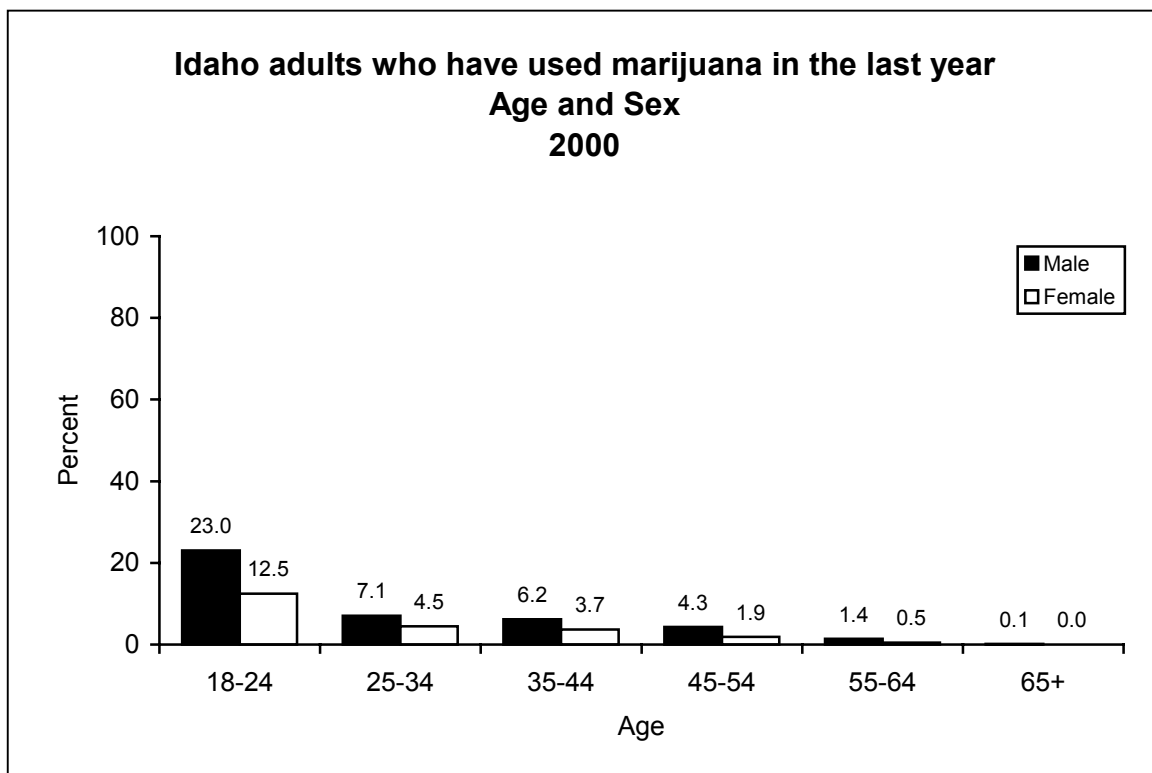
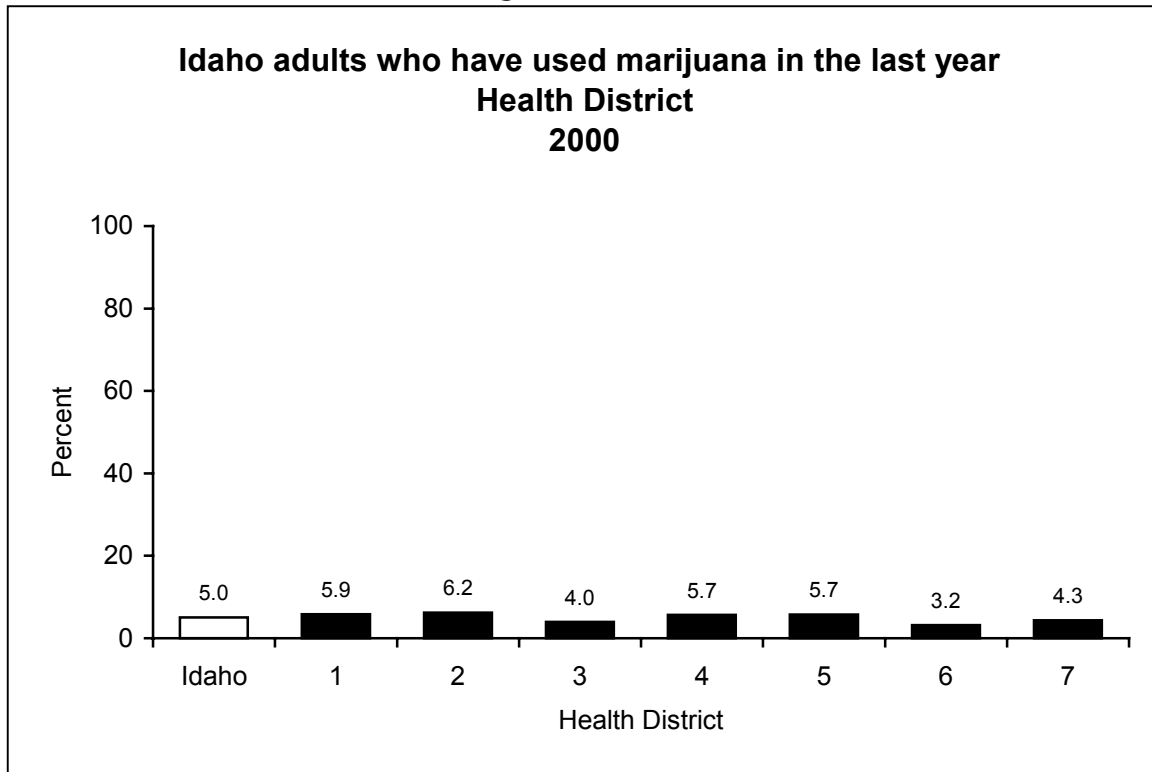
Appendix A, p. 84-85

Highlights

- The younger population tends to use marijuana at a higher rate. Eighteen percent (18.0%) of those 18-24 report using marijuana in the last year.
- Twenty-three percent (23.0%) of males 18-24 report using marijuana in the last year, compared with 12.5% of females in the same age category.
- Eleven percent (10.7%) of those in the lowest income group (<\$15,000) report using marijuana in the last year. The other income groups range from 3.1% to 6.8%
- Those in the lowest education group (K-11th grade) report the highest marijuana use in the last year (7.3%).



Marijuana Use



Marijuana Use

Idaho adults who have used marijuana in the last year, 2000

	State				Health District								
					District 1			District 2			District 3		
	%	95% CI	N		%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	5.0	4.3 5.8	4890		5.9	3.9 7.8	697	6.2	4.0 8.5	696	4.0	2.0 5.9	695
SEX													
Male	6.7	5.4 8.1	2082		6.8	3.8 9.8	299	10.1	6.0 14.2	313	5.3	1.6 9.0	279
Female	3.4	2.6 4.2	2808		4.9	2.5 7.4	398	2.4	0.8 4.0	383	2.7	1.1 4.3	416
AGE													
18-24	18.0	13.9 22.0	564		18.7	7.3 30.1	61	20.2	10.1 30.3	79	15.0	2.5 27.6	68
25-34	5.8	3.8 7.8	919		1.7	0.0 3.5	121	8.6	2.6 14.5	129	3.1	0.3 6.0	133
35-44	4.9	3.5 6.3	1085		8.5	3.8 13.2	158	6.9	2.0 11.7	136	4.5	1.2 7.8	142
45-54	3.1	1.9 4.3	927		8.1	3.2 13.0	139	1.5	0.0 3.2	141	2.7	0.3 5.2	130
55-64	0.9	0.2 1.7	608		2.3	0.0 5.0	99	0.0	0.0 0.0	93	1.2	0.0 2.9	103
65+	0.1	0.0 0.2	764		0.0	0.0 0.0	118	0.0	0.0 0.0	115	0.0	0.0 0.0	118
18-34	10.9	8.8 12.9	1483		8.3	3.4 13.2	182	14.2	8.3 20.1	208	8.1	2.3 13.9	201
35-54	4.1	3.1 5.0	2012		8.3	4.9 11.7	297	4.3	1.6 7.0	277	3.6	1.5 5.7	272
55+	0.4	0.1 0.7	1372		0.9	0.0 2.0	217	0.0	0.0 0.0	208	0.5	0.0 1.1	221
SEX and AGE													
Male													
18-34	13.8	10.3 17.2	631		6.1	0.0 12.1	80	21.0	11.1 31.0	92	11.0	0.8 21.3	82
35-54	5.3	3.7 6.9	896		12.2	6.2 18.2	122	7.6	2.5 12.7	129	3.8	0.8 6.8	113
55+	0.7	0.1 1.3	546		0.5	0.0 1.6	96	0.0	0.0 0.0	90	1.0	0.0 2.5	83
Female													
18-34	7.8	5.6 10.0	852		10.6	3.0 18.3	102	6.7	1.9 11.4	116	4.9	0.8 9.0	119
35-54	2.8	1.8 3.9	1116		4.6	1.3 7.8	175	1.0	0.0 2.5	148	3.4	0.5 6.3	159
55+	0.2	0.0 0.5	826		1.2	0.0 3.0	121	0.0	0.0 0.0	118	0.0	0.0 0.0	138
INCOME													
<\$15,000	10.7	7.2 14.1	611		7.6	0.4 14.8	83	18.0	10.0 26.0	116	12.0	0.0 24.8	82
\$15,000 - \$24,999	6.8	4.9 8.7	999		8.2	2.6 13.8	138	8.4	2.3 14.6	136	4.1	1.1 7.1	146
\$25,000 - \$34,999	3.5	2.1 4.8	825		2.1	0.2 3.9	138	3.4	0.0 8.8	117	3.1	0.0 6.2	117
\$35,000 - \$49,999	4.5	2.8 6.3	959		5.4	1.2 9.6	151	1.0	0.0 2.8	116	2.1	0.2 4.1	168
\$50,000+	3.1	1.8 4.3	1121		5.8	1.6 9.9	122	2.8	0.0 5.9	163	2.9	0.0 7.0	124
EMPLOYMENT													
Employed	5.1	4.1 6.0	3204		6.2	3.7 8.7	433	4.3	1.9 6.7	426	4.6	1.7 7.6	450
Unemployed	12.9	7.2 18.5	164		*	* *	*	*	* *	*	*	* *	*
Other**	4.1	2.8 5.4	1514		4.2	1.1 7.3	232	8.5	4.6 12.5	250	2.5	0.7 4.2	220
EDUCATION													
K-11th Grade	7.3	4.0 10.6	472		6.7	0.6 12.8	70	6.3	0.1 12.5	57	6.7	0.0 15.7	101
12th Grade or GED	5.6	4.3 7.0	1555		4.2	1.8 6.7	264	5.9	1.1 10.6	195	4.5	1.5 7.5	255
Some College	5.7	4.1 7.2	1618		9.1	4.4 13.7	213	9.2	4.5 14.0	214	3.0	0.5 5.6	204
College Graduate+	2.6	1.7 3.6	1238		3.7	0.5 7.0	150	3.8	1.2 6.5	227	2.3	0.0 4.8	133

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Marijuana Use

Idaho adults who have used marijuana in the last year, 2000

	Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	5.7	3.8	7.5	700	5.7	3.2	8.2	695	3.2	1.9	4.5	710	4.3	2.6	6.1	697
SEX																
Male	7.6	4.5	10.8	300	9.2	4.4	13.9	281	3.7	1.7	5.7	310	4.5	2.0	6.9	300
Female	3.8	1.9	5.7	400	2.4	1.0	3.8	414	2.7	1.0	4.3	400	4.2	1.7	6.7	397
AGE																
18-24	26.3	16.3	36.3	98	18.3	6.0	30.6	70	11.3	4.7	17.9	96	10.1	3.6	16.6	92
25-34	6.1	1.9	10.3	171	13.1	3.6	22.6	131	2.2	0.0	4.9	117	7.1	1.4	12.8	117
35-44	3.9	0.9	7.0	159	3.6	0.7	6.5	161	4.2	1.0	7.3	167	4.4	1.3	7.5	162
45-54	2.5	0.0	5.3	128	2.1	0.0	4.3	131	0.9	0.0	2.6	124	2.5	0.0	5.3	134
55-64	0.0	0.0	0.0	71	1.9	0.0	5.5	79	1.5	0.0	3.5	80	0.0	0.0	0.0	83
65+	0.0	0.0	0.0	66	0.0	0.0	0.0	119	0.5	0.0	1.6	121	0.0	0.0	0.0	107
18-34	14.0	9.1	18.9	269	15.1	7.5	22.6	201	5.9	2.7	9.1	213	8.5	4.2	12.9	209
35-54	3.3	1.2	5.3	287	2.9	1.0	4.7	292	2.6	0.8	4.5	291	3.5	1.4	5.6	296
55+	0.0	0.0	0.0	137	0.7	0.0	2.2	198	0.9	0.0	2.0	201	0.0	0.0	0.0	190
SEX and AGE																
Male																
18-34	18.3	10.3	26.2	122	23.5	10.4	36.6	71	6.0	1.4	10.6	87	8.2	2.7	13.8	97
35-54	4.0	0.6	7.5	123	3.7	0.8	6.6	135	2.9	0.1	5.8	139	3.8	0.4	7.2	135
55+	0.0	0.0	0.0	52	1.6	0.0	4.8	74	2.0	0.0	4.3	83	0.0	0.0	0.0	68
Female																
18-34	9.4	4.1	14.8	147	5.9	1.9	10.0	130	5.9	1.5	10.3	126	8.9	2.3	15.4	112
35-54	2.6	0.2	4.9	164	2.1	0.0	4.4	157	2.3	0.0	4.8	152	3.2	0.7	5.7	161
55+	0.0	0.0	0.0	85	0.0	0.0	0.0	124	0.0	0.0	0.0	118	0.0	0.0	0.0	122
INCOME																
<\$15,000	13.2	3.3	23.2	64	6.3	0.4	12.3	76	7.9	3.1	12.8	106	7.1	0.0	14.5	84
\$15,000 - \$24,999	10.6	4.4	16.7	110	5.6	1.4	9.7	185	2.2	0.0	4.4	144	6.8	2.5	11.0	140
\$25,000 - \$34,999	5.0	1.4	8.5	126	3.1	0.0	6.4	118	3.1	0.0	6.6	113	3.3	0.0	8.2	96
\$35,000 - \$49,999	4.5	0.7	8.3	130	11.1	1.6	20.5	124	4.2	0.5	7.9	130	3.0	0.5	5.6	140
\$50,000+	3.2	0.7	5.7	225	2.0	0.0	4.5	137	1.0	0.0	2.5	171	3.6	0.3	6.8	179
EMPLOYMENT																
Employed	6.4	4.0	8.7	496	4.8	2.4	7.1	472	2.8	1.3	4.4	460	4.4	2.4	6.4	467
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	4.0	1.2	6.8	185	5.6	0.0	11.7	196	2.3	0.6	4.0	226	2.8	0.0	5.8	205
EDUCATION																
K-11th Grade	*	*	*	*	9.1	1.4	16.8	90	4.4	0.0	9.4	58	4.3	0.0	10.2	51
12th Grade or GED	6.4	2.9	10.0	186	5.1	1.7	8.5	231	5.1	1.9	8.3	225	9.0	4.4	13.6	199
Some College	6.3	2.8	9.7	248	6.6	1.2	12.1	239	3.2	1.3	5.1	248	2.9	0.3	5.6	252
College Graduate+	3.2	1.1	5.3	221	2.5	0.0	5.5	134	0.3	0.0	1.0	178	1.8	0.0	3.6	195

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Appendix A

2000 Behavioral Risk Factor Surveillance System Questionnaire

The results to most questions have been included with the text of the questions. The percent of each response category can be found in parentheses to the right of the response category. Results have not been provided for all questions.

NOTE: Care should be exercised when interpreting these results. In order to interpret the results correctly, it is important to understand what group has been asked the question. For example, according to question Q2.2, 23.3% of respondents have Medicare. However, this question is asked only of those who respond affirmatively to question Q2.1. This is indicated by the bold text at the beginning of question Q2.2. These are called “skip patterns” and are used extensively throughout the survey. In order to properly identify what group has been asked the question, the skip pattern must be considered. In addition, there may be some confusion when trying to compare results from the appendix to those in the previous sections. The risk factors reported in the main body of the report are often constructed from the responses of multiple questions and may not be comparable to the results of one single question.

For help in interpreting these results, contact the Idaho BRFSS Project Director at (208) 334-5685.

Section 1: Health Status

Q1.1 Would you say that in general your health is: excellent, very good, good, fair, or poor?

1. Excellent (22.6%)
2. Very good (33.9%)
3. Good (30.4%)
4. Fair (9.8%)
5. Poor (3.3%)
7. Don't know / not sure
9. Refused

Q1.2 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

- Enter number of days
88. None
 77. Don't know / not sure
 99. Refused
- Mean (3.2 days)

Q1.3 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

- Enter number of days
88. None
 77. Don't know / not sure
 99. Refused
- Mean (3.4 days)

Q1.4 -- **only get this question if q1.2 and q1.3 do not both equal 88 (None)** During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

- Enter number of days
88. None
 77. Don't know / not sure
 99. Refused
- Mean (3.3 days)

Section 2: Health Care Access

Q2.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

1. Yes (82.9%)
2. No **skips to q2.3a** (17.1%)
7. Don't know / not sure **skips to q2.6**
9. Refused **skips to q2.6**

Q2.2 -- **only get if q2.1 = 1 (have health insurance)**

Medicare is a coverage plan for people 65 or over and for certain disabled people. Do you have Medicare?

1. Yes **skips to q2.6** (23.3%)
2. No (76.7%)
7. Don't know / not sure
9. Refused

Q2.3 -- **only get if q2.1 = 1 and q2.2 ≠ 1** What type of health care coverage do you use to pay for most of your medical care? Is it coverage through: your employer; someone else's employer; a plan that you or someone else buys on your own; Medicare; Medicaid or Medical Assistance; the military, CHAMPUS, TriCare, or the VA [or CHAMPVA]; the Indian Health Service [or IHS]; or some other source?

- Enter the coverage code
01. Your employer **skips to q2.4** (56.5%)
 02. Someone else's employer **skips to q2.4** (21.5%)
 03. A plan that you or someone else buys on your own **skips to q2.4** (11.2%)
 04. Medicare **skips to q2.6** (0.2%)
 05. Medicaid or Medical Assistance **skips to q2.4** (2.5%)
 06. The military, CHAMPUS, TriCare, or the VA [or CHAMP-VA] **skips to q2.4** (3.7%)
 07. The Indian Health Service **skips to q2.4** (0.3%)
 08. Some other source **skips to q2.4** (4.0%)
 88. None **skips to q2.5** (0.3%)
 77. Don't know / not sure **skips to q2.4**
 99. Refused **skips to q2.4**

Q2.3a -- **only get this question if q2.1 = 2 (no health insurance)** There are some types of coverage you may not have considered. Please tell me if you have any of the following:

Enter the coverage code:

01. Your employer (5.6%)
02. Someone else's employer (3.1%)
03. A plan that you or someone else buys on your own (2.0%)
04. Medicare **skips to q2.6** (0.8%)
05. Medicaid or Medical Assistance (1.0%)
06. The military, CHAMPUS, TriCare, or the VA [or CHAMP-VA] (3.1%)
07. The Indian Health Service (0.8%)
08. Some other source (1.6%)
88. None **skips to m4.1** (82.1%)
77. Don't know / not sure **skips to q2.6**
99. Refused **skips to q2.6**

ALL RESPONDENTS SKIP TO Q2.5

Q2.4 -- **only get if (q2.3 ≠ 04 or 88) or (q2.3a ≠ 04, 77, 88, or 99) (has health insurance that is not Medicare)** During the past 12 months, was there any time that you did not have any health insurance or coverage?

1. Yes **skips to m4.1a** (10.5%)
2. No **skips to q2.6** (89.6%)
7. Don't know / not sure **skips to q2.6**
9. Refused **skips to q2.6**

Q2.5 -- **only get if q2.3 = 88 or q2.3a = 88 (no health insurance)**

About how long has it been since you had health care coverage?

Read only if necessary

1. Within the past 6 months (1 to 6 months ago) (18.4%)
2. Within the past year (6 to 12 months ago) (10.2%)
3. Within the past 2 years (1 to 2 years ago) (11.6%)
4. Within the past 5 years (2 to 5 years ago) (21.3%)
5. 5 or more years ago (30.3%)
7. Don't know / not sure
8. Never (8.2%)
9. Refused

Q2.6 Was there a time during the last 12 months when you needed to see a doctor, but could not because of the cost?

1. Yes (14.0%)
2. No (86.0%)
7. Don't know / not sure
9. Refused

Q2.7 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

Read only if necessary

1. Within the past year (1 to 12 months ago) (61.4%)
2. Within the past 2 years (1 to 2 years ago) (14.5%)
3. Within the past 5 years (2 to 5 years ago) (10.5%)
4. 5 or more years ago (11.9%)
7. Don't know / not sure
8. Never (1.7%)
9. Refused

Section 3: Asthma

Q3.1 Did a doctor ever tell you that you had asthma?

1. Yes (10.8%)
2. No go **skips to q4.1** (89.2%)
7. Don't know / not sure **skips to q4.1**
9. Refused **skips to q4.1**

Q3.2 -- **only get if q3.1 = 1** Do you still have asthma?

1. Yes (72.7%)
2. No (27.3%)
7. Don't know / not sure
9. Refused

Section 4: Diabetes

Q4.1 Have you ever been told by a doctor that you have diabetes? If "yes" and female, ask "was this only when you were pregnant?"

1. Yes (4.9%)
2. Yes, but female told only during pregnancy **skips to q5.1** (0.8%)
3. No **skips to q5.1** (94.3%)
7. Don't know / not sure **skips to q5.1**
9. Refused **skips to q5.1**

Module 1: Diabetes

M1.1 -- **only get if q4.1 = 1** How old were you when you were told you have diabetes?

- Enter age in years
97. 97 = 97 and older
98. Don't know / not sure
99. Refused
Mean (49 years old)

M1.2 -- **only get if q4.1 = 1** Are you now taking insulin?

1. Yes (27.7%)
2. No (72.3%)
9. Refused

M1.3 -- **only get if q4.1 = 1** Are you now taking diabetes pills?

1. Yes (65.7%)
2. No (34.3%)
7. Don't know / not sure
9. Refused

M1.4 -- **only get if q4.1 = 1** About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do not include times when checked by a health professional.

- Enter times per day, week, month, year
888. Never
777. Don't know / not sure
999. Refused
More than once a day (28.6%)
Once a day (20.6%)
Less than once a day (34.0%)
Never (16.9%)

M1.5 -- **only get if q4.1 = 1** About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do not include times when checked by a health professional.

- Enter times per day, week, month, year
888. Never
555. No feet
777. Don't know / not sure
999. Refused

M1.6 -- **only get if q4.1 = 1** Have you ever had any sores or irritations on your feet that took more than four weeks to heal?

1. Yes (11.3%)
2. No (88.7%)
7. Don't know / not sure
9. Refused

M1.7 -- **only get if q4.1 = 1** About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

- Enter number of times
88. None
77. Don't know / not sure
99. Refused
1-3 visits (36.6%)
4 or more visits (46.5%)
No visits (16.9%)

M1.8 -- **only get if q4.1 = 1** A test for hemoglobin "a one c" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for hemoglobin "a one c"?

- Enter number of times
76. 76 or more
88. None
98. Never heard of hemoglobin "a one c" test
77. Don't know / not sure
99. Refused
1-3 times (55.9%)
4 or more times (26.9%)
None (14.1%)
Never heard of "a one c" (3.1%)

M1.9 -- **only get if q4.1 = 1 and m1q5 ≠ 555 (Diabetic with feet)** About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

- Enter number or times
88. None
77. Don't know / not sure
99. Refused
1-3 times (38.7%)
4 or more times (20.3%)
None (41.0%)

M1.10 -- **only get if q4.1 = 1** When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

- Read only if necessary
1. Within the past month (0 to 1 month ago) (11.8%)
2. Within the past year (1 to 12 months ago) (44.6%)
3. Within the past 2 years (1 to 2 years ago) (13.2%)
4. 2 or more years ago (24.6%)
5. Never (5.9%)
7. Don't know / not sure
9. Refused

M1.11 -- **only get if q4.1 = 1** Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy (ret-in-op-a-thee)?

1. Yes (18.4%)
2. No (81.6%)
7. Don't know / not sure
9. Refused

M1.12 -- **only get if q4.1 = 1** Have you ever taken a course or class in how to manage your diabetes yourself?

1. Yes (54.0%)
2. No (46.0%)
7. Don't know / not sure
9. Refused

Section 5: Care Giving

Q5.1 There are situations where people provide regular care or assistance to a family member or friend who is elderly or has a long-term illness or disability. During the past month, did you provide any such care or assistance to a family member or friend who is 60 years of age or older?

1. Yes (15.7%)
2. No (84.3%)
7. Don't know / not sure
9. Refused

Q5.2 Who would you call to arrange short or long-term care in the home for an elderly relative or friend who was no longer able to care for themselves?

- Read only if necessary
01. Relative or friend (22.9%)
02. Would provide care myself (16.8%)
03. Nursing home (3.7%)
04. Home health service (10.3%)
05. Personal physician (3.8%)
06. Area agency on aging (1.5%)
07. Hospice (3.6%)
08. Hospital nurse (1.2%)
09. Minister/priest/rabbi (0.9%)
10. Other (4.6%)
11. Don't know who to call (30.8%)
99. Refused

Section 6: Exercise

The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

Q6.1 During the past month, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

1. Yes (80.2%)
2. No **skips to q7.1** (19.8%)
7. Don't know / not sure **skips to q7.1**
9. Refused **skips to q7.1**

Q6.2 – **only get if q6.1 = 1** What type of physical activity or exercise did you spend the most time doing during the past month?

Specify activity:

01. Aerobics class
02. Backpacking
03. Badminton
04. Basketball
05. Bicycling for pleasure
06. Boating (canoeing, rowing, sailing for pleasure or camping)
07. Bowling
08. Boxing
09. Calisthenics
10. Canoeing/rowing – in competition
11. Carpentry
12. Dancing-aerobics/ballet
13. Fishing from river bank or boat
14. Gardening (spading, weeding, digging, filling)
15. Golf
16. Handball
17. Health club exercise
18. Hiking - cross-country
19. Home exercise
20. Horseback riding
21. Hunting large game – deer, elk
22. Jogging
23. Judo/karate
24. Mountain climbing
25. Mowing lawn
26. Paddleball
27. Painting/papering house
28. Racquetball
29. Raking lawn
30. Running
31. Rope skipping
32. Scuba diving
33. Skating - ice or roller
34. Sledding, tobogganing
35. Snorkeling
36. Snowshoeing
37. Snow shoveling by hand
38. Snow blowing
39. Snow skiing
40. Soccer
41. Softball
42. Squash
43. Stair climbing
44. Stream fishing in waders
45. Surfing
46. Swimming laps
47. Table tennis
48. Tennis
49. Touch football
50. Volleyball
51. Walking
52. Water-skiing
53. Weight lifting
54. Other _____
55. Bicycling machine exercise
56. Rowing machine exercise
99. Refused **skips to q6.6**

Q6.3 – **only get if q6.2 = 22, 30, 46, 51 (jogging, running, swimming, walking)** How far did you usually walk/run/jog/swim?

Enter miles and tenths

777. Don't know / not sure
999. Refused

Q6.4 – **only get if q6.2 ≠ 99** How many times per week or per month did you take part in this activity during the past month?

Enter times per week, month

777. Don't know / not sure
999. Refused

Q6.5 – **only get if q6.2 ≠ 99** And when you took part in this activity, for how many minutes or hours did you usually keep at it?

Enter hours and minutes

777. Don't know / not sure
999. Refused

Q6.6 Was there another physical activity or exercise that you participated in during the last month?

1. Yes (50.9%)
2. No **skips to q7.1** (49.1%)
7. Don't know / not sure **skips to q7.1**
9. Refused **skips to q7.1**

Q6.7 -- **only get if q6.6 = 1** What other type of physical activity gave you the next most exercise during the past month?

Specify activity (see Q6.2)

999. Refused **skip to q7.1**

Q6.8 -- **only get if q6.7 = 22, 30, 46, 51 (jogging, running, swimming, walking)**

Enter miles and tenths of mile

777. Don't know / not sure
999. Refused

Q6.9 -- **only get if q6.7 ≠ 99** How many times per week or per month did you take part in this activity?

Enter times per week, month

777. Don't know / not sure
999. Refused

Q6.10 -- **only get if q6.7 ≠ 99** And when you took part in this activity, for how many minutes or hours did you usually keep at it?

Enter hours and minutes

777. Don't know / not sure
999. Refused

Section 7: Tobacco Use

Q7.1 Have you smoked at least 100 cigarettes in your entire life?

5 packs = 100 cigarettes

1. Yes (46.9%)
2. No **skips to s1** (53.1%)
7. Don't know / not sure **skips to s1**
9. Refused **skips to s1**

Q7.2 – **only get if q7.1 = 1** Do you now smoke cigarettes everyday, some days, or not at all?

1. Everyday (36.1%)
2. Some days **skips to q7.3a** (11.4%)
3. Not at all **skips to q7.5** (52.5%)
9. Refused **skips to s1**

Q7.3 – **only get if q7.2 = 1 (everyday)** On the average, about how many cigarettes a day do you now smoke?

1 pack = 20 cigarettes

Enter number of cigarettes (76 = 76 or more) **skips to q7.4**

7. Don't know / not sure **skips to q7.4**
 9. Refused **skips to q7.4**
- Mean (17.7 cigarettes)

Q7.3a **only get if q7.2 = 2 (some days)** On the average, when you smoked during the past 30 days, about how many cigarettes did you smoke a day?

1 pack = 20 cigarettes

Enter number of cigarettes [76 = 76 or more] **skips to s1**

7. Don't know / not sure **skips to s1**
 9. Refused **skips to s1**
- Mean (5.0 cigarettes)

Q7.4 – **only get if q7.2 = 1 (everyday)** During the past 12 months, have you quit smoking for 1 day or longer?

1. Yes **skips to s1** (48.1%)
2. No **skips to s1** (51.9%)
7. Don't know / not sure **skips to s1**
9. Refused **skips to s1**

Q7.5 – **only get if q7.2 = 3 (not at all)** About how long has it been since you last smoked cigarettes regularly, that is, daily?

Enter time code

Read only if necessary

- 01. Within the past month (0 to 1 month ago) (2.0%)
- 02. Within the past 3 months (1 to 3 months ago) (2.1%)
- 03. Within the past 6 months (3 to 6 months ago) (2.3%)
- 04. Within the past year (6 to 12 months ago) (3.3%)
- 05. Within the past 5 years (1 to 5 years ago) (16.7%)
- 06. Within the past 15 years (5 to 15 years ago) (23.6%)
- 07. 15 or more years ago (47.5%)
- 77. Don't know / not sure
- 88. Never smoked regularly (2.5%)
- 99. Refused

State Added: Tobacco Prevention

S1 In the past 30 days has anyone, including yourself, smoked cigarettes, cigars, or pipes anywhere inside your home?

- 1. Yes (19.1%)
- 2. No (80.9%)
- 7. Don't know / not sure
- 9. Refused

S2 - **only get if q7.2 < 3** Has a doctor or other health professional ever advised you to quit smoking? If yes ask: "about how long ago was it?"

- 1. Yes, within the past 12 months (1 to 12 months ago) (43.4%)
- 2. Yes, within the past 3 years (1 to 3 years ago) (14.7%)
- 3. Yes, 3 or more years ago (9.6%)
- 4. No (32.4%)
- 7. Don't know / not sure
- 9. Refused

Section 8: Fruits And Vegetables

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.

Q8.1 How often do you drink fruit juices such as orange, grapefruit, or tomato?

Enter times per day, week, month or year

- 555. Never
- 777. Don't know / not sure
- 999. Refused

Q8.2 Not counting juice, how often do you eat fruit?

Enter times per day, week, month or year

- 555. Never
- 777. Don't know / not sure
- 999. Refuse

Q8.3 How often do you eat green salad?

Enter times per day, week, month or year

- 555. Never
- 777. Don't know / not sure
- 999. Refused

Q8.4 How often do you eat potatoes not including french fries, fried potatoes, or potato chips?

Enter times per day, week, month, year

- 555. Never
- 777. Don't know / not sure
- 999. Refused

Q8.5 How often do you eat carrots?

Enter times per day, week, month, year

- 555. Never
- 777. Don't know / not sure
- 999. Refuse

Q8.6 Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat?

Example: a serving of vegetables at both lunch and dinner would be two servings

Enter times per day, week, month, year

- 555. Never
- 777. Don't know / not sure
- 999. Refused

Section 9: Weight Control

Q9.1 Are you now trying to lose weight?

- 1. Yes **skips to q9.3** (37.6%)
- 2. No (62.4%)
- 7. Don't know / not sure
- 9. Refused

Q9.2 – **only get if q9.1 ≠ 1** Are you now trying to maintain your current weight, that is to keep from gaining weight?

- 1. Yes (59.2%)
- 2. No **skips to q9.5** (40.8%)
- 7. Don't know / not sure **skips to q9.5**
- 9. Refused **skips to q9.5**

Q9.3 – **only get if q9.1 = 1 or q9.2 = 1** Are you eating either fewer calories or less fat to lose weight or keep from gaining weight?

- 1. Yes, fewer calories (14.1%)
- 2. Yes, less fat (27.4%)
- 3. Yes, fewer calories and less fat (28.4%)
- 4. No (30.2%)
- 7. Don't know / not sure
- 9. Refused

Q9.4 – **only get if q9.1 = 1 or q9.2 = 1** Are you using physical activity or exercise to lose weight or keep from gaining weight?

- 1. Yes (65.0%)
- 2. No (35.0%)
- 7. Don't know / not sure
- 9. Refused

Q9.5 In the past 12 months, has a doctor, nurse, or other health professional given you advice about your weight?

- 1. Yes, lose weight (8.9%)
- 2. Yes, gain weight (1.6%)
- 3. Yes, maintain current weight (1.8%)
- 4. No (87.7%)
- 7. Don't know / not sure
- 9. Refused

Section 10: Demographics

Q10.1 What is your age?

Enter age in years

- 07. Don't know / not sure
- 09. Refused
- Mean age (45)

Q10.2 What is your race? Would you say:

- 1. White (94.9%)
- 2. Black (0.3%)
- 3. Asian, Pacific Islander (1.1%)
- 4. American Indian, Alaska native (1.5%)
- 5. Other: (specify) (2.3%)
- 7. Don't know / not sure
- 9. Refused

Q10.3 Are you of Spanish or Hispanic origin?

- 1. Yes (4.9%)
- 2. No (95.1%)
- 7. Don't know / not sure
- 9. Refused

Q10.4 Are you married, divorced, widowed, separated, never been married, or a member of an unmarried couple?

1. Married (67.0%)
2. Divorced (10.6%)
3. Widowed (6.2%)
4. Separated (1.4%)
5. Never been married or (12.4%)
6. A member of an unmarried couple (2.4%)
9. Refused

Q10.5 How many children live in your household who are...

Less than 5 years old?
5 through 12 years old?
13 through 17 years old?

1. One
2. Two
3. Three
4. Four
5. Five
6. Six
7. Seven or more
- 8 = none
- 9 = refused

Q10.6 What is the highest grade or year of school you completed?

Read only if necessary

1. Never attended school or only attended kindergarten (0.0%)
2. Grades 1 through 8 (elementary) (2.3%)
3. Grades 9 through 11 (some high school) (7.6%)
4. Grade 12 or ged (high school graduate) (31.8%)
5. College 1 year to 3 years (some college or technical school) (33.2%)
6. College 4 years or more (college graduate) (25.1%)
9. Refused

Q10.7 Are you currently:

1. Employed for wages (54.2%)
2. Self-employed (10.9%)
3. Out of work for more than 1 year (0.9%)
4. Out of work for less than 1 year (2.7%)
5. Homemaker (8.7%)
6. Student (3.6%)
7. Retired (15.4%)
8. Unable to work (3.7%)
9. Refused

Q10.8 Is your annual household income from all sources:

01. Less than \$10,000 (5.0%)
02. \$10,000 to less than \$15,000 (6.3%)
03. \$15,000 to less than \$20,000 (8.7%)
04. \$20,000 to less than \$25,000 (12.3%)
05. \$25,000 to less than \$35,000 (18.7%)
06. \$35,000 to less than \$50,000 (22.2%)
07. \$50,000 to less than \$75,000 (16.1%)
08. \$75,000 or more (10.7%)
77. Don't know / not sure
99. Refused

Q10.9 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a national guard or military reserve unit?

1. Yes (18.4%)
2. No **skips to q10.12** (81.6%)
7. Don't know / not sure **skips to q10.12**
9. Refused **skips to q10.12**

Q10.10 – **only get if q10.9 = 1** Which of the following best describes your current military status?

1. Currently on active duty **skips to q10.12** (4.3%)
2. Currently in reserves **skips to q10.12** (4.9%)
3. No longer in military service (90.8%)
7. Don't know / not sure **skips to q10.12**
9. Refused **skips to q10.12**

Q10.11 – **only get if q10.10 = 3** In the last 12 months have you received some or all of your health care from VA facilities?

1. Yes, all of my health care (5.6%)
2. Yes, some of my health care (6.7%)
3. No, no VA health care received (87.8%)
7. Don't know / not sure
9. Refused

Q10.12 About how much do you weigh without shoes?

Round fractions up

Enter weight in whole pounds
777. Don't know / not sure
999. Refused
Mean male (188.7 lbs.)
Mean female (152.7 lbs.)

Q10.13 How much would you like to weigh?

Enter weight in pounds
777. Don't know / not sure
999. Refused
Mean male (178.9 lbs.)
Mean female (133.6 lbs.)

Q10.14 About how tall are you without shoes?

Round fractions down
Enter height in feet and inches
777. Don't know / not sure
999. Refused

C10.15 What county do you live in?

FIPS county code
777. Don't know / not sure
999. Refused

Q10.16 Do you have more than one telephone number in your household?

1. Yes (12.5%)
2. No **skips to q10.18** (87.5%)
9. Refused **skips to q10.18**

Q10.17 – **only get if q10.16 = 1** How many residential telephone numbers do you have? Exclude dedicated fax and computer lines.

Code 1-8 (8=8 or more)

1. One (54.0%)
2. Two (44.0%)
3. Three (1.8%)
4. Four (0.3%)
5. Five (0.0%)
6. Six (0.0%)
7. Seven (0.0%)
8. Eight (0.0%)
9. Refused

Q10.18 Indicate sex of respondent.

Ask only if necessary
1. Male **skips to q12.1** (49.0%)
2. Female (51.0%)

Section 11: Women's Health

Q11.1 – **only get if q10.18 = 2 (female)** A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?

1. Yes (57.5%)
2. No **skips to q11.4** (42.5%)
7. Don't know / not sure **skips to q11.4**
9. Refused **skips to q11.4**

Q11.2 – **only get if q11.1 = 1** How long has it been since you had your last mammogram?

Read only if necessary

1. Within the past year (1 to 12 months ago) (58.3%)
2. Within the past 2 years (1 to 2 years ago) (18.1%)
3. Within the past 3 years (2 to 3 years ago) (6.0%)
4. Within the past 5 years (3 to 5 years ago) (7.3%)
5. 5 or more years ago (10.3%)
7. Don't know / not sure
9. Refused

Q11.3 – **only get if q11.1 = 1** Was your last mammogram done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer?

1. Routine checkup (87.4%)
2. Breast problem other than cancer (9.2%)
3. Had breast cancer (3.5%)
7. Don't know / not sure
9. Refused

Q11.4 – **only get if q10q18 = 2 (female)** A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps. Have you ever had a clinical breast exam?

1. Yes (90.5%)
2. No **skips to q11.7** (9.5%)
7. Don't know / not sure **skips to q11.7**
9. Refused **skips to q11.7**

Q11.5 – **only get if q11.4 = 1** How long has it been since your last breast exam?

Read only if necessary

1. Within the past year (1 to 12 months ago) (67.4%)
2. Within the past 2 years (1 to 2 years ago) (14.9%)
3. Within the past 3 years (2 to 3 years ago) (5.3%)
4. Within the past 5 years (3 to 5 years ago) (4.9%)
5. 5 or more years ago (7.5%)
7. Don't know / not sure
9. Refused

Q11.6 – **only get if q11.4 = 1** Was your last breast exam done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer?

1. Routine checkup (94.3%)
2. Breast problem other than cancer (3.8%)
3. Had breast cancer (1.9%)
7. Don't know / not sure
9. Refused

Q11.7 – **only get if q10.18 = 2 (female)** A pap smear is a test for cancer of the cervix. Have you ever had a pap smear?

1. Yes (95.0%)
2. No **skips to q11.10** (5.0%)
7. Don't know / not sure **skips to q11.10**
9. Refused **skips to q11.10**

Q11.8 – **only get if q11.7 = 1** How long has it been since you had your last pap smear?

Read only if necessary

1. Within the past year (1 to 12 months ago) (59.5%)
2. Within the past 2 years (1 to 2 years ago) (15.9%)
3. Within the past 3 years (2 to 3 years ago) (5.8%)
4. Within the past 5 years (3 to 5 years ago) (5.2%)
5. 5 or more years ago (13.6%)
7. Don't know / not sure
9. Refused

Q11.9 – **only get if q11.7 = 1** Was your last pap smear done as part of a routine exam, or to check a current or previous problem?

1. Routine exam (90.7%)
2. Check current or previous problem (8.4%)
3. Other (1.0%)
7. Don't know / not sure
9. Refused

Q11.10 – **only get if q10.18 = 2 (female)** Have you had a hysterectomy? A hysterectomy is an operation to remove the uterus (womb).

1. Yes **skips to q12.1** (28.6%)
2. No (71.4%)
7. Don't know / not sure
9. Refused

Q11.11 – **only get if q10.18 = 2 and q10.1 < 45 and q11.10 ≠ 1 (female under 45 yrs old and no hysterectomy)** To your knowledge, are you now pregnant?

1. Yes (6.2%)
2. No (93.8%)
7. Don't know / not sure
9. Refused

Section 12: HIV/AIDS

The next few questions are about the national health problem of HIV, The virus that causes AIDS. Please remember that your answers are Strictly confidential and that you don't have to answer every question if you don't want to.

Q12.1 – **only get if q10.1 < 65 (under 65 years old)** If you had a child in school, at what grade do you think he or she should begin receiving education in school about HIV infection and AIDS?

Code 1 through 12

- Enter grade
- Grade 1 (9.1%)
- Grade 2 (4.0%)
- Grade 3 (10.2%)
- Grade 4 (14.2%)
- Grade 5 (17.7%)
- Grade 6 (19.3%)
- Grade 7 (10.2%)
- Grade 8 (3.2%)
- Grade 9 (2.9%)
- Grade 10 (1.3%)
- Grade 11 (0.3%)
- Grade 12 (0.5%)
55. Kindergarten (4.6%)
88. Never (2.7%)
77. Don't know / not sure
99. Refused

Q12.2 – **only get if q10.1 < 65 (under 65 years old)** If you had a teenager who was sexually active, would you encourage him or her to use a condom?

1. Yes (87.9%)
2. No (2.1%)
3. Would give other advice (10.0%)
7. Don't know / not sure
9. Refused

Q12.3 – **only get if q10.1 < 65 (under 65 years old)** What are your chances of getting infected with HIV, the virus that causes AIDS?

1. High (1.3%)
2. Medium (3.1%)
3. Low (23.4%)
4. None (72.2%)
5. Not applicable **skips to q12.7a** (0.0%)
7. Don't know / not sure
9. Refused

Q12.4 – **only get if q12.3 ≠ 5** Have you donated blood since march 1985?

1. Yes (30.4%)
2. No **skips to q12.6a** (69.6%)
7. Don't know / not sure **skips to q12.6a**
9. Refused **skips to q12.6a**

Q12.5 – **only get if q12.4 = 1** Have you donated blood in the past 12 months?

1. Yes (26.8%)
2. No (73.2%)
7. Don't know / not sure
9. Refused

Q12.6 – **only get if q12.4 = 1** Except for tests you may have had as part of blood donations, have you ever been tested for HIV? Include saliva tests.

1. Yes **skips to q12.7** (48.5%)
2. No **skips to m4.2** (51.5%)
7. Don't know / not sure **skips to m4.2**
9. Refused **skips to m4.2**

Q12.6a – **only get if q12.4 = 2, 7 or 9** Have you ever been tested for HIV? Include saliva tests

1. Yes **skips to q12.7a** (43.1%)
2. No **skips to m4.2** (56.9%)
7. Don't know / not sure **skips to m4.2**
9. Refused **skips to m4.2**

Q12.7 – **only get if q12.6 = 1** Not including your blood donations, have you been tested for HIV in the past 12 months? Include saliva tests.

1. Yes **skips to q12.8** (31.1%)
2. No **skips to m4.2** (68.9%)
7. Don't know / not sure **skips to m4.2**
9. Refused **skips to m4.2**

Q12.7a – **only get if q12.3 = 5 or q12.6a = 1** Have you been tested for HIV in the past 12 months? Include saliva tests.

1. Yes (28.6%)
2. No **skips to m4.2** (71.4%)
7. Don't know / not sure **skips to m4.2**
9. Refused **skips to m4.2**

Q12.8 – **only get if q12.7 = 1 or q12.7a = 1** What was the main reason you had your last test for HIV?

Read only if necessary

Enter reason code

01. For hospitalization or surgical procedure (4.3%)
02. To apply for health insurance (1.1%)
03. To apply for life insurance (7.2%)
04. For employment (5.5%)
05. To apply for a marriage license (0.6%)
06. For military induction or military service (8.6%)
07. For immigration (0.2%)
08. Just to find out if you were infected (16.8%)
09. Because of referral by a doctor (0.9%)
10. Because of pregnancy (19.3%)
11. Referred by your sex partner (1.1%)
12. Because it was part of a blood donation process (1.3%)
13. For routine check-up (19.4%)
14. Because of occupational exposure (2.4%)
15. Because of illness (2.3%)
16. Because I am at risk for HIV (2.6%)
87. Other (6.8%)
77. Don't know / not sure
99. Refused

Q12.9 – **only get if q12.8 ≠ 12** Where did you have your last test for HIV?

Read only if necessary

Enter facility code

01. Private doctor, HMO (29.6%)
02. Blood bank, plasma center, Red Cross (1.1%)
03. Health department (8.9%)
04. AIDS clinic, counseling, testing site (0.9%)
05. Hospital, emergency room, outpatient clinic (21.0%)
06. Family planning clinic (2.4%)
07. Prenatal clinic, obstetrician's office (2.5%)
08. Tuberculosis clinic (0.0%)
09. STD clinic (0.0%)
10. Community health clinic (5.4%)
11. Clinic run by employer (2.3%)
12. Insurance company clinic (1.7%)
13. Other public clinic (3.0%)
14. Drug treatment facility (0.0%)
15. Military induction or military service site (10.5%)
16. Immigration site (0.0%)
17. At home, home visit by nurse or health worker (4.2%)
18. At home using self-sampling kit (0.4%)
19. In jail or prison (0.5%)
87. Other (5.8%)
77. Don't know / not sure
99. Refused

Q12.10 – **only get if q12.8 ≠ 12** Did you receive the results of your last test?

1. Yes (85.8%)
2. No **skips to m4.2** (14.2%)
7. Don't know / not sure **skips to m4.2**
9. Refused **skips to m4.2**

Q12.11 – **only get if q12.10 = 1** Did you receive counseling or talk with a health care professional about the results of your test?

1. Yes (25.0%)
2. No (75.0%)
7. Don't know / not sure
9. Refused

Module 4: Health Care Coverage And Utilization

M4.1 – **only get if q2.3a = 88** What is the main reason you are without health care coverage?

Enter the reason code

01. Lost Job or changed employers (12.0%)
02. Spouse or parent lost job or changed employers (1.3%)
03. Became divorced or separated (0.4%)
04. Spouse or parent died (0.2%)
05. Became ineligible because of age or because left school (0.5%)
06. Employer doesn't offer or stopped offering coverage (7.3%)
07. Cut back to part or became temporary employee (1.0%)
08. Benefits from employer or former employer ran out (0.4%)
09. Couldn't afford to pay the premiums (61.2%)
10. Insurance company refused coverage (0.7%)
11. Lost Medicaid or Medical Assistance eligibility (0.2%)
87. Other (14.7%)
77. Don't know / not sure
99. Refused

M4.1a – **only get if q2.4 = 1** What was the main reason you were without health care coverage during the past twelve months?

Enter the reason code

01. Lost job or changed employers (37.9%)
02. Spouse or parent lost job or changed employers (5.5%)
03. Became divorced or separated (0.3%)
04. Spouse or parent died (0.3%)
05. Became ineligible because of age or because left school (3.2%)
06. Employer doesn't offer or stopped offering coverage (6.6%)
07. Cut back to part time or became temporary employee (3.3%)
08. Benefits from employer or former employer ran out (1.9%)
09. Couldn't afford to pay the premiums (24.9%)
10. Insurance company refused coverage (0.9%)
11. Lost Medicaid or Medical assistance eligibility (0.0%)
87. Other (15.2%)
77. Don't know / not sure
99. Refused

M4.2 Is there one particular clinic, health center, doctor's office, or other place that you usually go to if you are sick or need advice about your health?

1. Yes **skips to m4.4** (78.9%)
2. More than one place (4.4%)
3. No **skips to m12.1** (16.8%)
7. Don't know / not sure **skips to m12.1**
9. Refused **skips to m12.1**

M4.3 – **only get if m4.2 = 2** Is there one of these places that you go to most often when you are sick or need advice about your health?

1. Yes (73.4%)
2. No **skips to m4.5** (26.6%)
7. Don't know / not sure **skips to m4.5**
9. Refused **skips to m4.5**

M4.4 – **get only if m4.2=1 or m4.3 = 1** What kind of place is it? Would you say a doctor's office or HMO, a clinic or health center, a hospital outpatient department, a hospital emergency room, an urgent care center, or some other kind of place?

1. A doctor's office or HMO (59.4%)
2. A clinic or health center (29.3%)
3. A hospital outpatient department (5.1%)
4. A hospital emergency room (1.6%)
5. An urgent care center (2.7%)
7. Don't know / not sure
8. Some other kind of place (1.8%)
9. Refused

M4.5 – **get only if m4.2 < 3** Do you have one person you think of as your personal doctor or health care provider? If "no," ask: "Is there more than one or is there no usual doctor who you go to?"

1. Yes (75.5%)
2. More than one (9.2%)
3. No (15.3%)
7. Don't know / not sure
9. Refused

Module 12: Alcohol Consumption

M12.1 During the past month, have you had at least one drink of any alcoholic beverage such as beer, wine, wine coolers, or liquor?

1. Yes (51.7%)
2. No **skips to m14.1** (48.3%)
7. Don't know / not sure **skips to m14.1**
9. Refused **skips to m14.1**

M12.2 – **only get if m12.1 = 1** During the past month, how many days per week or per month did you drink any alcoholic beverages, on the average?

Enter days per week or per month

777. Don't know / not sure **skips to m12.4**
999. Refused **skips to m12.4**

M12.3 – **only get if m12.2 < 777** A drink is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. On the days when you drank, about how many drinks did you drink on the average?

Enter number of drinks

76. 76 or more
77. Don't know / not sure
99. Refused
- Mean (2.5 drinks)

M12.4 – **only get if m12.1 = 1** Considering all types of alcoholic beverages, how many times during the past month did you have 5 or more drinks on an occasion?

Enter number of times

76. 76 or more
88. None
77. Don't know / not sure
99. Refused
- Mean (1.2)

M12.5 – **only get if m12.1 = 1** During the past month, how many times have you driven when you've had perhaps too much to drink?

Enter number of times

76. 76 or more
88. None
77. Don't know / not sure
99. Refused
- Mean (0.1)

Module 14: Arthritis

M14.1 During the past 12 months, have you had pain, aching, stiffness or swelling in or around a joint?

1. Yes (47.6%)
2. No **skips to m14.4** (52.5%)
7. Don't know / not sure **skips to m14.4**
9. Refused **skips to m14.4**

M14.2 – **only get if m14.1 = 1** Were these symptoms present on most days for at least one month?

1. Yes (56.3%)
2. No (43.7%)
7. Don't know / not sure
9. Refused

M14.3 – **only get if m14.1 = 1** Are you now limited in any way in any activities because of joint symptoms?

1. Yes (31.6%)
2. No (68.4%)
7. Don't know / not sure
9. Refused

M14.4 Have you ever been told by a doctor that you have arthritis?

1. Yes (22.7%)
2. No **skips to m19.1** (77.3%)
7. Don't know / not sure **skips to m19.1**
9. Refused **skips to m19.1**

M14.5 – **only get if m14.4 = 1** What type of arthritis did the doctor say you have?

Read only if necessary

Enter type code

01. Osteoarthritis/degenerative arthritis (54.9%)
02. Rheumatism (5.2%)
03. Rheumatoid arthritis (25.4%)
04. Lyme disease (0.0%)
07. Other (specify) (14.0%)
88. Never saw a doctor (0.5%)
77. Don't know/not sure
99. Refused

M14.6 – **only get if m14.4 = 1** Are you currently being treated by a doctor for arthritis?

1. Yes (29.7%)
2. No (70.3%)
7. Don't know / not sure
9. Refused

Module 19: Smokeless Tobacco

M19.1 Have you ever used or tried any smokeless tobacco products such as chewing tobacco or snuff?

1. Yes, chewing tobacco (12.4%)
2. Yes, snuff (2.3%)
3. Yes, both (3.6%)
4. No, neither **skips to s4** (81.7%)
7. Don't know / not sure **skips to s4**
9. Refused **skips to s4**

M19.2 – **only get if m19.1 < 4** Do you currently use any smokeless tobacco products such as chewing tobacco or snuff?

1. Yes, chewing tobacco (13.1%)
2. Yes, snuff (4.4%)
3. Yes, both (0.6%)
4. No, neither (82.0%)
7. Don't know / not sure
9. Refused

State Added: Smokeless Tobacco

S3 - **only get if m19.2 < 4** Has a doctor or other health professional ever advised you to quit using smokeless tobacco? If yes ask: "about how long ago was it?"

1. Yes, within the past 12 months (1 to 12 months ago) (19.9%)
2. Yes, within the past 3 years (1 to 3 years ago) (13.0%)
3. Yes, 3 or more years ago (4.2%)
4. No (62.9%)
7. Don't know/ not sure
9. Refused

State Added: Primary Care Visits

S4 We are interested in knowing how often people visit the following types of health care providers: doctors in general practice, family practice, internal medicine, pediatrics, obstetrics and gynecology, nurse practitioners and physician assistants. In the past 12 months, how many visits did you make to these types of health care providers?

Enter number of visits

777. Don't know / not sure
888. None
999. Refused
- Mean (3.8 visits)

State Added: Asthma

S5 - **only get if q10.5 ≠ 888 (have children)** Has anyone, who is under 18 years old and is currently living in your household, ever been told by a doctor that they have asthma?

1. Yes (15.1%)
2. No (84.9%)
7. Don't know / not sure
9. Refused

State Added: Dental Sealants

S6 Have you heard of dental sealants?

1. Yes (47.2%)
2. No **skips to s8** (52.8%)
7. Don't know / not sure **skips to s8**
9. Refused **skips to s8**

S7 -- **only get if s6 = 1 and q10.5 ≠ 888** Has your dentist ever recommended dental sealants for any of your children under 18 years of age?

1. Yes (62.0%)
2. No (37.0%)
3. No dentist (1.0%)
7. Don't know / not sure
9. Refused

State Added: Injury

S8 How often do you use seatbelts when you drive or ride in a car?

1. Always (60.8%)
2. Nearly always (21.7%)
3. Sometimes (8.5%)
4. Seldom (4.3%)
5. Never (4.5%)
8. Never drive or ride in a car (0.1%)
7. Don't know / not sure
9. Refused

S9 - **only get if q10.5 ≠ 888** What is the age of the oldest child in your household under the age of 16?

- Code less than 1 year as "1"
88. No children under age 16 **skips to s12**
77. Don't know / not sure **skips to s12**
99. Refused **skips to s12**

S10 - **only get if s9 < 77** How often does the (fill in age from s9)-year-old child in your household use a... car safety seat (for children under 5), seatbelt (for children 5 or older) when they ride in a car?

1. Always (75.6%)
2. Nearly always (16.3%)
3. Sometimes (4.9%)
4. Seldom (1.6%)
5. Never (1.6%)
8. Never rides in a car (0.0%)
7. Don't know / not sure
9. Refused

S11 - **only get if s9 > 5** During the past year, how often has the (fill in age from s9) -year-old child worn a bicycle helmet when riding a bicycle?

1. Always (29.5%)
2. Nearly always (14.2%)
3. Sometimes (13.4%)
4. Seldom (7.7%)
5. Never (24.1%)
8. Never rides bicycle (11.2%)
7. Don't know / not sure
9. Refused

S12 During the past 12 months, how often have you worn a bicycle helmet when riding a bicycle?

1. Always (8.8%)
2. Nearly always (3.2%)
3. Sometimes (2.7%)
4. Seldom or (2.3%)
5. Never (28.3%)
8. Never rides a bicycle (54.7%)
7. Don't know / not sure
9. Refused

S13 - **only get if s9 < 13** How often does the ___-year-old child sit in the front seat when they ride in a car? Would you say:

1. Always (6.0%)
2. Nearly always (6.1%)
3. Sometimes (28.1%)
4. Seldom (22.2%)
5. Never (37.7%)
8. Never rides in a car (0.0%)
7. Don't know / not sure
9. Refused

State Added: CHIP (Children's Health Insurance Program)

S14a **only get if any children, (if total number of kids = 1)** Does the child in the household have any kind of health care coverage, including health insurance, prepaid plans such as hmos, or government plans such as medicaid?

S14b (if total number of kids > 1) In order to randomly choose one child in your household to ask about, i will refer to the child who had the most recent birthday and is less than 18 years old. Does the child who had the most recent birthday have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicaid?

Responses for s14(a-b)

1. Yes (87.0%)
2. No (13.1%)
7. Don't know / not sure
9. Refused

State Added: Water Supply

S15 Is the water in your household provided by a well, a city or municipal water supply, or some other source?

1. Well (private or shared) (29.9%)
2. City or municipal water supply **skips to s17** (68.6%)
3. Other (specify) **skips to s17** (1.6%)
7. Don't know / not sure **skips to s17**
9. Refused **skips to s17**

S16 - **only get if s15 = 1** Has your well water been tested in the past 12 months?

1. Yes (41.6%)
2. No (58.4%)
7. Don't know / not sure
9. Refused

S17 Was there a time during the past 12 months when you believe you have become ill because of what you ate at a restaurant?

1. Yes (19.3%)
2. No (80.7%)
7. Don't know / not sure
9. Refused

S18 Does your house use a septic tank?

1. Yes (37.4%)
2. No **skips to s20** (62.7%)
7. Don't know / not sure **skips to s20**
9. Refused **skips to s20**

S19 - **only get if s18 = 1** When was the last time your septic tank was cleaned or pumped?

Read only if necessary

1. Within the last 3 years (51.5%)
2. Within the last 3 to 5 years (13.0%)
3. Over 5 years ago (12.8%)
4. Never (9.2%)
5. New system, hasn't needed to be cleaned or pumped (13.3%)
7. Don't know/ not sure
9. Refused

State Added: Substance Abuse

S20 I am now going to ask about your non-medical use of drugs. "non-medical use" means using drugs not prescribed by a doctor, or used to get high or for curiosity. I will be asking about marijuana (pot or hashish), cocaine (including crack), heroin or drugs like heroin (such as codeine or demerol), and crank (also known as methamphetamine or ice). Remember, all information on this survey is strictly confidential

S20 Have you ever used any of the drugs I just mentioned?

1. Yes (26.9%)
2. No **skips to closing** (73.1%)
7. Don't know / not sure **skips to closing**
9. Refused **skips to closing**

S21 – **only get if s20 = 1** About how many times in the last 12 months have you used marijuana, in any form, for non-medical reasons?

1. 1 or 2 times (6.1%)
2. 3 - 10 times (5.8%)
3. 11 - 49 times (3.1%)
4. 50 - 99 times (0.4%)
5. 100 times or more (3.6%)
6. No use in last 12 months (81.1%)
7. Don't know / not sure
9. Refused

S22 – **only get if s20 = 1** About how many times in the last 12 months have you used heroin?

1. 1 or 2 times (0.1%)
2. 3 - 10 times (0.1%)
3. 11 - 49 times (0.0%)
4. 50 - 99 times (0.0%)
5. 100 times or more (0.0%)
6. No use in last 12 months (99.8%)
7. Don't know / not sure
9. Refused

S23 – **only get if s20 = 1** About how many times in the last 12 months have you used crack?

1. 1 or 2 times (0.9%)
2. 3 - 10 times (1.5%)
3. 11 - 49 times (0.4%)
4. 50 - 99 times (0.3%)
5. 100 times or more (0.1%)
6. No use in last 12 months (96.9%)
7. Don't know / not sure
9. Refused

Appendix B

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Costs associated with this publication are available from the
Idaho Department of Health and Welfare.
IDHW-400-16946-08/01. Cost per unit \$5.23

